2026 Hospital list:

Beat and Rhythm network options













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Important: The day hospitals, acute rehabilitation facilities and mental health facilities are included in the Beat and Rhythm network options. Members can find their nearest provider via the Bestmed App or online Member portal.

Legend for hospital groups:

BUSA Busamed Hospital Group
CLINIX Clinix Health Group
IND Independent private hospitals
LIFE Life Healthcare
LEN Lenmed Hospital Group
M/C Mediclinic
NET Netcare
NHN National Hospital Network

DSP Network Hospital List - Beat and Rhythm 2026 V1.12 (2026-11-11)

1 Gauteng

Town	Hospital	Prac No.	Group
Carletonville	The Fountain Hospital	5708648	NHN
Heidelberg	Suikerbos Rand Clinic	5808987	LIFE
Johannesburg	Bedford Gardens Private Hospital	5808316	LIFE
Johannesburg	Busamed Modderfontein Private Hospital	0651168	BUSA
Johannesburg	Genesis Clinic	1340050	NHN
Johannesburg	Nelson Mandela Children's Hospital	0782513	NHN
Johannesburg	Netcare Mulbarton Hospital	5808278	NET
Johannesburg	Oxford Maternity Unit	1057839	NHN
Johannesburg	Wits University Donald Gordon Med	5806682	M/C
Kempton Park	Arwyp Medical Centre	5807891	NHN
Krugersdorp	Krugersdorp Hospital	5808111	NET
Lenasia	Lenmed Ahmed Kathrada	5808324	LEN
Lenasia	Lenmed Daxina Private Hospital	0490296	LEN
Midstream	Mediclinic Midstream Hospital	0579068	M/C
Pretoria	Botshilu Private Hospital	0556394	NHN
Pretoria	Cintocare	0922900	NHN
Pretoria	Femina Hospital	5804248	NET
Pretoria	Louis Pasteur Hospital	5808820	NHN
Pretoria	Mediclinic Heart Hospital	5808634	M/C
Pretoria	Mediclinic Kloof	0120928	M/C
Pretoria	Mediclinic Legae	5808499	M/C
Pretoria	Mediclinic Medforum	5807867	M/C
Pretoria	Mediclinic Muelmed	5808065	M/C
Pretoria	Netcare Montana Hospital	5809002	NET
Pretoria	Optimed Eye & Laser Clinic	0121622	NHN
Pretoria	Raslouw Private Hospital	1028618	NHN
Pretoria	Urolocare Hospital (ex Pretoria Urology Hospital)	5808847	NHN
Pretoria	Zuid Afrikaans Hospitaal	5805112	NHN
Randfontein	Lenmed Health Randfontein Private Hospital	491551	LEN
Randburg	Johannesburg Surgical Hospital	1120298	NHN
Randburg	Medfem Clinic	5709199	M/C
Roodepoort	Life Wilgeheuwel Hospital	5808839	LIFE
Sandton	Mediclinic Morningside	5807824	M/C
Sandton	Mediclinic Sandton	5805139	M/C
Soweto	Dr SK Matseke Memorial Hospital	5807816	Clinix
Springs	Springs Parkland Clinic	5807034	LIFE
Tembisa	Lenmed Zamokuhle Private Hospital	5709180	LEN
Vanderbijlpark	Cormed Hospitaal	5709113	NHN
Vanderbijlpark	Mediclinic Emfuleni	5808375	M/C
Vanderbijlpark	Midvaal Hospital	5808898	NHN
Vereeniging	Mediclinic Vereeniging	5808081	M/C

2 North West

Town	Hospital	Prac No.	Group
Brits	Mediclinic Brits	5808723	M/C
Klerksdorp	Sunningdale Hospital	5706696	LEN
Klerksdorp	Wilmed Park Hospital	5808812	LEN
Mafikeng	Victoria Itokolle Private Hospital	0223891	CLINIX
Mogwase	Lesego Private Hospital	1090100	NHN
Potchefstroom	Mediclinic Potchefstroom	5808057	M/C
Potchefstroom	Mooimed Private Hospital	0259470	LEN
Rustenburg	Rustenburg Medicare Centre	0417491	NHN
Vryburg	Vryburg Private Hospital	0909181	NHN

3 Free State

Town	Hospital	Prac No.	Group
Bethlehem	Mediclinic Hoogland	5808707	M/C
Bloemfontein	AT Specialist Hospital	1187201	NHN
Bloemfontein	Busamed Bram Fischer International Airport Hospital	0725935	BUSA
Bloemfontein	Cairnhall Hospital	0038695	NHN
Bloemfontein	Emoyamed Private Hospital	1177117	NHN
Bloemfontein	Mediclinic Bloemfontein	5808154	M/C
Bloemfontein	Pasteur Eye Hospital	0225681	NHN
Frankfort	Riemland Clinic	5709105	NHN
Harrismith	Busamed Harrismith Private Hospital	0662186	BUSA
Kroonstad	Kroon Hospital	5808383	NET
Welkom	Mediclinic Welkom	5808758	M/C
Welkom	RH Matjhabeng	0750212	NHN

4 Limpopo

Town	Hospital	Prac No.	Group
Hoedspruit	Hoedspruit Private Hospital	1220691	NHN
Lebowakgomo	Medleb Hospital	0751065	NHN
Lephalale	Mediclinic Lephalale	5708125	M/C
Louis Trichardt	Quality Care Private Hospital	0492094	NHN
Louis Trichardt	Zoutpansberg Medical Centre	0253871	NHN
Mokopane	Mogalakwena Private Hospital	1359169	NHN
Polokwane	Mediclinic Limpopo	5808189	M/C
Thabazimbi	Mediclinic Thabazimbi	5709202	M/C
Tzaneen	Mediclinic Tzaneen	132454	M/C

5 Mpumalanga

Town	Hospital	Prac No.	Group
Barberton	RH Phodiclinic	0765325	NHN
Barberton	Mediclinic Barberton	5709148	M/C
Emalahleni	Emalahleni Private Hospital	0413615	NHN
Emalahleni	Life Cosmos Hospital	5807980	LIFE
Ermelo	Mediclinic Ermelo	5808863	M/C
Middelburg	Middelburg Private Hospital	5808243	LIFE
Nelspruit	Kiaat Private Hospital	0558818	NHN
Nelspruit	Busamed Lowveld Private Hospital	0463345	BUSA
Nelspruit	Mediclinic Nelspruit	5808340	M/C
Nelspruit	Surgiclinic	0516414	NHN
Piet Retief	Piet Retief Private Hospital	0812218	NHN
Trichardt	Mediclinic Highveld	5807956	M/C

6 KwaZulu-Natal

Town	Hospital	Prac No.	Group
Amanzimtoti	Kingsway Hospital	5808200	NET
Cato Ridge	Hibiscus Hospital Cato Ridge	885940	NHN
Durban	Ahmed Alkadi Private Hospital	675865	NHN
Durban	Capital Super Speciality Hospital	0962031	NHN
Durban	Chatsmed Garden Hospital	5808219	LIFE
Durban	Busamed Gateway Private Hospital	0566225	BUSA
Durban	Busamed Hillcrest Private Hospital	0426563	BUSA
Durban	Isipingo Hospital	1126385	JMH
Durban	JMH City Hospital	5808367	JMH
Durban	Lenmed Ethekwini Hospital and Heart Centre	0305251	LEN
Durban	Lenmed Health Shifa Hospital	5808464	LEN
Howick	Lenmed Howick Private Hospital	0934550	LEN
Kokstad	Netcare Kokstad Private Hospital	0174602	NET
Ladysmith	Lenmed La Verna Hospital	5808235	LEN
Newcastle	Mediclinic Newcastle	5808871	M/C
Nongoma	Nongoma Private Hospital	147362	IND
Pietermaritzburg	Daymed Private Hospital	0770973	NHN
Pietermaritzburg	Eden Gardens Private Hospital	0765228	NHN
Pietermaritzburg	Mediclinic Pietermaritzburg	5808073	M/C
Pietermaritzburg	Midlands Medical Centre	0773409	NHN
Port Shepstone	Hibiscus Private Hospital	5808901	NHN
Port Shepstone	Shelley Beach Hospital	0781886	NHN
Richards Bay	Melomed Richards Bay	0721263	NHN

Town	Hospital	Prac No.	Group
Scottburgh	Hibiscus Hospital Scottburgh	1158252	NHN
Stanger	KwaDukuza Hospital	0727334	NHN
Tongaat	Victoria Hospital	5708567	M/C
Vryheid	AbaQulusi Hospital	0808458	NHN

7 Eastern Cape

Town	Hospital	Prac. No.	Group
East London	St James' Hospital	1155598	LIFE
East London	Life Beacon Bay Hospital	0357669	LIFE
East London	Life St Dominic's Hospital	5808294	LIFE
East London	Metro Maternity Home	0739715	NHN
East London	Royal Buffalo Specialist Hospital	1015249	NHN
Gqeberha	Aurora Hospital	5709024	NHN
Gqeberha	New Mercantile Hospital	5808626	LIFE
Gqeberha	St George's Hospital	5807972	LIFE
Matatiele	Matatiele Private Hospital	0282820	NHN
Mthatha	Crestcare St Mary's Private Hospital	1207709	NHN
Mthatha	Cross-Med Mthatha Private Hospital	553506	NHN
Mthatha	Herolim Private Hospital	1156837	NHN
Queenstown	Care Cure Queenstown	0699942	NHN
Queenstown	Life Queenstown Private Hospital	5709156	LIFE
Uitenhage	Cuyler Hospital	5808642	NET

8 Northern Cape

Town	Hospital	Prac No.	Group
Hartswater	Jane Keyser Clinic	0455997	NHN
Kathu	Lenmed Health Kathu Private Hospital	0580619	LEN
Kimberley	Hospital @ Ekhaya	1217828	NHN
Kimberley	Kimmed Private Hospital	0786144	NHN
Kimberley	Lenmed Royal and Heart Centre	0761761	LEN
Kimberley	Mediclinic Kimberley	5808049	M/C
Upington	Mediclinic Upington	5808804	M/C

9 Western Cape

Town	Hospital	Prac No.	Group
Belville	Melomed Belville Hospital	5802881	NHN
Cape Town	Cape Eye Hospital	5709083	NHN
Cape Town	Mediclinic Cape Gate	0366714	M/C
Cape Town	Mediclinic Cape Town	5808995	M/C
Cape Town	Mediclinic Constantiaberg	5807999	M/C
Cape Town	Mediclinic Louis Leipoldt	5806860	M/C
Cape Town	Mediclinic Milnerton	5808669	M/C
Cape Town	Mediclinic Panorama	5807913	M/C
Cape Town	Melomed Gatesville	5808103	M/C
Cape Town	Melomed Mitchell's Plain	5807948	NHN
Cape Town	Melomed Tokai	0635243	NHN
Cape Town	Rondebosch Heart Centre	1127667	NHN
Cape Town	Rondebosch Medical Centre	0441279	NHN
Cape Town	Busamed Paardevlei Private Hospital	0584509	BUSA
Durbanville	Mediclinic Durbanville	5808766	M/C
George	Geneva Clinic	5709059	M/C
George	Mediclinic George	5807905	M/C
Hermanus	Mediclinic Hermanus	5709091	M/C
Knysna	Knysna Private Hospital	5808960	LIFE
Malmesbury	Crestcare Malmesbury	1191330	NHN
Mossel Bay	Bay View Private Hospital	5808790	LIFE
Oudtshoorn	Mediclinic Klein Karoo	5808928	M/C
Paarl	Mediclinic Paarl	5808251	M/C
Plettenberg Bay	Mediclinic Plettenberg Bay	0283207	M/C
Robertson	Carewell Robertson Private Hospital	1141171	NHN
Somerset West	Mediclinic Vergelegen	5808030	M/C
Stellenbosch	Mediclinic Winelands Orthopaedic Hospital	0819409	M/C
Stellenbosch	Mediclinic Stellenbosch	5808405	M/C
Vredenburg	West Coast Private Hospital	5808979	LIFE
Worcester	Mediclinic Worcester	5808006	M/C

10 Drug and alcohol rehab

Gauteng

Town	Hospital	Prac No.	Group
Benoni	Care Youth Revival Sanctuary	1132814	IND
Benoni	Renew Adult Rehabilitation Clinic	1321927	IND
Boksburg	SANCA Horizon Alcohol & Drug Centre	0046035	IND
Johannesburg	Changes Treatment Centre	0537861	IND
Johannesburg	Crossroads Recovery Centre	0963100	IND
Johannesburg	Rand Aid Association	0051500	IND
Kempton Park	Elim Clinic	0037877	IND
Lenasia	SANCA Nishtara Lodge	0299693	IND
Pretoria	Clearview Clinic	0427942	IND
Pretoria	Crossroads Recovery Centre	0478555	IND
Pretoria	SANCA Pretoria Society	0106593	IND
Pretoria	Stabilis Treatment Centre	0043494	IND
Pretoria	The Way Recovery (Pty) Ltd	0749699	IND
Pretoria	The Way Recovery	1041231	IND
Randburg	Houghton House	0231975	IND

North West

Town	Hospital	Prac No.	Group
Klerksdorp	SANPARK Alcohol & Drug Centre	0047449	IND
Rustenburg	Hope Hill Rehabilitation Centre	0987468	IND

Free State

Town	Hospital	Prac No.	Group
Bloemfontein	Galino House	0624020	IND
Bloemfontein	SANCA Aurora Alcohol & Drug Centre	0051284	IND

Limpopo

Town	Hospital	Prac No.	Group
Hoedspruit	Jahara Treatment Centre	1138030	IND
Polokwane	Hlabirwa Rehabilitation Clinic	1152793	IND

Mpumalanga

Town	Hospital	Prac No.	Group
Sabie	Bread of Life Healing Ministries	1080571	IND
Sabie	Pace Recovery Centre	0721476	IND
White River	White River Manor	0632074	IND

KwaZulu-Natal

Town	Hospital	Prac No.	Group
Durban	Careline Crisis and Trauma Centre	1039393	IND
Durban	Choose Life Specialist Recovery Centre	0771422	IND
Durban	SANCA Durban Alcohol and Drug Centres	0101125	IND
Kwadukuza	Wellvale Recovery Centre	1231170	IND
Mooi River	The Cedars	1061119	IND
Scottburgh	The Cedars	0943495	IND
Umkomaas	Choose Life Beach Rehabilitation Centre	1119842	IND

Eastern Cape

Town	Hospital	Prac No.	Group
East London	SANCA Central Eastern Cape	0057967	IND
Gqebertha	Step Away Treatment Centre	0565407	IND
Gqebertha	Welbedacht Therapeutic Centre	0051586	IND

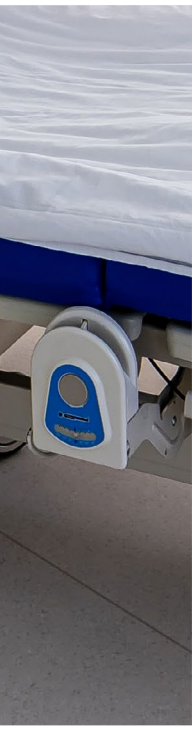
Western Cape

Town	Hospital	Prac No.	Group
Cape Town	Akeso Stepping Stones	0707422	IND
Cape Town	Cherrywood House	1252453	IND
Cape Town	Ramot Centre	0051233	IND
Cape Town	Safehaven	0681237	IND
Cape Town	The Cedars-Cape Manor House	1210467	IND
Worcester	Toevlug Rehabilitation Centre	0043583	IND

Notes

Notes





HOSPITAL AUTHORISATION
Tel: 080 022 0106
Email: authorisations@bestmed.co.za

CHRONIC MEDICINE
Tel: 086 000 2378
Email: medicine@bestmed.co.za

CLAIMS
Tel: 086 000 2378
Email: service@bestmed.co.za (queries)
claims@bestmed.co.za (claim submissions)

MATERNITY CARE
Tel: 012 472 6797
Email: maternity@bestmed.co.za

WALK-IN FACILITY
Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS
PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

NETCARE 911
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Email: customer.service@netcare.co.za (queries)

PMB
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Email: pmb@bestmed.co.za

INTERNATIONAL MEDICAL TRAVEL INSURANCE (AZOZA, PREVIOUSLY EUROP ASSISTANCE)
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Claims and emergencies: assist@azoza.co.za
Travel registrations: bestmed-assist@linkham.com

COMPLAINTS
Tel: +27 (0)86 000 2378
Email: escalations@bestmed.co.za or
(Subject box: Manager, escalated query)
Postal address:
PO Box 2297,
Pretoria, Gauteng, 0001

CMS ESCALATIONS
Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: complaints@medicalschemes.co.za

Postal Address:
Private Bag X34, Hatfield, 0028

Physical Address:
Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

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