

BESTMED MEDICINE FORMULARY FOR CDL-CHRONIC (CHRONIC DISEASE LIST) CONDITIONS

- Benefits are subject to the following:
 - ✓ Pre-authorisation
 - ✓ Bestmed guidelines
 - ✓ Bestmed protocols
 - ➤ Below medicines are first line treatment. Second line medicines not listed, would be considered if clinical funding criteria is met as per protocol without penalties.
 - ✓ Mediscor Reference Price (MRP)

This price represents the reasonable price in the market place for a particular group of generic equivalent medicines which is reviewed and updated regularly. MRP sets a maximum reimbursable price for a list of generically similar medicines with a cost lower than that of the original medicine. There may be instances where a generic alternative costs more than the set MRP. If you opt to use the original medicine and a generic alternative is available, or you use a medicine that costs more than the MRP, you will have to pay the difference between the price of the chosen medicine and that of MRP.

- This formulary is effective from 1 January 2024.
- This formulary is subject to change without notice.
- ONLY the following medicine classes will be considered for Beat1, Beat2 and Rhythm1:
 - ✓ Intermediate Acting Insulins
 - ✓ Long-Acting Insulins
 - ✓ Short Acting Insulins
 - ✓ Glucose Meter Strips
 - ✓ Glucose Meter Lancets
 - ✓ Glucose Meter Needles

YES = formulary

NO = non-formulary with co-payment (CO-PAY)

NO BENEFIT = excluded*

*Possible funding without penalty, if first and second line treatment failed.

Block A, Glenfield Office Park 361 Oberon Avenue, Faerie Glen Pretoria, Gauteng, 0081, RSA PO Box 2297, Arcadia Pretoria, Gauteng, 0001, RSA Blok A, Glenfield Kantoorpark Oberonlaan 361, Faerie Glen Pretoria, Gauteng, 0081, RSA Posbus 2297, Arcadia Pretoria, Gauteng, 0001, RSA Client service/Klientediens 086 000 2378 Fax/Faks +27 (0)12 472 6500 E-mail/E-pos service@bestmed.co.za www.bestmed.co.za



DIABETES MELLITUS TYPE 1

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2		
<u>A</u>	<u>A</u>											
AMITRIPTYLINE 10MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
AMITRIPTYLINE 25MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
1												
INSULIN – BIPHASIC: 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE 10ML VIAL	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES		
INSULIN – BIPHASIC: 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE CARTRIDGE	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES		
INSULIN – BIPHASIC: 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE PEN 3ML	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES		
INSULIN - BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE 10ML	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
INSULIN – BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE CARTRIDGE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
INSULIN – BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE FLEXPEN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		



ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULIN – BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE KWIKPEN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – BIPHASIC: 30% SOLUBLE INSULIN ASPART/ 70% PROTAMINE CRYSTAL INSULIN ASPART FLEXPEN	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 30% SOLUBLE INSULIN ASPART/ 70% PROTAMINE CRYSTAL INSULIN ASPART PENFIL	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 50% INSULIN LISPRO/ 50% INSULIN LISPRO PROTAMINE KWIKPEN	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 50% INSULIN LISPRO/ 50% INSULIN LISPRO PROTAMINE CARTRIDGE	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 70% INSULIN DEGLUDEC/ 30% INSULIN ASPART FLEXTOUCH	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 70% INSULIN DEGLUDEC/ 30% INSULIN ASPART PENFILLS	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES



ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULIN - INTERMEDIATE TO LONG ACTING: INSULIN DEGLUDEC FLEXTOUCH	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN - INTERMEDIATE TO LONG ACTING: INSULIN DEGLUDEC PENFILL	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DETERMIR FLEXPEN	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DETERMIR PREFILLED	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE 10ML	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE CARTRIDGE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE PRE- FILL	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN - INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN 10ML	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES



ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULIN - INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN CARTRIDGE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN - INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN KWIKPEN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN - RAPID ACTING: INSULIN ASPART 10ML	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN - RAPID ACTING: INSULIN ASPART FLEXPEN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – RAPID ACTING: INSULIN ASPART PENFILL	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN - RAPID ACTING: INSULIN GLULISINE 10ML	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN - RAPID ACTING: INSULIN GLULISINE CARTRIDGE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN - RAPID ACTING: INSULIN GLULISINE SOLOSTAR	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULINE - RAPID ACTING: INSULINE LISPRO 10ML	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULINE - RAPID ACTING: INSULINE LISPRO CARTRIDGE	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES



ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULINE - RAPID ACTING: INSULINE LISPRO KWIKPEN	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN - SHORT ACTING: BIOSYNTHETIC HUMAN INSULIN 10ML	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN - SHORT ACTING: BIOSYNTHETIC HUMAN INSULIN CARTRIDGE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER STRIPS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER NEEDLES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER LANCETS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES