



**Rhythm Acute  
Medicine  
Formulary**

2023-2024

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**bestMed**  
personally yours

Benefits are subject to the following:

- Mediscor Reference Price (MRP)  
This price represents the reasonable price in the market place for a particular group of generic equivalent medicines which is reviewed and updated regularly. MRP sets a maximum reimbursable price for a list of generically similar medicines with a cost lower than that of the original medicine. There may be instances where a generic alternative costs more than the set MRP. If you opt to use the original medicine and a generic alternative is available, or you use a medicine that costs more than the MRP, you will have to pay the difference between the price of the chosen medicine and that of MRP.
- Annual quantities/limits are applied as specified below. No further funding once the limit has been reached.
- This formulary is applicable to Bestmed Rhythm1 and Rhythm2 options.
- This formulary is subject to change without notice.

## ANALGESICS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
ASPIRIN 300MG	
DICLOFENAC 12.5MG SUPPOSITORIES	
MEFENAMIC ACID 250MG	
MEFENAMIC ACID 50MG/5ML SUSPENSION	
MEFANAMIC ACID 125MG SUPPOSITORIES	
IBUPROFEN 200MG/ CODEINE PHOSPHATE 10MG	200 PER ANNUM
IBUPROFEN 200MG/ PARACETAMOL 250MG	
IBUPROFEN 200MG/ PARACETAMOL 350MG	
IBUPROFEN 200MG/ PARACETAMOL 250MG/ CODEINE PHOSPHATE 10MG	200 PER ANNUM
IBUPROFEN 200MG/ PARACETAMOL 350MG/ CODEINE PHOSPHATE 10MG	
PARACETAMOL 320MG/ CODEINE PHOSPHATE 8MG	
PARACETAMOL 320MG/ MEPROBAMATE 15MG	
PARACETAMOL 500MG/ CODEINE PHOSPHATE 8MG	
PARACETAMOL 500MG/ CODEINE PHOSPHATE 10MG	
PARACETAMOL 320MG/ CODEINE PHOSPHATE 8MG/ CAFFEINE ANHYDROUS 32MG/ MEPROBAMATE 150MG	
PARACETAMOL 320MG/ CODEINE PHOSPHATE 8MG/ CARREINE ANHYDROUS 48MG/ MEPROBAMATE 150MG	
PARACETAMOL 500MG	
PARACETAMOL 120MG/5ML SYRUP	
PARACETAMOL 120MG/ CODEINE PHOSPHATE 5MG/ PROMETHAZIN HCL 6.5MG/5MLSYRUP	400ml PER ANNUM
TRAMADOL HCL 50MG	200 PER ANNUM
TRAMADOL HCL 37.5MG/ PARACETAMOL 325MG	

## ANTHELMINTICS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
MEBENDAZOLE 100MG	2 FILLS PER ANNUM
MEBENDAZOLE 500MG	
MEBENDAZOLE 100MG/5ML	2 FILLS PER ANNUM
PRAZIQUANTEL 500MG	2 FILLS PER ANNUM
PRAZIQUANTEL 600MG	

## ANTI-VIRAL AGENTS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
ACICLOVIR 200MG	
ACICLOVIR 400MG	
ACICLOVIR 50MG/G CREAM	
CEFACLOR MR 375MG	
CEFACLOR 187MG/5ML SUSPENSION	
CEFACLOR 375MG/5ML SUSPENSION	
CEFADROXIL 500MG	
CEFADROXIL 250MG/5ML SUSPENSION	
CEFADROXIL 500MG/5ML SUSPENSION	
CEFALEXIN 250MG	
CEFALEXIN 500MG	
CEFALEXIN 125MG/5ML SUSPENSION	
CEFALEXIN 250MG/5ML SUSPENSION	
CEFPODOXIME 100MG	
CEFPODOXIME 200MG	
CEFPODOXIME 40MG/5ML SUSPENSION	
CEFUROXIME 250MG	
CEFUROXIME 500MG	
CEFUROXIME 125MG/5ML SUSPENSION	
FLUCONAZOLE 150MG	
METRONIDAZOLE 200MG	
METRONIDAZOLE 400MG	
METRONIDAZOLE 200MG/5ML SUSPENSION	
NYSTATIN 100000U/ML SUSPENSION	

## ANTI-BIOTICS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
AMOXICILLIN 250MG	
AMOXICILLIN 500MG	
AMOXICILLIN 125MG/5ML SUSPENSION	
AMOXICILLIN 156MG/5ML SUSPENSION	
AMOXICILLIN 250MG/5ML SUSPENSION	
AMOXICILLIN 250MG/ CLAVULANIC ACID 125MG	
AMOXICILLIN 500MG/ CLAVULANIC ACID 125MG	
AMOXICILLIN 875MG/ CLAVULANIC ACID 125MG	
AMOXICILLIN 125MG/ CLAVULANIC ACID 31MG/5ML SUSPENSION	
AMOXICILLIN 250MG/ CLAVULANIC ACID 62MG/5ML SUSPENSION	
AMOXICILLIN 250MG/ CLAVULANIC ACID 62.5MG/5ML SUSPENSION	
AMOXICILLIN 400MG/ CLAVULANIC ACID 28.5MG/5ML SUSPENSION	

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
AMOXICILLIN 400MG/ CLAVULANIC ACID 57MG/5ML SUSPENSION	
AMOXICILLIN 250MG/ FLUCLOXACILLIN 250MG	
AMOXICILLIN 125MG/ FLUCLOXACILLIN 125MG/5ML SUSPENSION	
AMPICILLIN 250MG	
AMPICILLIN 125MG/5ML SUSPENSION	
AMPICILLIN 250MG/ CLOXACILLIN 250MG	
AMPICILLIN 125MG/ CLOXACILLIN 125MG/5ML SUSPENSION	
AZITHROMYCIN 500MG	
CIPROFLOXACIN 250MG	
CIPROFLOXACIN 500MG	
CLARITHROMYCIN MR 500MG	
CLARITHROMYCIN 125MG/5ML SUSPENSION	
CLARITHROMYCIN 250MG/5ML SUSPENSION	
CLINDAMYCIN 150MG	
CLOXACILLIN 250MG	
CLOXACILLIN 500MG	
DOXYCYCLINE 100MG	
ERYTHROMYCIN 250MG	
ERYTHROMYCIN 125MG/5ML SUSPENSION	
ERYTHROMYCIN 250MG/5ML SUSPENSION	
FLUCLOXACILLIN 250MG	
NORFLOXACIN 400MG	
OXYTETRACYCLINE 250MG	
PHENOXYMETHYL PENICILLIN K 250MG	
PHENOXYMETHYL PENICILLIN K 125MG/5ML SUSPENSION	
ROXITHROMYCIN 150MG	
SULPHAMETHOXAZOLE 400MG/ TRIMETHOPRIM 80MG	
SULPHAMETHOXAZOLE 800MG/ TRIMETHOPRIM 160MG	
SULPHAMETHOXAZOLE 200MG/ TRIMETHOPRIM 40MG/5ML SUSPENSION	

## AUTACOIDS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
CETIRIZINE 10MG	
CHLORPHENIRAMINE 4MG	
CHLORPHENIRAMINE 2MG/5ML SYRUP	
LORATADINE 10MG	
LORATADINE 5MG/5ML SYRUP	
PROMETHAZINE 10MG	
PROMETHAZINE 25MG	
PROMETHAZINE 5MG/5ML SYRUP	

## BLOOD AND HAEMOPOEITIC

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
FERROUS FUMARATE 200MG/ FOLIC ACID 100MCG	
FERROUS LACTATE 25MG/ML DROPS	
FERROUS SULPHATE 170MG/ MANGANESE SULPHATE 2.5MG/ COPPER SULPHATE 2.5MG	
FERROUS SULPHATE 30MG	
FERROUS SULPHATE 75MG	
FERROUS SULPHATE 100MG	

## CARDIOVASCULAR

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
GLYCERYL TRINITRATE 0.5MG SUBLINGUAL	
ISOSORBIDE DINITRATE 5MG SUBLINGUAL	

## CENTRAL NERVOUS SYSTEM

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
ALPRAZOLAM 0.25MG	100 PER ANNUM
ALPRAZOLAM 0.5MG	
ALPRAZOLAM 1MG	
DIAZEPAM 5MG	
NITRAZEPAM 5MG	
OZAXEPAM 10MG	
OZAXEPAM 15MG	
OZAXEPAM 30MG	

## CENTRAL NERVOUS SYSTEM - OTHER

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
CINNARIZINE 25MG	100 PER ANNUM
ELETRIPTAN 20MG	100 PER ANNUM
ELETRIPTAN 40MG	
ERGOTAMINE 2MG/ CYCLIZINE HCL 50MG/ CAFFEINE 100MG	100 PER ANNUM
NARATRIPTAN 2.5MG	100 PER ANNUM
SUMATRIPTAM 50MG	100 PER ANNUM
SUMATRIPTAM 100MG	

## DERMATOLOGICALS - TOPICAL CORTICO-STEROIDS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
BECLOMETASONE 0.25MG/G CREAM	4 FILLS PER ANNUM
BETAMETASONE 1MG/G CREAM	
BETAMETASONE 5MG/5G CREAM	
BETAMETASONE 5MG/5G OINTMENT	
BETAMETASONE 15MG/15G CREAM	
BETAMETASONE 0.1G/100G CREAM	
FLUOCINOLONE 1.25MG/5G CREAM	
FLUOCINOLONE 1.25MG/5G OINTMENT	
HYDROCORTISONE 0.1G/10G CREAM	
HYDROCORTISONE 10MG/G CREAM	
NITROFURAZONE 0.2G/100G OINTMENT	

## DERMATOLOGICALS - OTHER

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
AMETHOCAINE 1G/100G CREAM	4 FILLS PER ANNUM
BENZYLBenzoate 25% LOTION	4 FILLS PER ANNUM
CALAMINE LOTION	4 FILLS PER ANNUM
CETRIMIDE 1% CREAM	4 FILLS PER ANNUM
CLOTRIMAZOLE 10MG/G CREAM	4 FILLS PER ANNUM
DIIDIXYQUINOLINE 150MG/ BENZOCAINE 50MG/ CHLOROBUTANOL 50MG/5G CREAM	4 FILLS PER ANNUM
DIPHENHYDRAMINE HCL 10MG/ ZINC OXIDE 50MG/ CALAMINE 150MG/ PHENOL 4MG/ML LOTION	4 FILLS PER ANNUM
HYDROCORTISONE 12.5MG/ DIIDOXYQUINOLINE 150MG/ CHLOROBUTANOL 50MG/5G CREAM	4 FILLS PER ANNUM
NYSTATIN 100000U/G CREAM	4 FILLS PER ANNUM
NYSTATIN 100000U/G OINTMENT	
MEPYRAMINE 0.2G/25G CREAM	4 FILLS PER ANNUM
MEPYRAMINE 2G/100G CREAM	
MEPYRAMINE 20MG/G CREAM	
MEPYRAMINE 50MG/ DIPHENHYDRAMINE HCL 50MG/5G CREAM	4 FILLS PER ANNUM
OXYTETRACYCLINE 30MG/ POLYMYXIN B 10000MG OINTMENT	4 FILLS PER ANNUM
POVISON IODINE 2.5G/25G OINTMENT	4 FILLS PER ANNUM
SILVER SULPHADIAZINE 0.01G/G CREAM	4 FILLS PER ANNUM

## EAR, NOSE AND THROAT - INHALED CORTICO-STEROIDS

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
BECLOMETHASONE 50MCG/SPRAY NASAL SPRAY	4 FILLS PER ANNUM
FLUTICASONE 50MCG/SPRAY NASAL SPRAY	

## EAR, NOSE AND THROAT - OTHER

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
ARACHIS OIL 570MG/ PARADICHLOROBENZENE 20MG/ CHLORBUTAL 50MG/ML EAR DROPS	4 FILLS PER ANNUM
AZELASTINE 0.14MG/ML NASAL SPRAY	4 FILLS PER ANNUM
CETALKONIUM CL/ CHOLINE SALICYLATE	4 FILLS PER ANNUM
CHLORAMPHENICOL 2MG/ NAPHAZOLINE 0.5G/ NEOMYCIN 5MG/ML DROPS	4 FILLS PER ANNUM
CHLORAMPHENICOL 2MG/ NEOMYCIN 5MG/ DEXAMETHASONE 0.5MG/ML DROPS	4 FILLS PER ANNUM
DOCUSATE SODIUM 0.05G EAR DROPS	4 FILLS PER ANNUM
OXYMETAZOLINE 0.1MG/ML BABY NOSE DROPS	4 FILLS PER ANNUM
OXYMETAZOLINE 0.25MG/ML NASAL SPRAY	4 FILLS PER ANNUM
OXYMETAZOLINE 0.25MG/ML PAEDIATRIC DROPS	4 FILLS PER ANNUM
OXYMETAZOLINE 0.5MG/ML NASAL SPRAY	4 FILLS PER ANNUM
OXYMETAZOLINE 0.5MG/ML NOSE DROPS	4 FILLS PER ANNUM
PHENAZONE 50MG/ BENZOCAINE 10MG/ CARBAMIDE 120MG/ SULFACETAMIDE 100MG EAR DROPS	4 FILLS PER ANNUM
PHENAZONE 0.05G/ BENZOCAINE 0.01G/ GLYCERINE 1.185G/ML EAR DROPS	4 FILLS PER ANNUM
PHENAZONE 50MG/ PROCAINE 10MG/ HYDROXYQUINOLINE 1MG/G EAR DROPS	4 FILLS PER ANNUM
PHENAZONE 0.25G/ BENZOCAINE 0.25G/ CHLOROBUTANOL 23.25G/25G EAR DROPS	4 FILLS PER ANNUM
PHENAZONE 550MG/ BENZOCAINE 140MG/ EPHEDRINE 100MG/ DIIDOHYDROXYQUINOLINE 10MG/10G EAR DROPS	4 FILLS PER ANNUM
PHENYLEPHRINE 100MG/10ML NOSE DROPS	4 FILLS PER ANNUM
PHENYLEPHRINE 25MG/ NAPHAZOLINE 2.5MG/10ML	4 FILLS PER ANNUM
PHENYLEPHRINE 25MG/10ML PAEDIATRIC DROPS	4 FILLS PER ANNUM
PHENYLEPHRINE 50MG/ NAPHAZOLINE 5MG/ CHLOROBUTANOL 100MG/ 20ML NOSE DROPS	4 FILLS PER ANNUM
POVIDONE IODINE 1G/100ML ORAL SOLUTION	4 FILLS PER ANNUM

## ENDOCRINE SYSTEM

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
BETAMETASONE 0.6MG/5ML SYRUP	
MEDROXYPROGESTERONE 5MG	
MEDROXYPROGESTERONE 10MG	
PREDNISOLONE 5MG	
PREDNISOLONE 15MG/5ML SYRUP	
PREDNISONE 5MG	

## GASTRO-INTESTINAL TRACT

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
ALGINIC ACID 500MG/ MAGNESIUM TRISILICATE 25MG/ ALUMINIUM HYDROXIDE 100MG/ SODIUM BICARBONATE 170MG	
ALUMINIUM HYDROXIDE 300MG/5ML GEL SUSPENSION	
ALUMINIUM OXIDE 200MG/ MAGNESIUM OXIDE 200MG/ DICYCLOMINE HCL 5MG/ SIMETHICONE 40MG/10ML SUSPENSION	

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
ALUMINIUM OXIDE 200MG/ MAGNESIUM OXIDE 200MG/ DICYCLOVERINE 5MG/ DIMETHICONE 50MG SUSPENSION	
ALUMINIUM OXIDE 282MG/ MAGNESIUM OXIDE 120MG/15ML SUSPENSION	
BISACODYL 5MG	4 FILLS PER ANNUM
BISACODYL 5MG SUPPOSITORIES	
BISACODYL 10MG SUPPOSITORIES	4 FILLS PER ANNUM
BISMUTH CARBONATE 200MG/ KAOLIN 8G/ PECTIN 250MG/30ML SUSPENSION	
BISMUTH SUBGALLATE/ BISUTH OXIDE/ ZINC OXIDE OINTMENT	
CIMETADINE 200MG	
CIMETADINE 400MG	
CYCLIZINE 100MG SUPPOSITORY	
CYCLIZINE 12.5MG/5ML SYRUP	
CYCLIZINE 50MG	
GLUCOSE AND ELECTROLYTES	
HYOSCINE BUTYLBROMIDE 10MG	
HYOSCINE BUTYLBROMIDE 5MG/5ML SYRUP	
KAOLIN 1G/ PECTIN 0.05G/5ML SUSPENSION	
KAOLIN/ PECTIN WITH ELECTROLYTES SUSPENSION	
LACTULOSE 3.3G/5ML SYRUP	4 FILLS PER ANNUM
LOPERAMIDE 1MG/5ML SYRUP	
LOPERAMIDE 2MG	
MAGNESIUM HYDOXIDE	
MAGNESIUM HYDROXIDE/ ALUMINIUM HYDROXIDE/ DIMETHICONE SUSPENSION	
MAGNESIUM TRISILICATE/ ALUMINIUM HYDROXIDE	
MEBEVERINE 135MG	
METOCLOPRAMIDE 10MG	
METOCLOPRAMIDE 5MG/5ML SYRUP	
PRAMOXINE/ BISMUTH SUBGALLATE/ BISMUTH OXIDE/ BISMUTH SUBIODIDE/ RESORCINOL/ BALSAM PERU/ BENZYL BENZOATE/ ZINC OXIDE/ BORIC ACID OINTMENT	
PROCHLORPERAZINE 5MG	
RANITIDINE 150MG	
RANITIDINE 300MG	
SENNOSIDE A AND B 1.35MG	4 FILLS PER ANNUM
SENNOSIDE B 7.5MG	4 FILLS PER ANNUM
SODIUM ALGINATE 500MG/ SODIUM BICARBONATE 267MG/10ML SUSPENSION	
SODIUM BICARBONATE/ CALCIUME CARBONATE/ ALGINIC ACID SUSPENSION	
SODIUM BICARBONATE/ MAGNESIUM TRISILICATE/ MAGNESIUM CARBONATE SUSPENSION	
SODIUM BICARBONATE/ OIL OG DILL SYRUP	
SODIUM PHOSPHATE 60MG/ SODIUM ACID PHOSPHATE 160MG/ML ENEMA	4 FILLS PER ANNUM
SUCROSE 3.77G/ PHOSPHORIC ACID 85% 0.025G/5ML SYRUP	



## GENITAL SYSTEM

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
CLINDAMYCIN 40G VAGINAL CREAM	
CLOTRIMAZOLE 50G VAGINAL CREAM	

## ANTI-INFLAMMATORIES

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
COLCHICINE 0.MG	
DICLOFENAC 25MG	
DICLOFENAC 50MG	
DICLOFENAC 100MG	
IBUPROFEN 200MG	
IBUPROFEN 400MG	
IBUPROFEN 100MG/5ML SUSPENSION	
INDOMETACIN 25MG	
MEFENAMIC ACID	
NAPROXEN 250MG	

## OPHTHALMICS










ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
AZELASTINE 0.5MG/ML EYE DROPS	
BETAMETHASONE 0.1G/100ML DROPS	
CHLORAMPHENICOL 2.5MG/0.5ML SOLUTION	
CHLORAMPHENICOL 10MG/G OINTMENT	
DEXAMETHASONE 0.1G/ HYDROXYPROPYLMETHYLCELL 0.2G/100ML DROPS	
FUSIDIC ACID 10MG/G DROPS	
OFLOXACIN 3MG/ML DROPS	
PHENYLEPHRINE 1.25MG/ BORIC ACID 20MG/ML DROPS	
TETRYZOLINE 0.4MG/ ANTAZOLINE 0.5MG/ML DROPS	

## RESPIRATORY SYSTEM

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
AMINOPHYLLINE 25.199MG/10ML SYRUP	400ml PER ANNUM
AMMONIUM CHLORIDE 136MG/ DIPHENHYDRAMINE HYDROCHLORIDE 14MG/5ML SYRUP	400ml PER ANNUM
AMMONIUM CHLORIDE 273.899MG/ DIPHENHYDRAMINE 28.1MG/ SODIUM CITRATE 113.7MG/MENTHOL 2.5MG EXPECTORANT	400ml PER ANNUM
ANHYDROUSTHEOPHYLLINE 200MG	
ANHYDROUSTHEOPHYLLINE 300MG	100 PER ANNUM

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
BROMHEXINE HCL 4MG/ ORCIPRENALINE SULPHATE 5MG/5ML SYRUP	400ml PER ANNUM
CARBOCISTEINE 250MG/5ML SYRUP	400ml PER ANNUM
CHLORPHENAMINE 2MG/ PARACETAMOL 75MG/ PHENYLEPHRINE 2.5MG/ CAFFEINE 7.5MG/5ML PEADIATRIC SYRUP	400ml PER ANNUM
CHLORPHENAMINE 2MG/ PHENYLEPHRINE 2.5MG/ PHENYLPROPANOLAMINE 2.5MG/5ML SYRUP	400ml PER ANNUM
CODIENE PHOSPHATE 15MG/ PARACETAMOL 300MG/ PHENYLPROPANOLAMINE HCL 25MG/ PHENYLTOX-AMINE 22MG	100 PER ANNUM
DIPHENHYDRAMINE HCL 10MG/ PARACETAMOL 400MG/ PHENYEPHRINE 5MG/ ASCORBIC ACID 50MG	100 PER ANNUM
DIPHENHYDRAMINE HCL 12.5MG/ AMMONIUM CL 125MG/5ML SYRUP	400ml PER ANNUM
DIPHENHYDRAMINE HCL 12MG/ AMMONIUM CL 50MG/5ML SYRUP	400ml PER ANNUM
PARACETAMOL 100MG/ PHENYEPHRINE 2MG/ ASCORBIC ACID 50MG/ SALICYLAMIDE 75MG/ CAFFEINE 30MG	100 PER ANNUM
PARACETAMOL 200MG/ CHLORPHENIRAMINE 2MG/ EPHEDRINE HCL 6MG/ CAFFEINE 20MG	100 PER ANNUM
PARACETAMOL 300MG/ CHLORPHENAMINE 2MG/ PHENYLEPHRINE 5MG/ ASCORBIC ACID 75MG/ CAFFEINE 30MG	100 PER ANNUM
PARACETAMOL 300MG/ CHRLOPHENIRAMINE 20MG/ PHENYLEPHRINE HCL 5MG	100 PER ANNUM
PARACETAMOL 325MG/ PHENYLPROPANOLAMINE HCL 18MG	100 PER ANNUM
PARACETAMOL 400MG/ PHENYLEPHRINE HCL 5MG/ MEPYRAMINE 5MG	100 PER ANNUM
PARACETAMOL 500MG/ PHENYLPROPANOLAMINE HCL 25MG/ DEXTROMETHORPHAN HYDROBROMIDE 15MG/20ML SYRUP	400ml PER ANNUM
PHENYLPROPANOLAM HCL 25MG/ DEXTROMETHORPHAN HBR 15MG/ PARACETAMOL 500MG/20ML SYRUP	400ml PER ANNUM
PSEUDOEPHEDRINE HYDROCHLORIDE 30MG/5ML SYRUP	400ml PER ANNUM
PSEUDOEPHEDRINE HYDROCHLORIDE 60MG	400ml PER ANNUM
PSEUUDOEPHEDRINE HCL 30MG/ TRIPROLIDINE HCL 1.25MG/5ML SYRUP	400ml PER ANNUM
SALBUTAMOL 100MCG INHALER	2 PER ANNUM
SALBUTAMOL 2ML/5ML SYRUP	400ml PER ANNUM
SODIUM CHLORIDE 113.83MG/ AMMONIUM CHLORIDE 273.86MG/ DIPHENHYDRAMINE HYDROCHLORIDE 28.149MG/ MENTHOL 2.279MG/5ML EXPECTORANT	400ml PER ANNUM
SODIUM CITRATE 37.5MG/ AMMONIUM CHLORIDE 100MG/ DIPHENHYDRAMINE 10MG/ MENTHOL 0.75MG/5ML EXPECTORANT	400ml PER ANNUM
SODIUM CITRATE 50MG/ AMMONIUM CHLORIDE 125MG/ DIPHENHYDRAMINE HYDROCHLORIDE 12.5MG/5ML SYRUP	400ml PER ANNUM
SODIUM CITRATE 54.165MG/ AMMONIUM CHLORIDE 130MG/ DIPHENHYDRAMINE HYDROCHLORIDE 13.33MG/ CODEINE PHOSPHATE 8.33MG/5ML SYRUP	400ml PER ANNUM
SODIUM CITRATE 54.165MG/ AMMONIUM CHLORIDE 130MG/ DIPHENHYDRAMINE HYDROCHLORIDE 13.3MG/5ML SYRUP	400ml PER ANNUM
SODIUM CITRATE 55MG/ AMMONIUM CHLORIDE 135MG/ DIPHENHYDRAMINE 14.1MG/5ML SYRUP	400ml PER ANNUM
SODIUM CITRATE 56MG/ AMMONIUM CHLORIDE 136MG/ DIPHENHYDRAMINE HYDROCHLORIDE 14MG/5ML SYRUP	400ml PER ANNUM
SODIUM CITRATE 65MG/ AMMONIUM CHLORIDE 136MG/ DIPHENHYDRAMINE HYDROCHLORIDE 14MG EXPECTORANT	400ml PER ANNUM
SOIDUM CITRATE 50MG/ AMMONIUM CHLORIDE 125MG/ DIPHENHYDRAMINE HYDROCHLORIDE 12.5MG/ CODIENE PHOSPHATE 10MG/5ML SYRUP	400ml PER ANNUM
THEOPHYLLIN 56.31MG/ DIPHENHYDRAMINE HYDROCHLORIDE 28.15MG/ SODIUM CITRATE 113.83MG/ MEN-THOL 2.28MG/ AMMONIUM CHLORIDE 273.86MG/10ML SYRUP	400ml PER ANNUM
THEOPHYLLINE 26.667MG/5ML SYRUP	400ml PER ANNUM
THEOPHYLLINE 50MG/ HYDROXYETHYL THEOPHYLLINE 5MG/ DIPHENYLPYRALINE HCL 4MG/ AMMONIUM CHLORIDE 360MG/5ML ELIXIR	400ml PER ANNUM

ACTIVE INGREDIENT	QUANTITY/FILLS ALLOWED
THEOPHYLLINE 16.667MG/ HYDROXYETHYL THEOPHYL 1.667MG/ DIPHENHYDRAMINE HCL 6.667MG/ AMMONIUM CHLORIDE 120MG/ SODIUM CITRATE 50MG/5ML SYRUP	400ml PER ANNUM
TRIPROLIDINE HCL 0.625MG/ PSEUDOEPHEDRINE HCL 15MG/ PARACETAMOL 125MG/5ML SYRUP	400ml PER ANNUM
TRIPROLIDINE HCL 1.25MG/ PSEUDOEPHEDRINE HCL 30MG/ DEXTROMETHORPHAN HBR 10MG/ 5ML SOLUTION	400ml PER ANNUM
TRIPROLIDNE HCL 1.25MG/ PSEUDOEPHEDRINE HCL 30MG	400ml PER ANNUM
TRIPROLIDNE HCL 1.25MG/ PSEUDOEPHEDRINE HCL 30MG/5ML SYRUP	400ml PER ANNUM

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 @BestmedMedicalScheme  
 [www.youtube.com/user/bestmed11](http://www.youtube.com/user/bestmed11)  
 [www.linkedin.com/company/bestmed/](http://www.linkedin.com/company/bestmed/)

### HOSPITAL AUTHORISATION

Tel: 080 022 0106  
Email: [authorisations@bestmed.co.za](mailto:authorisations@bestmed.co.za)

### CHRONIC MEDICINE

Tel: 086 000 2378  
Email: [medicine@bestmed.co.za](mailto:medicine@bestmed.co.za)  
Fax: 012 472 6760

### CLAIMS

Tel: 086 000 2378  
Email: [service@bestmed.co.za](mailto:service@bestmed.co.za) (queries)  
[claims@bestmed.co.za](mailto:claims@bestmed.co.za) (claim submissions)

### MATERNITY CARE

Tel: 012 472 6797  
Email: [maternity@bestmed.co.za](mailto:maternity@bestmed.co.za)

### WALK-IN FACILITY

Block A, Glenfield Office Park,  
361 Oberon Avenue, Faerie Glen,  
Pretoria, 0081, South Africa

### POSTAL ADDRESS

PO Box 2297, Arcadia,  
Pretoria, 0001, South Africa

### NETCARE 911

Tel: 082 911  
Email: [customer.service@netcare.co.za](mailto:customer.service@netcare.co.za) (queries)

### INTERNATIONAL MEDICAL TRAVEL INSURANCE (EUROP ASSISTANCE)

Tel: 0861 838 333  
Claims and emergencies: [assist@europassistance.co.za](mailto:assist@europassistance.co.za)  
Travel registrations: [bestmed-assist@linkham.com](mailto:bestmed-assist@linkham.com)

### PMB

Tel: 086 000 2378  
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### COMPLAINTS

Tel: +27 (0)86 000 2378  
Email: [escalations@bestmed.co.za](mailto:escalations@bestmed.co.za) or  
(Subject box: Manager, escalated query)  
Postal address:  
PO Box 2297,  
Pretoria, Gauteng, 0001

### CMS ESCALATIONS

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za)

Postal Address:  
Private Bag X34, Hatfield, 0028

Physical Address:  
Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

### BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

**Hotline:** 080 111 0210 toll-free from any Telkom line

**Hotfax:** 080 020 0796

**Hotmail:** [fraud@kpmg.co.za](mailto:fraud@kpmg.co.za)

**Postal:** KPMG Hotpost, at BNT 371,  
PO Box 14671, Sinoville,  
0129, South Africa

**INDIVIDUAL CLIENTS APPLYING FOR NEW MEMBERSHIP AFTER THE FINAL DEBIT ORDER CLOSING DATE, WILL BE SUBJECT TO REGISTRATION DATE CHANGE. PLEASE CONSULT YOUR ADVISOR OR BESTMED FOR MORE INFORMATION.**

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