

# 2025

2024/2025



Contraceptive  
List

**bestMed**  
personally yours

## Contraceptives

All females of child-bearing age qualify for female contraceptives (12 years and older).

Benefits are subject to the following:

- Mediscor Reference Price (MRP)

MRP is a reference pricing model applicable to all medicines with generic equivalents or biosimilars. MRP sets a maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original medicine. If a beneficiary opts to use a medicine that is more expensive than the MRP, the beneficiary will have to pay the difference between the price of the chosen medicine and that of MRP.

- This list is subject to change without notice.

- This benefit is available on all Bestmed options.

- There is an annual limit per beneficiary per year.

NAME	NAPPI CODE
Actordene tabs	3005867001
Biphasil tab	825808006
Carmadene tabs	3005872001
Copper t premium pack (Limited to 1 device every 5 years)	600290001
Copper-t 380a (Limited to 1 device every 5 years)	438254006
Dalcept c contraceptive device (Limited to 1 device every 5 years)	664354007
Dalcept c contraceptive device (Limited to 1 device every 5 years)	664362003
Depo-provera 150mg/mL 1mL (1 injection every 3 months)	718440005
Desimar tabs	3005921001
Device contraceptive cu.375 (Limited to 1 device every 5 years)	527056002
Device cuprocept ccl (Limited to 1 device every 5 years)	549612003
Device intrauterine tricept la (Limited to 1 device every 5 years)	549607003
Diane-35 tabs	825859018
Diva-35 tabs	707875001
Drasira tabs	3005920001
Ekuvor 1.5mg tabs	3005437001
Eloine tabs	3001962001
Ermaft 0.75mg tabs	3004529001
Ermaft 1.5mg tabs	3004530001
Escapelle 1.5Mg tabs	710109001
Evra patches	704091001
Famynor tabs	720417001
Femodene ed tabs	825905001
Ginette tabs	897214005
Hy-an 30mcg tabs	720418001
Implanon nxt implant (Limited to 1 device every 3 years)	718619001
Intra uterine contraceptive iud (Limited to 1 device every 5 years)	152454001
Intra uterine contraceptive iud (Limited to 1 device every 5 years)	152456001
Intra uterine contraceptive iud (Limited to 1 device every 5 years)	152458001
Intra uterine contraceptive iud (Limited to 1 device every 5 years)	159440001
Intra uterine contraceptive iud (Limited to 1 device every 5 years)	159442001
Intra uterine contraceptive iud (Limited to 1 device every 5 years)	159443001
Intra uterine device cu375 (Limited to 1 device every 5 years)	131904001
Intra-uterine copper device cu375 (Limited to 1 device every 5 years)	137456002
Jarina tabs	3001904001
Kyleena 19.5mg iud (Limited to 1 device every 5 years)	3000026001

NAME	NAPPI CODE
Levette 0.15Mg/0.03Mg tabs	721606001
Leyla tabs	3005428001
Logynon ed tabs	825956005
Marvelon tabs	825964008
Maya tabs	723653001
Medilevo 1.5Mg tabs	3000062001
Medinor 1.5Mg tabs	3000741001
Melodene tabs	842893008
Mercilon tabs	825972019
Merdeza tabs	3006185001
Microval tabs	826006019
Minerva tabs	897311004
Minesse tabs	879576006
Minulette tabs	826014003
Mirelle tabs	880418001
Mirena kit (Limited to 1 device every 5 years)	852252005
Nessifem tabs	3005891001
Nordette tabs	826030009
Nordirol tabs	826049001
Norlevo tabs	880612002
Nova T 380 iud (Limited to 1 device every 5 years)	530671003
Novynette tabs	723085001
Nur-isterate 200mg/mL inj (1 injection every 2 months)	748552006
Nur-isterate 200mg/mL inj (1 injection every 2 months)	748552014
Nuvaring vaginal ring	715533001
Ocaz tabs	3007415001
Oralcon tabs	720419001
Ovral tabs	826138004
Petogen fsk 150mg/mL vial	780642007
Plan b 0.75Mg tabs	721167001
Qlaira tabs	716676001
Rubaz tabs	3006169001
Ruby tabs	716207001
Trigestrel tabs	720420001
Triodene ed tabs	825816009
Triphasil tabs	825832004
Vonel 0.75Mg tabs	723165001
Yade tabs	723652001
Yasmin tabs	700089001
Yasmin plus tabs	723736001
Yaz tabs	712856001
Yaz plus tabs	723730001
Ynez tabs	3001912001
Zoely 2.5Mg/1.5Mg tabs	720904001

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-  **service@bestmed.co.za**
-  **068 376 7212**
-  **012 472 6500**
-  **www.bestmed.co.za**
-  **Bestmed Medical Scheme**
-  **Bestmed Medical Scheme**

#### **HOSPITAL AUTHORISATION**

Tel: 080 022 0106  
Email: [authorisations@bestmed.co.za](mailto:authorisations@bestmed.co.za)

#### **CHRONIC MEDICINE**

Tel: 086 000 2378  
Email: [medicine@bestmed.co.za](mailto:medicine@bestmed.co.za)  
Fax: 012 472 6760

#### **CLAIMS**

Tel: 086 000 2378  
Email: [service@bestmed.co.za](mailto:service@bestmed.co.za) (queries)  
[claims@bestmed.co.za](mailto:claims@bestmed.co.za) (claim submissions)

#### **MATERNITY CARE**

Tel: 012 472 6797  
Email: [maternity@bestmed.co.za](mailto:maternity@bestmed.co.za)

#### **WALK-IN FACILITY**

Block A, Glenfield Office Park,  
361 Oberon Avenue, Faerie Glen,  
Pretoria, 0081, South Africa

#### **POSTAL ADDRESS**

PO Box 2297, Arcadia,  
Pretoria, 0001, South Africa

#### **NETCARE 911**

Tel: 082 911  
Email: [customer.service@netcare.co.za](mailto:customer.service@netcare.co.za) (queries)

#### **INTERNATIONAL MEDICAL TRAVEL INSURANCE (EUROP ASSISTANCE)**

Tel: 0861 838 333  
Claims and emergencies: [assist@europassistance.co.za](mailto:assist@europassistance.co.za)  
Travel registrations: [bestmed-assist@linkham.com](mailto:bestmed-assist@linkham.com)

#### **PMB**

Tel: 086 000 2378  
Email: [pmb@bestmed.co.za](mailto:pmb@bestmed.co.za)

#### **COMPLAINTS**

Tel: +27 (0)86 000 2378  
Email: [escalations@bestmed.co.za](mailto:escalations@bestmed.co.za) or  
(Subject box: Manager, escalated query)  
Postal address:  
PO Box 2297,  
Pretoria, Gauteng, 0001

#### **CMS ESCALATIONS**

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za)

Postal Address:  
Private Bag X34, Hatfield, 0028

Physical Address:  
Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

#### **BESTMED HOTLINE, OPERATED BY KPMG**

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

**Hotline:** 080 111 0210 toll-free from any Telkom line

**Hotfax:** 080 020 0796

**Hotmail:** [fraud@kpmg.co.za](mailto:fraud@kpmg.co.za)

**Postal:** KPMG Hotpost, at BNT 371,  
PO Box 14671, Sinoville,  
0129, South Africa