# **INDIVIDUAL APPLICATION FORM**



1.	1. APPLICANT (PRINCIPAL MEMBER)																								
-	Title														Bestm	ed join	date	D	D	M	М	Υ	Υ	Υ	Υ
	Full name	as per ID (	locume	nt																					
ı	First name																								
ı	Middle nan	ne																			Init	tials			
9	Surname																								
ı	D number															Date o	f birth	D	D	М	М	Υ	Υ	Υ	Υ
ı	Passport n	umber																				Ge	nder	M	F
(	Country of	issue																							
	SARS tax n																								
ı	Marital sta	tus	Unn	narried	Ma	arried							- D	ate of r	marriag	ge / divo	orce	D	D	M	M	Υ	Υ	Υ	Υ
(	Current em	iployer																							
ı	Date of em	ıployment	D	D	М	М	Υ	Υ	Υ	Υ					Emplo	yee nu	mber								
2. BENEFIT OPTION																									
2.	BENE	FIT OP	TION																						
- 1	Benefit op	tion (indi	ate wit	h 'X')								_							_						
	Beat1						Beat1	N (Net	vork) †				Pa	ace1											
	Beat2						Beat2	N (Net	vork) †				Pa	ace2											
	Beat3					L	Beat3	N (Net	vork) †				Pa	ace3											
	Beat3 Pl	us											Pa	ace4											
	Beat4																								
	Rhythm1	1 * ‡											RI	nythm2	2 * ‡										
- 1	Income bra	acket if yo	u are jo	ining o	n the l	Rhyth	m1 Op	tion				_	Inco	me br	acket if	you ar	e joinii	ng on t	he Rhy	/thm2	Option				
		o - R 9 000 monthly	)	R	9 001 mc	- R 14 inthly			R and ab	14 001 ove mo					- R 5 5 nonthly				501 - R month	8 500 ily		and	R 8 5 above	501 month	ly
,	* Provide <b>p</b> Please no												s).												
†[	Members	on any o	f the Be	atN op	tions e	enjoy a	an effic	iency o	liscoun	t. By se	electing	g one o	f the Be	eatN op	otions (	you ack	nowle	dge an	d agre	e to th	e follo	wing co	nditio	ns:	
	1. I am lin	nited to a	hospital	l netwo	rk and	desig	nated s	service	provide	rs as de	etermir	ned by t	he Sch	eme.											
	2. I am av	vare of th	locatio	n of the	e near	est ab	ove-m	entione	d netwo	ork hos	pital pr	oviders	5.												
	3. If I willi	ngly do no	ot make	use of	the afo	oresai	d netw	ork pro	/iders, l	am aw	are and	d agree	that I v	vill be l	neld lia	ble for	а со-ра	iyment	in terr	ns of tl	he Sche	eme Ru	les.		
	4. I am av	vare that	his is a	unique	benefi	t optio	on and	that I n	nay not,	in term	ns of th	e Sche	me Rul	es, cha	nge fro	m a Be	atN op	tion to	a stan	dard B	eat opt	ion dur	ing the	year.	
‡[	Members that your						to the o	ontrac	ted Rhy	thm de	esignat	ed serv	ice pro	vider ı	networ	k. By s	electing	g a Rh	ythm o	ption y	ou ack	nowle	dge an	d agree	•
	1. GP net		Jubject	. to the	.0.104	8.																			
	2 Special		rk (Dofo	rral rog	uirod f	rom n	otwork	(CD)																	-

3. Hospital network

Block A, Glenfield Office Park, 361 Oberon Avenue, Faerie Glen, Pretoria, 0081, RSA • PO Box 2297, Pretoria, 0001, RSA • Client Service 086 000 2378 • Fax +27 (0)12 472 6500 • E-mail membership@bestmed.co.za • www.bestmed.co.za • Reg no. 1252

### 3. HEALTHCARE ADVISOR DECLARATION

1. I declare that I am a Service Benefits, ar												of the F	-inancia	al Advis	ory and	l Interr	nediary	/ Servic	es Act	37 of 2	002 to	sell Hea	alth
2. I accept that the ap	plicant	has ap	pointed	d me as	his/he	er healt	hcare a	dvisor	and tha	at he/sl	ne is en	titled t	o termi	nate m	y servi	es at h	is/her	will.					
3. I confirm that the a	oplican	t was g	şiven m	ıy persc	onal de	tails, in	cluding	my ph	ysical a	ınd pos	tal addı	ress, ar	nd cont	act nun	nber.								
4. I acknowledge that amount as set by t					8 in th	e Medi	cal Sch	emes A	Act (or a	as ame	nded), a	a mont	hly sta	tutory	commi	ssion v	vill be p	aid out	to me	up to a	ı maxir	num	
5. I declare that there in effect of such mi						f any fa	act by r	ne and	that, ir	n the ev	ent of	materi	al or ur	nlawful	condu	ct, I wil	l be res	sponsib	le for r	efundii	ng all m	nonies p	oaid
6. I declare that the a	oplican	t is fan	niliar w	ith the	inform	nation i	require	d in the	applic	ation fo	orm and	d he/sh	ne has p	provide	d all th	e corre	ct info	rmatio	ո.				
7. I declare that the a	dvice a	nd sup	port gi	ven to	the app	olicant	was ur	biased	and in	his/he	r best i	nterest	t.										
8. I declare that the a	oplican	t has p	ersona	ally sigr	ned this	s applic	ation f	orm.															
9. I am aware of the s	ubmiss	sion cu	t-off d	ate for	new re	gistrat	tions.																
. SUMMARY OF	NON	ITHL	Y CO	ST																			
Failure to complete	the b	elows	sectio	n in fu	ıll will	resul	lt in ur	nsucce	essful	broke	r com	missio	on pay	ment	5								
TOTAL MONTHLY PI	REMIL	JM												R									
Llaskhanus advisau nam	/		\																				
Healthcare advisor nar	ne (ma	iluator	y)	$\sqsubseteq$																<u> </u>	<u> </u>		
Healthcare advisor cod	e (man	datory	)																				
(Healthcare advisor nar	ne and	code a	re man	datory	for con	nmissio	on payr	nents)															
														Dat	e	D	D	M	M	Υ	Υ	Υ	Υ
Healthcare advisor sign	nature																						
. ADDRESS AND	CON	TAC	Γ DE	TAILS	(PR	INCII	PALI	ИЕМ	BER)														
Email address																							
Your email address is of If possible, please prov						instea	d of yo	ur wor	k email	addre	5S.												
Telephone number (w)			'	<u> </u>								Cell ph											
						<u> </u>					] 1	numbe	er										
Telephone number (h)																							
Physical address							,																
Address																							
Street																							
Suburb																							
Town / city																		Postal					

Please download the Bestmed App for access to your digital membership card on date of registration, and look out for an SMS with a link after registration has been completed.

code

# 6. YOUR BANKING DETAILS

<b>DEBIT ORDER FOR MO</b> For monthly contribution								anking o	letails t	elow													
* Debit order deduction	n date			20 <sup>th</sup>		25 <sup>th</sup>		1 <sup>st</sup>	:		se are oi t orders				es and,	unfortui	nately, v	ve are u	nable to	o proces	S		
Bank																							
Branch																							
Branch code								Туре с	f accou	nt	C	heque /	' curre	nt		Savi	ings						
Account number																							
Select account holder		Mer	mber			Com	pany*			Oth	her*												
*If you have selected "Co	OMPAN	Y" or "C	THER"	please	comple	te the s	ections	below,	includi	ng the a	address	section	. This is	s in acco	rdance	with SA	NRS legi	slative	require	ments.			
<b>COMPANY</b> Are you the registered of	owner o	f the co	ompani	y?	Ye	S	No																
Registered name of con																							
Type of company (e.g. p																							
Entity registration numl																							
OTHER																							
Title																							
First name																							
Middle name																							
Surname																							
Account holder ID numb	oer																						
Passport number (for n	on-SA c	itizens	)																				
Country of issue																							
SARS tax number (mano	latory)													Date o	f birth	D	D	M	M	Υ	Y	Υ	Υ
Physical address (mandatory field for both																							
"COMPANY" and "OTHER")																							
																		Postal	code				
Is your claims refund ba	anking d	etails t	he san							etails?											Yes	ı	Vo
If you selected "NO", pl Bank	ease co	mpieti	e your (	ciaims i	reruna i	Danking	g detail	s belov	<i>i</i>														
Branch																							
Branch code							]	Type o	f accour	nt		Cheq	ue / cı	ırrent				Saving	5				
Account number																							
Name of the account ho	older																						
If account holder differs	from pi	rincipal	memb	er, plea	se confi	rm acco	ount ho	lder ID	numbe	r / pass	port nu	mber fo	or non-	SA citiz	ens								
Account holder ID numb	oer																						

contribution amount for the selected benefit option on the above menticontributions are amended from time to time. All such withdrawals from I/we agree to pay bank charges relating to this debit order instruction. T registered post, starting on the first day of the following calendar montl for payments incurred. I/we understand that I/we shall not be entitled t were legally owing to Bestmed. I/we acknowledge that the party hereby any third party without my/our prior written consent and that I/we may written consent of the authorised party. The deduction of debit order wis subject to subscriptions payable in advance.	my/our account by Bestmenis authority may be cancell . Should there be a breach coany refunds of amounts wathorised to effect the dranct delegate any of my/our	med shall be treated as though they have been signed by me/us p elled by me/us by giving Bestmed one month's notice in writing v h of this contract there is a possibility that the member will be hel which have been withdrawn while this authority was in force if so drawing(s) against my/our account may not cede or assign any of ur obligations in terms of this contract/authority to any third part	ersonally. ia email, fax or d responsible uch amounts its rights to y without prior

I/we hereby authorise Bestmed to draw against my/our account with the above-mentioned bank (or any other bank or branch to which I/we may transfer my/our account), the

Signature of principal member

#### Signature of account holder

#### 7. APPLICANT CHECKLIST

### Please ensure the following compulsory documents / information are completed and attached.

- 1. ID / birth certificate/s of member and dependant/s.
- 2. If the child is older than 24 years, a declaration statement is required. Adult rates will be applicable.
- 3. To register adopted dependant(s), official legal court documents are mandatory.
- 4. In the case of extended family (parent, brother or sister, grandchild) affidavit of dependant(s) with regards to dependency on principal member.
- 5. Proof of previous medical scheme membership must be provided; this applies to members and all dependants (NB: Previous membership card/s not accepted). The aforesaid proof must contain the period of cover.
- 6. Upon completing an affidavit, ensure full details are disclosed e.g. applicable dependants, day, month, year, names of previous schemes.
- 7. If you or any of your dependents have a disability, please complete the ITR-DD SARS form available on the SARS website. Bestmed will not be able to update disability records without the completed ITR-DD form.
- 8. If you selected a Bestmed Rhythm option, provide proof of income for both the main member and spouse (3 months' payslips or bank statements not older than 3 months).
- 9. Ensure that dependant(s) full names and identity numbers are completed. Passport numbers and Country of Issue required for non-SA citizen.
- 10. Medical questionnaire:
  - Each question must be completed in full (Yes/No indicator, beneficiary, diagnosed date, last treatment date, dates of last symptoms experienced, diagnosed condition, medicine and dosage, nature of treatment, level/stages of illness and hospitalisation).
- 11. Chronic application
  - If registered for chronic medication at the previous medical scheme, submit a copy of the previous chronic authorisation letter together with a copy of the most recent prescription, approval is subject to protocols.

Please ensure that all applicable pages are fully completed.

### Qualifying Criteria of a Dependant

As per Bestmed Scheme Rules, a Dependant is:

- A Member's spouse or partner;
- A Member's dependent child who is under the age of 24 (twenty-four) years;
- A parent, brother, sister or grandchild of a Member in respect of whom the Member is liable for family care and support, and for whom adult Dependants contributions shall be payable if such Dependant is 24 (twenty-four) years of age and older;
- A Member's child who is 24 (twenty-four) years or older in respect of whom the Member is liable for family care and support, or because of a mental / physical handicap or for any similar reason is dependent on the Member and adult Dependant's contribution shall be payable.

For more information on Bestmed rules, please visit our website <u>www.bestmed.co.za</u>

8. DEPENDA	ANTS	ТО	BE A	DDE	D																			
1. Dependant	detai	ls																						
First name																								
Surname																								
ID number (passport numb	er for r	non-SA	citizer	ıs)																	Ge	nder	M	F
Country of issue	2													Date o	of birth	1	D	D	M	M	Υ	Υ	Υ	Υ
SARS tax numb	er																							
Dependant conf	tact nu	mber																						
Email address																								
The provision dependant/s								/s 18 ļ	years (	and old	der wi	ll allou	v Besti	med to	comr	nunica	te per	sonal	inform	ation	relate	d to th	e appl	icable
Relationship		•																						
Spouse	/ com	mon-la	ıw spoı	ıse			Partner comple		é aration i	in sectio	on 9)					ild <i>(if di<sub>l</sub> mplete d</i>				10)				Other
If other, please (affidavit / legal			onship	:																				
2. Dependant																								
First name																								
Surname																								
ID number (passport numb	er for r	non-SA	citizer	ıs)																	Ge	nder	М	F
Country of issue														Date	of birth	1	D	D	М	М	Υ	Υ	Υ	Υ
SARS tax numb	er																							
Dependant conf	tact nu	mber																						
Email address																								
The provision dependant/s								/s 18 ļ	years (	and old	der wi	ll allou	v Besti	med to	comr	nunica	te per	sonal	inform	ation	relate	d to th	e appl	icable
Relationship																								
Spouse	/ com	mon-la	ıw spoı	ıse			Partner comple		é aration i	in sectio	on 9)					ild <i>(if di<sub>l</sub> mplete d</i>				10)				Other
If other, please (affidavit / legal		-	onship	: 																				
3. Dependant	detai	ls																						
First name																								
Surname																								
ID number (passport numb	er for r	non-SA	citizer	ıs)																	Ge	nder	М	F
Country of issue	<u> </u>													Date	of birth	1	D	D	М	М	Υ	Υ	Υ	Υ
SARS tax numb	er																							
Dependant cont	tact nu	mber																						
Email address																								
The provision dependant/s	of con	tact in	forma	tion fo	r youi	depei	ndant <i>i</i> I Act	/s 18 ļ	years o	and old	der wi	ll allow	v Besti	med to	comr	nunica	te per	sonal	inform	ation	relate	d to th	e appl	icable
Relationship																								
Spouse	-					F	Partner	/ fianc	é aration i	in sectio	on 9)					ild <i>(if di<sub>j</sub> mplete d</i>				10)				Other
If other, please (affidavit / legal		-	onship	): 																				

4. Dependant	detai	ls																						
First name																								
Surname																								
ID number (passport numb	er for r	non-SA	citizer	ns)																	Gei	nder	М	F
Country of issue	2													Date	of birth		D	D	M	М	Υ	Υ	Υ	Υ
SARS tax numb	er																							
Dependant cont	act nui	mber																						
Email address																								
The provision dependant/s	directl	y to th	em, in	line u	vith the	e POP	Act.		ears o	and old	ler wil	ll allou	/ Besti	med to	comm	nunica	te per	sonal i	inform	ation I	related	to the	e appl	icable
Relationship	to prir	icipal	mem	ber (In	idicate			/ fianc	Á						7 Chil	d <i>(if di</i> i	fference	e in surr	name.				_	
Spouse	/ comi	mon-la	aw spo	use						in sectio	n 9)							ion in s		10)				)ther
If other, please (affidavit / legal	-		ionship	): 																				
5. Dependant	detai	ls																						
First name																								
Surname																								
ID number (passport numb	er for r	ion-SA	citizer	ns)																	Ger	nder	М	F
Country of issue														Date	of birth		D	D	M	М	Υ	Υ	Υ	Υ
SARS tax numb	er																							
Dependant cont	act nui	mber																						
Email address																								
The provision dependant/s	of condinectl	tact in	forma em. in	tion fo	or your	depei	ndant.   Act.	/s 18 y	ears a	and old	ler wil	l allou	Besti	med to	comm	nunica	te per	sonal i	nform	ation ı	related	to the	e appl	icable
Relationship																								
Spouse	/ comi	mon-la	aw spo	ıse				/ fianc te decla		in sectio	n 9)							in surr ion in s		10)				)ther
If other, please (affidavit / legal			ionship	): 																				
6. Dependant	detai	ls																						
First name																								
Surname																								
ID number (passport numb	er for r	non-SA	citizer	ns)																	Gei	nder	М	F
Country of issue	2													Date	of birth		D	D	M	М	Υ	Υ	Υ	Υ
SARS tax numb	er																							
Dependant cont	act nu	mber																						
Email address																								
The provision dependant/s								/s 18 ;	ears o	and old	ler wil	l allow	Besti	med to	comm	nunica	te per	sonal i	inform	ation I	related	to the	e appl	icable
Relationship																								
Spouse	/ comi	mon-la	aw spo	use				/ fianc te decla		in sectio	n 9)							in surr		10)				)ther
If other, please (affidavit / legal			ionship	): 																				

7. Depe	ndan	t det	ails																							
First nam	ne																									
Surname	2																									
ID number (passpor		ber fo	r non	-SA (	citizen	ıs)																	Ge	nder	М	F
Country	of issu	ie														Date	of birth		D	D	М	М	Υ	Υ	Υ	Υ
SARS tax	x numl	oer																								
Dependa	ant cor	ntact r	numb	er																						
Email add																										
The prod depend										's 18 y	ears (	and old	er wil	ll allou	/ Best	med to	comm	unica	te per	sonal	inform	ation	related	to th	e appl	icable
Relatio	nship	to p	rincij	pal r	neml	oer (I	ndica	te with	an 'X')																	
	Spous	e / co	mmoi	n-lav	w spou	ıse			Partner (complet			in sectio	n 9)							e in suri	name, ection	10)			C	)ther
(affidavit	ffidavit / legal documents)																									
9. PAR1																										
	Only to be completed if you are registering a partner / fiancé / common-law spouse with a surname that is different to that of the main member.																									
	PARTNERSHIP DECLARATION  Only to be completed if you are registering a partner / fiancé / common-law spouse with a surname that is different to that of the main member.  (principal member name and surname) declare that I have established a partnership with																									
	(your	partn	er / fi	iancé	/ con	nmon	-law s	pouse r	iame an	d surna	ame)															
I declar	e that	we ar	re in a	sus	tained	, com	mitte	d, and s	erious re	lations	ship ak	in to a r	narriag	ge, base	ed on o	bjectiv	e criteri	a of mi	utual d	epende	ency ar	nd a sha	ared ho	usehol	d.	
																				•						
Signed b	v me											on th	nis [			day	of			month			Υ	Υ	Υ	Υ
Jigiica b	y mc												L													
		Sigr	nature	of p	rincip	al me	mber																			
10. CHI	LD [	DECI	LAR	ATI	ON																					
Only to	be co	mple	eted	if yc	ou are	e regi	isteri	ng a ch	ild wh	ere th	e surr	name d	iffers	to the	e prin	cipal r	nembe	r								
1																										
(prir	ncipal	memt	oer na	ıme a	and su	ırnam	e) dec	lare tha	t																	
1.																										
2.																										
3.																										
4.																_										
5.					<u> </u>	11.00		<u> </u>						<u> </u>	<u> </u>	<u> </u>										
(all	ı childr	en wh	nere s	urna	ıme's ı	differs	s to pr	incipal r	nember	) is my	/ my s	pouse / I	my pa	ırtner(s	) biolo	gical ch	iid.									
Signed b	y me											on t	his			day	of [			month			Υ	Υ	Υ	Υ
		Sign	nature	e of n	rincip	al me	mber																			

<sup>\*</sup> The Scheme Rules will determine admission and the applicable rates.

#### 11. UNDERWRITING POLICY

#### It is important to note that proof of previous membership may prevent possible waiting periods being imposed:

The Scheme may impose upon a person in respect of whom an application is made for membership or admission as a Dependant, and who was not a beneficiary of a medical scheme for a period of at least 90 (ninety) days preceding the date of application:

- A general waiting period of up to 3 (three) months;
- A condition-specific waiting period of up to 12 (twelve) months.

The Scheme may impose upon any person in respect of whom an application is made for membership or admission as a Dependant, and who was previously a beneficiary of a medical scheme for a continuous period of up to 24 (twenty-four) months, terminating less than 90 (ninety) days immediately prior to the date of application:

- A condition-specific waiting period of up to 12 (twelve) months, except in respect of any treatment or diagnostic procedures covered within the prescribed minimum benefits;
   or
- In respect of any person contemplated in this sub-rule, where the previous medical scheme had imposed a general or condition-specific waiting period, and such waiting period had not expired at the time of termination, a general or condition-specific waiting period for the unexpired duration of such waiting period imposed by the former medical scheme.

The Scheme may impose upon any person in respect of whom an application is made for membership or admission as a Dependant, and who was previously a beneficiary of a medical scheme for a continuous period of more than 24 (twenty-four) months, terminating less than 90 (ninety) days immediately prior to the date of application.

A general waiting period of up to 3 (three) months, except in respect of any treatment or diagnostic procedures covered within the prescribed minimum benefits.

Bestmed will implement waiting periods and evaluate and/or investigate information and membership in all cases where adverse selection is exercised to obtain specific benefits.

#### Monitor for possible non-disclosure

To exclude the possibility of non-disclosure of material information, for the first 12 months we will monitor membership in the following cases:

- a) Claims of new beneficiaries with less than 24 months continuous medical scheme membership and with less than 90 days break, immediately prior to date of application.
- b) When an application is made for membership or admission for a person who was not a beneficiary of a medical scheme for a period of at least 90 (ninety) days preceding the date of application.

In accordance with the Medical Schemes Act, we implore new applicants to disclose true and complete information to the Scheme. It is always better to disclose too much than too little.

Please note that if membership is subject to the above-mentioned 12-month monitor period, the Scheme may request additional medical history upon receiving a claim and/or a request for authorisation.

In this case, the Scheme will only confirm benefits once it is satisfied with the additional information received.

#### Late Joiner Penalty (in terms of Regulation 131 of the Medical Schemes Act (Act 131 of 1998))

Late joiner penalties can be imposed on beneficiaries over the age of 35. Depending on the number of years the beneficiary did not belong to a medical scheme, a late joiner penalty will be added to the members monthly risk contribution. The penalty is calculated on a sliding scale as shown in the table below, based on the total number of years from age 35 being effective 1 April 2001, where a beneficiary did not belong to a medical scheme.

Number of years since age 35 where applicant was not a member of a medical scheme	Penalty
1 - 4 years	0.05 x risk contribution
5 - 14 years	0.25 x risk contribution
15 - 24 years	0.50 x risk contribution
25+ years	0.75 x risk contribution

### 12. PREVIOUS MEMBERSHIP STATUS

Please supply ALL previous membership certificates, from a South African registered medical scheme for you and your dependants, as relevant proof of previous medical aid cover. The submission of previous medical aid certificates will ensure correct and relevant underwriting is applied on your new profile. In the event that you are unable to obtain previous membership certificate(s), Bestmed will accept an affidavit if previous cover exceeds 5 years. Visit <a href="https://www.bestmed.co.za">www.bestmed.co.za</a> to complete affidavit in the relevant blocks. Please refer to applicant checklist (section 7) of this form for more details.

 $Have \ you \ and/or \ your \ spouse \ / \ partner \ and/or \ dependant(s) \ been \ a \ member \ or \ dependant \ of \ a \ medical \ scheme?$ 

Yes No

I was previously a beneficiary of a medical scheme for a continuous period of more than 24 (twenty-four) months with no break in membership between previous medical scheme and Bestmed, contributions at my previous scheme were paid in arrears therefore I would like to continue to pay Bestmed in arrears.

According to the Medical Scheme's Act a member / dependant may not belong to 2 medical schemes at the same time therefore it is imperative that we receive a certificate with a resign date to continue with the registration process.

#### If "yes" please attach all previous membership certificates

Name of scheme	Member number	Principal member	Dependant	Date from	Date to

### 13. MEDICAL QUESTIONNAIRE (THIS SECTION IS EXTREMELY IMPORTANT)

#### PLEASE NOTE THAT ALL FIELDS ARE COMPULSORY.

Please complete the following questionnaire to indicate whether you and/or your dependants mentioned on this application form have a history of any medical conditions, illnesses or disorders, irrespective of it being chronic or acute and no matter how insignificant it may seem. If the answer is YES, please give full details of the person and condition concerned in the space provided. If the space provided is insufficient, provide the details on a separate page and attach it to this questionnaire, medical reports may be included. The examples listed under each condition below are not intended as a full list of conditions, disorders or symptoms, but only serve as examples. In other words, the examples below are only a limited list and do not include all possible conditions.

Have you or any of your dependants been given medical advice or a diagnosis or medical care before the date on which you are applying for membership, irrespective of it being chronic or acute and no matter how insignificant it may seem? Please clearly specify the diagnosed conditions in relevant tables.	an	te with "X" ulsory)	Name of patient	Specify illness / condition / disorder in full	Date of first diagnosis or problem	Date of latest consultation / test / treatments	Please state ALL medicines (name and dosage), nature of treatment, level / stages of illness, hospitalisation, treatment / care / advice / symptoms, dates of last symptoms experienced. Please indicate current problems, symptoms, or the use of assistive or additional therapies as well as planned or required further management	ICD-10 code (if available)
Infectious diseases e.g. hepatitis B, tuberculosis, tetanus, bilharzia, etc.	Yes	No						
2. Positive for HIV/AIDS*	Yes	No						
	u and/or	your de	pendants are living with HIV/AIDS. T	his information must be	disclosed to Bestm	ed within seven (7)	must call 012 472 6249 or send an e-mail to mhc@bestmed.co.: working days from the application date of your and/or your dep embership document.	
Cancer diagnosis/treatment, or a growth or tumour of any kind? Please state type - benign or malignant.	Vas	Ne						
	Yes	No						
Blood conditions: e.g. anaemia, blood clotting problems, deep vein thrombosis, pulmonary embolism, platelet								
deficiencies, haemophilia, leukaemia, lymphoma, bleeding disorders.	Yes	No						
5. Endocrine and metabolic conditions : e.g. obesity, diabetes mellitus, porphyria, thyroid problems, Cushing								
syndrome, metabolic syndrome, Addison disease, any other endocrine or metabolic conditions	Yes	No						
6. Psychiatric conditions: e.g. depression, anxiety, bipolar disorder, autism, Asperger syndrome, sleeping								
disorders (e.g. narcolepsy), insomnia, eating disorders, drug or alcohol use disorder or rehabilitation, suicide	Yes	No						
attempt, post-traumatic stress disorder, counselling, recent psychological trauma.								
7. Brain and nervous system or neuromuscular conditions: e.g. paralysis, epilepsy, Parkinson disease,								
headaches, stroke, cerebral palsy, paraplegia, hemiplegia, carpal tunnel syndrome, chronic headache,	Yes	No						
migraine, multiple sclerosis, motor neuron disease, spinal cord injury, hydrocephalus, ventriculoperitoneal (VP) shunt, intellectual disability.	103	140						
(vi ) shart, interectual disability.								

Have you or any of your dependants been given medical advice or a diagnosis or medical care before the date on which you are applying for membership, irrespective of it being chronic or acute and no matter how insignificant it may seem? Please clearly specify the diagnosed conditions in relevant tables.	an	te with "X" ulsory)	Name of patient	Specify illness / condition / disorder in full	Date of first diagnosis or problem	Date of latest consultation / test / treatments	Please state ALL medicines (name and dosage), nature of treatment, level / stages of illness, hospitalisation, treatment / care / advice / symptoms, dates of last symptoms experienced. Please indicate current problems, symptoms, or the use of assistive or additional therapies as well as planned or required further management	ICD-10 code (if available)
8. Eye and eyelid conditions: e.g. vision problems, blurry vision, glasses, cataracts, keratoconus, corneal ulcers, glaucoma, squint, ptosis, retinal detachment, retinopathy, macular degeneration, retinal vein occlusion, corneal transplant, eye surgery, partial or full blindness, astigmatism, any other eye or eyelid condition.	Yes	No						
9. Ear, nose and throat problems: e.g. grommets, otitis media, tinnitus, ear infections, deafness, hearing problems, use of hearing aids, cochlear implant, tonsillitis or adenoiditis, dizziness, vertigo, previous sinus or nasal surgery, sinusitis, deviated nasal septum, allergic rhinitis, chronic blocked nose or sinuses.	Yes	No						
10. Heart and circulation problems: e.g. high blood pressure (hypertension), high cholesterol, angina, chest pain, coronary heart disease, heart attack, stents, coronary artery bypass surgery, palpitations, arrhythmia, shortness of breath, heart failure, cardiomyopathy, valvular heart disease, heart valve replacement, congenital heart disease, rheumatic fever, previous heart surgery, pacemaker, aneurysm, arterial disease, chronic venous insufficiency, varicose veins.	Yes	No						
Lung and breathing problems: e.g. asthma, COPD / emphysema, bronchitis, bronchiolitis, pulmonary embolism, emphysema, bronchiectasis, tuberculosis, cystic fibrosis, sarcoidosis, pneumonia.	Yes	No						
12. Digestive and gastrointestinal problems: e.g. hiatus/abdominal / inguinal hernia, reflux / heartburn, stomach ulcer, spastic colon, constipation, gallstones, hepatitis, cirrhosis, portal hypertension, alcohol or fatty liver disease, liver failure, pancreatitis, cystic fibrosis, Crohn disease, ulcerative colitis, diverticulitis, jaundice.	Yes	No						
13. Skin condition (including allergies): e.g. eczema, psoriasis, acne, chronic wounds, melanoma, skin cancer, sunspots, warts, skin tags, mole irritation or shape and colour change.	Yes	No						

Have you or any of your dependants been given medical advice or a diagnosis or medical care before the date on which you are applying for membership, irrespective of it being chronic or acute and no matter how insignificant it may seem? Please clearly specify the diagnosed conditions in relevant tables.	an	te with "X" ulsory)	Name of patient	Specify illness / condition / disorder in full	Date of first diagnosis or problem	Date of latest consultation / test / treatments	Please state ALL medicines (name and dosage), nature of treatment, level / stages of illness, hospitalisation, treatment / care / advice / symptoms, dates of last symptoms experienced. Please indicate current problems, symptoms, or the use of assistive or additional therapies as well as planned or required further management	ICD-10 code (if available)
14. Dental, oral, and maxillofacial consultation and/or treatment: e.g. dental fillings, orthodontics, crowns, dentures, implants, temporomandibular joint disorders, jaw surgery, cleft lip or palate, etc.	Yes	No						
15. Skeletal, joint and muscle deviations / problems: e.g. neck / back / knee /hip problems / pain, arthritis, rheumatoid arthritis, osteoarthritis, ankylosing spondylitis, lupus (SLE), gout, clubfoot, bunions, fibromyalgia, degenerative disc disease, scoliosis, kyphosis, spinal stenosis, fractures, physical disability, prosthesis, amputation, etc	Yes	No						
16. Kidney and urinary conditions: e.g. kidney failure, acute or chronic renal dialysis, kidney stones, glomerulonephritis, nephrotic syndrome, polycystic kidney disease, urinary incontinence, urinary tract infections, bladder infections, etc.	Yes	No						
17. Male reproductive system: e.g. prostate cancer, enlarged prostate, chronic infection, urogenital defects, varicocele, tumours, undescended testes, phimosis, urinary incontinence, urine retention, vasectomy, circumcision, erectile dysfunction, etc.	Yes	No						
18. Pregnancy or suspected pregnancy? If yes, please confirm gestation / duration of pregnancy. Are you currently undergoing treatment towards getting pregnant? Provide date of last menstrual period (LMP).	Yes	No						
19. Female reproductive system: e.g. endometriosis, menstrual problems or irregularities, infertility, hormone replacement therapy, sterilisation / hysterectomy, abnormal Pap smear result, polycystic ovarian syndrome, ovarian cysts, ectopic pregnancy, miscarriage, missed periods, etc.	Yes	No						
20. Congenital deviations: e.g. bat ears, cleft palate, patent ductus arteriosus (PDA), heart defects, Down syndrome, neural tube defects, spina bifida, brain defects, ventricular septum defect (VSD), etc.	Yes	No						
21. Rare disorders / conditions: e.g. congenital disorders of glycosylation, Hunter syndrome, lysosomal storage diseases, Klinefelter syndrome, etc.	Yes	No						

Have you or any of your dependants been given medical advice or a diagnosis or medical care before the date on which you are applying for membership, irrespective of it being chronic or acute and no matter how insignificant it may seem? Please clearly specify the diagnosed conditions in relevant tables.	an	ate with a "X" oulsory)	Name of patient	Specify illness / condition / disorder in full	Date of first diagnosis or problem	Date of latest consultation / test / treatments	Please state ALL medicines (name and dosage), nature of treatment, level / stages of illness, hospitalisation, treatment / care / advice / symptoms, dates of last symptoms experienced. Please indicate current problems, symptoms, or the use of assistive or additional therapies as well as planned or required further management	ICD-10 code (if available)
22. Any symptoms experienced, or other illness/medical condition that you are aware of not mentioned above, even if no doctor was consulted and irrespective of treated with lifestyle changes or self-medication?	Yes	No						
23. Current medication used, not yet stated above, even if not on a chronic basis. If yes, please attach a list if this space is not sufficient.								
space is not sumicient.	Yes	No						
24. Any previous operations undergone?								
	Yes	No						
25. A condition for which you and/or your dependant(s) received a payment and/or medical treatment of	Yes	No						
whatever nature: e.g. third party claim.	res	INO						
26. Any other medical condition or ongoing treatment/ monitoring that is not mentioned on the application	V	NI-						
form that may result in a claim within the next 12 months?	Yes	No						
medication at the previous medical scheme, submit	a copy	of the p	revious chronic authorisation	letter together with	a copy of the mo	st recent prescri	ronic application form from our website; if registered fo ption, approval is subject to protocols. rish to add a medical report from your family practitioner you are	

so. Any misstatement in, or omission from this form whether wilful or in ignorance may lead to refusal to admit any claims, suspension or termination of membership. Should a new medical condition arise between the time of completing this application form and the commencement date of membership, the Scheme must be informed immediately. Your signature to the application form indicates, amongst others, that you understand the terms and conditions of membership, and that the information furnished in the application form is true and correct. If you are unsure about any of the questions, please do not hesitate to contact Bestmed's Contact Centre on 086 000 2378.

I																							
	(princi	pal mer	nber na	ame an	d surna	ame) ad	knowl	ledge tl	hat all i	nforma	ation de	clared	above	is true	and co	rrect.							
																Г							
Signed by	me										on th	iis			day o	f	1	month		Υ	Υ	Υ	Υ
		Signati	ire of p	rincipal	l memb	oer																	

### 14. CONSENT PROVISIONS BY APPLICANT

- I hereby expressly make the following acknowledgements in respect of Bestmed's processing of my Personal Information and/or Special Personal Information and/or that
  of my dependants / child(ren) / spouse(s) ("collectively referred to as "Personal Information"), as defined in terms of the Protection of Personal Information Act, 4 of 2013
  (POPIA):
  - 1.1 That I have read and understood the provisions of Bestmed's Data Protection and Privacy Policy, thereby fully appreciating the manner in which Bestmed may process my Personal Information and for which purpose(s) Bestmed may process such Personal Information.
  - 1.2 That through submitting this application, I may be providing Bestmed with the Personal Information of my spouse(s), children and/or other dependant third parties.
  - 1.3 That by engaging with Bestmed through any physical and/or electronic means, Bestmed will in effect be processing the Personal Information provided by me from time to time.
  - 1.4 That Bestmed may from time to time, depending on the circumstances, collect my Personal Information from another source other than myself.
  - 1.5 That I fully appreciate that Bestmed places a high premium on my privacy and/or that of my dependants, spouse(s) and/or children.
  - 1.6 That I have read and understood the undertakings made by Bestmed in its Data Protection and Privacy Policy to the effect that it will ensure that any and all of my Personal Information and/or that of my dependants / child(ren) / spouse(s) shall be processed with a reasonable standard of care as may be expected from Bestmed.
  - 1.7 That I fully appreciate that Bestmed will only process my Personal Information and/or that of my dependants / child(ren) / spouse(s) in a manner consistent with the provisions of its Data Protection and Privacy Policy, as well as for the purpose(s) set forth therein.
  - 1.8 That, in accordance with the provisions of Section 18 of POPIA, I have been provided with adequate notification of the processing of my Personal Information by Bestmed, the scope and purpose(s) for such processing, as well as my rights to object to such processing should I elect to do so.
  - 1.9 That I acknowledge that the processing of my Personal Information is a mandatory requirement for the existence of a valid medical aid.
- 2. In light of the above acknowledgements, and in accordance with the requirements set forth in Section 11 of POPIA, I hereby provide my specific and informed consent to Bestmed for the processing of my Personal Information and/or that of my dependants / child(ren) / spouse(s), for any purpose(s) legitimately connected or related to my application for membership, which purpose(s) may include, but not be limited to the following:
  - 2.1 To provide or manage any information, products and/or services requested by me pursuant to my application for membership.
  - 2.2 To establish my needs, requirements and preferences in relation to the products and/or services provided by the Bestmed.
  - 2.3 To facilitate the delivery of products and/or services to me as a member of Bestmed.
  - 2.4 To administer my claims and premiums.
  - 2.5 To activate my medical aid and/or prescribed benefits.
  - 2.6 To allocate a unique identifier to me for the purpose of securely storing, retaining, and recalling my Personal Information from time to time, including after my membership is terminated.
  - 2.7 For general administration purposes pertaining to my membership.
  - 2.8 For legal and/or contractual purposes and to enable Bestmed to comply with its contractual obligations towards me.
  - 2.9 To transact with suppliers and business partners, including healthcare service providers, managed facilities, network hospitals, pharmacies and relevant regulatory authorities to facilitate the delivery of products and/or services to me.
  - 2.10 To provide me with health and wellness information throughout the subsistence of my membership.
  - 2.11 To transact with third parties and transfer my Personal Information to such third parties for the purpose of enabling Bestmed to fulfil its contractual obligations towards me.
  - 2.12 To analyse my Personal Information collected for research and statistical purposes.
  - 2.13 To transfer my Personal Information across the borders of South Africa to other jurisdictions should it be required in the legitimate pursuit of Bestmed's business requirements.
  - 2.14 To carry out analysis and profiling of my membership profile.
- 3. In as far as I provide Bestmed with the Personal Information of any third party, including my spouse(s), children or other dependants, I hereby warrant that I have acquired the consent of such third party to do so and in the event of that individual being a child, I do so in my capacity as a "competent person" in respect of such Personal Information, as contemplated in terms of the provisions of POPIA.

Accordingly, I hereby indemnify and hold Bestmed harmless against any claims of whatever nature that may arise as a result of the processing of any Personal Information as provided by myself, for purposes of my membership with Bestmed.

4. Aside from information which is legally required (such as tax certificates, vital benefit information and claims statements) Bestmed may also send me important information about Bestmed products and services - such as the Bestmed Newsletter and additional benefit information.

Yes	No

Signature of applicant

# 15. STATEMENT OF APPLICANT (principal member name and surname) hereby declare that: a. Should I be enrolled as a member of Bestmed, I shall subject myself to the rules of Bestmed; b. By signing this form, I agree to the terms and conditions of Bestmed's Beat network options and Rhythm options where applicable. c. The information furnished herein is completely true and correct to the best of my knowledge and conviction and that I have not omitted or concealed any information; I accept that a savings account will be allocated pro rata (if applicable); d. I understand that if my application for membership is approved and accepted, the information furnished on my application form will be used as the basis of my application and the payment of benefits in the future; e. I irrevocably hereby grant permission on behalf of myself as well as on behalf of my dependant(s) (if applicable) to any physician, person or party who may be in possession of or obtain information concerning my state of health or that of my dependant(s), treatment received or expected as well as any other relevant information to divulge such information to Bestmed or its proxy on demand, also after my death or that of my dependant(s); I understand that this information together with other information will be used to evaluate the payment of benefits for certain medical conditions, I warrant that I have obtained my dependant(s) consent to grant this authorisation; f. I undertake to pay my share of accounts to Bestmed; on default, I hereby authorise my employer / business to deduct the amount due from my salary or should I resign, I hereby authorise my employer / business to deduct the amount due from my pension or any other monies due to me and pay this over to Bestmed; g. I acknowledge that my date of application does not necessarily refer to my date of admission as a member of Bestmed. I further acknowledge that my date of admission will be communicated to me by Bestmed as soon as possible hereafter. h. If my health or my dependant's health changes or gets worse before the latest of these three dates — the membership start date set by Bestmed, the date Bestmed approves the application, or the date they receive the first payment — then Bestmed has the right to review the application again and may offer different membership i. If after or during my admission as a member of Bestmed it is found that any statement or information furnished by me was knowingly and/or wilfully inadequate, incomplete or untrue, Bestmed reserves the right to cancel the membership. If such is the case, I agree to refund in full to Bestmed all payments which Bestmed may have made on my behalf and to relinquish any claim to any benefits on the part of Bestmed: By signing this form, I agree to the terms and conditions of Bestmed's membership registration and confirm that I have fully read and understood each of the pages included in this form. Signature of applicant

Cut-off date for submission of new applications is the 27<sup>th</sup> of the month, this is to secure the following months start date. Incomplete applications or missing documents may impede the start date.

on this

month

day of

Signed at