

# AGM PROXY FORM



Proxy Form for the 62<sup>nd</sup> Bestmed Medical Scheme ("Bestmed") Annual General Meeting taking place virtually on the 25<sup>th</sup> of June 2026 at 09:00 or any adjustment thereof.

## 1. MEMBER DECLARATION AND PROXY NOMINATION

I, Name

Surname

ID number

Bestmed membership number

### Address

Address

Street

Suburb

Town / city  Postal code

Email address

Tel (w)  Cell phone number

Tel (h)

1. Confirm I am a fully paid-up and active member<sup>1</sup> (in good standing) of Bestmed.
2. Elect to appoint another member of the Scheme as proxy to attend, speak and vote in my stead.
3. **I hereby request to appoint:**

Name

Surname

ID number

Bestmed membership number

to act as my proxy to attend, participate and vote in the proceedings at the Annual General Meeting on my behalf. This proxy shall be valid from the date of signature until the end of the 62<sup>nd</sup> Bestmed Annual General Meeting, unless it has been withdrawn in writing by myself not less than 24 hours before the Annual General Meeting, i.e. at 09:00 on Wednesday, 24 June 2026.

Signature (Member assigning proxy) \_\_\_\_\_

Date

<sup>1</sup>A 'member' refers to a principal or main member of the Scheme as supported by the following definitions from Medical Schemes Act 1998 (Act No. 131 of 1998):

- 'beneficiary means a member or a person admitted as a dependant of a member;'
- 'dependant means –  
(a) The spouse or partner, dependant children or other members of the member's immediate family in respect of whom the member is liable for care and support; or  
(b) Any other person who, under the rules of a medical scheme, is recognised as a dependant of a member;'
- 'member as a person who has been enrolled or admitted as a member of a medical scheme, or who, in terms of the rules of a medical scheme is a member of such a medical scheme;'

## 2. PROXY ACCEPTANCE

I, Name

Surname

ID number

Bestmed membership number

hereby accept nomination to be appointed as proxy and attend, vote and participate in the proceedings at the Annual General Meeting on behalf of the aforementioned Bestmed Member.

\_\_\_\_\_  
Signature (Proxy)

Date 

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### NOTES:

1. A principal member of Bestmed ("Member") who is eligible to attend and vote at the Annual General Meeting may appoint another Member to attend as a proxy, speak and vote in his/her stead, provided that such proxy is also a current and fully paid-up Member of Bestmed and signs this Proxy Form together with the Member assigning proxy.
2. It is the responsibility of the Member to ensure the proxy is in good standing, failing which the vote will be deemed as spoilt and will be disregarded.
3. If the name of a person who is not a Member of Bestmed is inserted, this Proxy Form will be disregarded.
4. Proxy Forms that are not completed correctly will be deemed as spoilt and will be disregarded.
5. The following persons cannot be appointed as proxies:
  - 5.1 The Bestmed Board of Trustees
  - 5.2 The Principal Officer of Bestmed
  - 5.3 The Executive members of Bestmed whom are members of the Scheme.
  - 5.4 A Member who is not good standing
  - 5.5 A dependant or a third party who is not a Member of the Scheme
6. Proxy Forms must be signed, dated and emailed to [bestmed-agm@bestmed.co.za](mailto:bestmed-agm@bestmed.co.za) by not later than Thursday, 18 June 2026. Proxy Forms received after this time will not be considered.
7. One Member in good standing shall hold a maximum of one proxy vote, to the exclusion of the proxy's own vote in their capacity as a member.
8. The Member will only be allowed to attend and vote at the meeting if he/she elects to revoke the appointment of a proxy replace with, by not later than 09:00 on Wednesday, 24 June 2026.