

## Chronic Disease List

The Chronic Disease List (CDL) provides cover for the 27 listed chronic conditions for which medical schemes must cover the diagnosis, medical management and medicines as published by the Council for Medical Schemes. An additional 16 conditions are covered as Prescribed Minimum Benefits (PMB), where the medical management and medicines are also covered from Scheme benefits. Non-CDL chronic conditions are those additional conditions that Bestmed provides chronic medicine cover for. Authorisation for CDL, PMB and non-CDL chronic medicines is subject to clinical funding guidelines and protocols, formularies and Designated Service Providers (DSPs) where applicable. Approved CDL and PMB chronic medicines are covered without an annual financial limit while non-CDL chronic medicines are subject to an annual financial limit. Below is the list of CDL, PMB and non-CDL conditions that Bestmed covers on the various benefit options.

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	PULSE1	PULSE2
Reimbursement for CDL		100% of Scheme tariff									
Reimbursement for non-CDL		N/A	N/A	80% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	N/A	90% of Scheme tariff
Non-formulary co-payment for CDL		40%	40%	40%	30%	35%	30%	25%	20%	40%	25%
No. of non-CDL conditions		0	0	5	9	7	18	19	28	0	16
Non-formulary co-payment for non-CDL		N/A	N/A	35%	25%	30%	25%	20%	15%	N/A	20%
<b>CDL</b>											
CDL 1	Addison's disease	√	√	√	√	√	√	√	√	√	√
CDL 2	Asthma	√	√	√	√	√	√	√	√	√	√
CDL 3	Bipolar mood disorder	√	√	√	√	√	√	√	√	√	√
CDL 4	Bronchiectasis	√	√	√	√	√	√	√	√	√	√
CDL 5	Cardiomyopathy	√	√	√	√	√	√	√	√	√	√
CDL 6	Chronic renal disease	√	√	√	√	√	√	√	√	√	√
CDL 7	Chronic obstructive pulmonary disease (COPD)	√	√	√	√	√	√	√	√	√	√
CDL 8	Cardiac failure	√	√	√	√	√	√	√	√	√	√
CDL 9	Coronary artery disease	√	√	√	√	√	√	√	√	√	√
CDL 10	Crohn's disease	√	√	√	√	√	√	√	√	√	√
CDL 11	Diabetes insipidus	√	√	√	√	√	√	√	√	√	√
CDL 12	Diabetes mellitus type 1	√	√	√	√	√	√	√	√	√	√
CDL 13	Diabetes mellitus type 2	√	√	√	√	√	√	√	√	√	√
CDL 14	Dysrhythmias	√	√	√	√	√	√	√	√	√	√
CDL 15	Epilepsy	√	√	√	√	√	√	√	√	√	√
CDL 16	Glaucoma	√	√	√	√	√	√	√	√	√	√
CDL 17	Haemophilia	√	√	√	√	√	√	√	√	√	√
CDL 18	Hyperlipidaemia	√	√	√	√	√	√	√	√	√	√
CDL 19	Hypertension	√	√	√	√	√	√	√	√	√	√
CDL 20	Hypothyroidism	√	√	√	√	√	√	√	√	√	√
CDL 21	Multiple sclerosis	√	√	√	√	√	√	√	√	√	√
CDL 22	Parkinson's disease	√	√	√	√	√	√	√	√	√	√
CDL 23	Rheumatoid arthritis	√	√	√	√	√	√	√	√	√	√
CDL 24	Schizophrenia	√	√	√	√	√	√	√	√	√	√
CDL 25	Systemic lupus erythematosus (SLE)	√	√	√	√	√	√	√	√	√	√
CDL 26	Ulcerative colitis	√	√	√	√	√	√	√	√	√	√

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	PULSE1	PULSE2
<b>NON-CDL</b>											
non-CDL 1	Acne - severe			√	√	√	√	√	√		√
non-CDL 2	Attention deficit disorder/ Attention deficit hyperactivity disorder (ADD/ADHD)			√	√	√	√	√	√		√
non-CDL 3	Allergic rhinitis			√	√	√	√	√	√		√
non-CDL 4	Eczema			√	√	√	√	√	√		√
non-CDL 5	Migraine prophylaxis			√	√	√	√	√	√		√
non-CDL 6	Gout prophylaxis				√	√	√	√	√		√
non-CDL 7	Major depression				√	√	√	√	√		√
non-CDL 8	Obsessive compulsive disorder				√		√	√	√		√
non-CDL 9	Osteoporosis						√	√	√		√
non-CDL 10	Psoriasis						√	√	√		√
non-CDL 11	Urinary incontinence						√	√	√		√
non-CDL 12	Paget's disease						√	√	√		√
non-CDL 13	Gastro-oesophageal reflux disease (GORD)				√		√	√	√		√
non-CDL 14	Ankylosing spondylitis						√	√	√		
non-CDL 15	Hypopituitarism								√		
non-CDL 16	Osteoarthritis						√	√	√		√
non-CDL 17	Alzheimer's disease						√	√	√		√
non-CDL 18	Collagen diseases						√	√	√		
non-CDL 19	Dermatomyositis						√	√	√		
non-CDL 20	Motor neuron disease								√		
non-CDL 21	Neuropathy							√	√		√
non-CDL 22	Polyarteritis nodosa								√		
non-CDL 23	Scleroderma								√		
non-CDL 24	Sjogren's disease								√		
non-CDL 25	Trigeminal neuralgia								√		
non-CDL 26	Psoriatic arthritis								√		
non-CDL 27	Blepharospasm								√		
non-CDL 28	Dystonia								√		
<b>PMB</b>											
PMB 1	Aplastic anaemia	√	√	√	√	√	√	√	√	√	√
PMB 2	Chronic anaemia	√	√	√	√	√	√	√	√	√	√
PMB 3	Benign prostatic hypertrophy	√	√	√	√	√	√	√	√	√	√
PMB 4	Cushing's disease	√	√	√	√	√	√	√	√	√	√
PMB 5	Cystic fibrosis	√	√	√	√	√	√	√	√	√	√
PMB 6	Endometriosis	√	√	√	√	√	√	√	√	√	√
PMB 7	Female menopause	√	√	√	√	√	√	√	√	√	√
PMB 8	Fibrosing alveolitis	√	√	√	√	√	√	√	√	√	√

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	PULSE1	PULSE2
PMB 9	Graves' disease	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 10	Hyperthyroidism	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 11	Hypophyseal adenoma	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 12	Idiopathic thrombocytopenic purpura	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 13	Paraplegia/Quadriplegia	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 14	Polycystic ovarian syndrome	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 15	Pulmonary embolism	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 16	Stroke	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

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### BESTMED HIV/AIDS DSP PHARMACIES CLICKS DIRECT MEDICINE (COURIER PHARMACY)

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Website: [www.clicks.co.za](http://www.clicks.co.za)

### DIS-CHEM DIRECT (PREVIOUSLY OPTIPHARM COURIER PHARMACY)

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