

# 2025

2024/2025



Formulary  
for maternity  
supplements

**bestMed**  
personally yours

## Bestmed maternity supplement formulary

- Benefits are subject to the Mediscor Reference Price (MRP):  
MRP is a reference pricing model applicable to all medicines with generic equivalents or biosimilars. MRP sets a maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original medicine. If a beneficiary opts to use a medicine that is more expensive than the MRP, the beneficiary will have to pay the difference between the price of the chosen medicine and that of MRP.
- This formulary is applicable to Beat3, Beat4, Pace1, Pace2, Pace3, Pace4 and Rhythm2.
- This is limited to a maximum of R139 per claim, per month for a maximum of 9 months (2024 limit is R133 per month).
- Registration on the Bestmed Maternity Care programme is required to gain access to this benefit.
- This formulary is subject to change without notice.

NAME	NAPPI CODE
9 MONTHS + CALCIUM & OMEGA 30	723620001
9 MONTHS + TABS	723505001
BAO FILIVIT CAPSULES	713206001
BUMP 2 BABY PRENATAL SUPPLEMENT	3004348001
CALCIPREG TABS	704600001
CENTRUM MATERNA DHA	714193001
CHELAPLUS IRON PREGNANCY FORM	716246001
CHELA-PREG TABS	891794005
CHELA-PREG TRIMES 1 COMBO PACK	723117001
CHELA-PREG TRIMES 2 COMBO PACK	723119001
CHELA-PREG TRIMES 3 COMBO PACK	723120001
CLICKS PAY LESS PRENATAL SUPPLEMENT	721203001
CLICKS PREGNANCY SUPPLEMENT CAPS	711165001
FEFOL MULTI-PREG CAPS	716988001
FILIBON CAPS	726257001
FS PREGNANCY FORM	704200001
HEALTHFIRST PREGNANCY SUPPLEMENT	3005412001
HOLISTIX PLATINUMNPREG PACK	717236001
MAXIPREG	3006251001
MEDIRITE PREGNANCY SUPPLEMENT	3005411001
MI-VITAMIN PREGNANCY CAPS	3002813001
MOM2B CAPS	710664001
MOM2B COMBO KIT	3000639001
MOM2B OMEGA CAPSULES	715445001
NIKIBON CAPS	894052004
NORDIC PRENATAL DHA SOFTGELS	719743001
NUTRISSENTIALS EXPECTANT MUM	711815001
OMIAGE	716302001
PREGWISE TABS	716965002
PREG O MUM COMPLETE KIT	723579001
PREG VIT CAPS	723675001
PREGGY-MAMA TABS	722210001
PREGI FORTE CAPS	715465001
PREGNACARE PLUS	714323001
PREGNACARE TABS	711697001

NAME	NAPPI CODE
PREGNAPIL PLUS CAPS	3000364001
PREG-NATAL CAPS	701693001
PREGNAVIT M CAPS	834890003
PREGNAVIT M FIZZY EFF TABS	724001001
PREGOMEGA DAY PACK	710721001
PREGOMEGA PLUS DAY PACK	713755001
PREG-O-PIN KIT	720621001
PREG-O-PIN PLUS	721186001
PREGS VITAMIN & MINERAL SUP CAPS	704602001
PREGVIT MR TABS	893038005
PREG-WELL CAPS	707327001
PREGWISE TABS	716965002
PRE-NATAL VITAMIN CAPS	3002857001
PRONATAL TABS	3003685001
PURITANS PRENATAL COMPLEX CAPS	707051001
PURITANS PRENATAL VITAMIN TABS	707079001
RDA-PREG TABS	710638001
SCRIPTSAVERS EXPECTA CAPS	715130001
SPORTRON PRENATAL PACK OMEGA	713626001
STELLAR-MAMA 30 DAY PACK	722209001
SUPRAVIT ACTIVE PREG CAPS	721111001
SUPREME PREGNANCY BOOSTER	704433001
SV PRENATAL NUTRIENTS TABS	700494001
TERRA NOVA PRENATAL MULTIVITAMIN	3005911001
TRIOPLEX EXPECTAVIT CAPS	776270001
VIRIDIAN PREGNANCY COMPLEX	712900001
VITATECH PRENATAL PACK KIT	3003101001
WELLNESS ESSENTIALS FOR PREG	713052001
ZINPLEX PREGNAPLEX TABS	3006166001

-  **086 000 2378**
-  **service@bestmed.co.za**
-  **068 376 7212**
-  **012 472 6500**
-  **www.bestmed.co.za**
-  **Bestmed Medical Scheme**
-  **Bestmed Medical Scheme**

#### **HOSPITAL AUTHORISATION**

Tel: 080 022 0106  
Email: [authorisations@bestmed.co.za](mailto:authorisations@bestmed.co.za)

#### **CHRONIC MEDICINE**

Tel: 086 000 2378  
Email: [medicine@bestmed.co.za](mailto:medicine@bestmed.co.za)  
Fax: 012 472 6760

#### **CLAIMS**

Tel: 086 000 2378  
Email: [service@bestmed.co.za](mailto:service@bestmed.co.za) (queries)  
[claims@bestmed.co.za](mailto:claims@bestmed.co.za) (claim submissions)

#### **MATERNITY CARE**

Tel: 012 472 6797  
Email: [maternity@bestmed.co.za](mailto:maternity@bestmed.co.za)

#### **WALK-IN FACILITY**

Block A, Glenfield Office Park,  
361 Oberon Avenue, Faerie Glen,  
Pretoria, 0081, South Africa

#### **POSTAL ADDRESS**

PO Box 2297, Arcadia,  
Pretoria, 0001, South Africa

#### **NETCARE 911**

Tel: 082 911  
Email: [customer.service@netcare.co.za](mailto:customer.service@netcare.co.za) (queries)

#### **INTERNATIONAL MEDICAL TRAVEL INSURANCE (EUROP ASSISTANCE)**

Tel: 0861 838 333  
Claims and emergencies: [assist@europassistance.co.za](mailto:assist@europassistance.co.za)  
Travel registrations: [bestmed-assist@linkham.com](mailto:bestmed-assist@linkham.com)

#### **PMB**

Tel: 086 000 2378  
Email: [pmb@bestmed.co.za](mailto:pmb@bestmed.co.za)

#### **COMPLAINTS**

Tel: +27 (0)86 000 2378  
Email: [escalations@bestmed.co.za](mailto:escalations@bestmed.co.za) or  
(Subject box: Manager, escalated query)  
Postal address:  
PO Box 2297,  
Pretoria, Gauteng, 0001

#### **CMS ESCALATIONS**

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za)

Postal Address:  
Private Bag X34, Hatfield, 0028

Physical Address:  
Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

#### **BESTMED HOTLINE, OPERATED BY KPMG**

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

**Hotline:** 080 111 0210 toll-free from any Telkom line

**Hotfax:** 080 020 0796

**Hotmail:** [fraud@kpmg.co.za](mailto:fraud@kpmg.co.za)

**Postal:** KPMG Hotpost, at BNT 371,  
PO Box 14671, Sinoville,  
0129, South Africa