

## BESTMED MEDICINE FORMULARY FOR CDL-CHRONIC (CHRONIC DISEASE LIST) CONDITIONS

- Benefits are subject to the following:
  - ✓ Pre-authorisation
  - ✓ Bestmed guidelines
  - ✓ Bestmed protocols
    - Below medicines are first line treatment. Second line medicines not listed, would be considered if clinical funding criteria is met as per protocol – without penalties.
  - ✓ Mediscor Reference Price (MRP)

This price represents the reasonable price in the market place for a particular group of generic equivalent medicines which is reviewed and updated regularly. MRP sets a maximum reimbursable price for a list of generically similar medicines with a cost lower than that of the original medicine. There may be instances where a generic alternative costs more than the set MRP. If you opt to use the original medicine and a generic alternative is available, or you use a medicine that costs more than the MRP, you will have to pay the difference between the price of the chosen medicine and that of MRP.
- This formulary is effective from 1 January 2026.
- This formulary is subject to change without notice.
- **ONLY the following medicine classes will be considered for Beat1, Beat2 and Rhythm1:**
  - ✓ Biguanides
  - ✓ Intermediate acting Insulins
  - ✓ Long-acting Insulins
  - ✓ Sulphonylureas
  - ✓ Glucose Meter Strips
  - ✓ Glucose Meter Lancets
  - ✓ Glucose Meter Needles

**YES** = formulary

**NO** = non-formulary with co-payment (CO-PAY)

**NO BENEFIT** = excluded\*

Block A, Glenfield Office Park  
361 Oberon Avenue, Faerie Glen  
Pretoria, Gauteng, 0081, RSA  
PO Box 2297, Arcadia  
Pretoria, Gauteng, 0001, RSA

Blok A, Glenfield Kantoorpark  
Oberonlaan 361, Faerie Glen  
Pretoria, Gauteng, 0081, RSA  
Posbus 2297, Arcadia  
Pretoria, Gauteng, 0001, RSA

Client service/Klientediens 086 000 2378  
Fax/Faks +27 (0)12 472 6500  
E-mail/E-pos service@bestmed.co.za  
www.bestmed.co.za

\*Possible funding without penalty, if first and second line treatment failed.

## DIABETES MELLITUS TYPE 2

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
<b>A</b>										
AMITRIPTYLINE 10MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
AMITRIPTYLINE 25MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>C</b>										
CHLOPROPAMIDE 250MG	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>G</b>										
GLIBENCLAMIDE 5MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE 40MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE 80MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE MR 30MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE MR 60MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZINE MR 90MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLIMEPIRIDE 1MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLIMEPIRIDE 2MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLIMEPIRIDE 2MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
!										
<b>INSULIN – BIPHASIC:</b> 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE 10ML VIAL	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE CARTRIDGE	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE PEN 3ML	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 30% SOLUBLE/ 70% ISOPHANE 10ML	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – BIPHASIC:</b> 30% SOLUBLE/ 70% ISOPHANE CARTRIDGE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – BIPHASIC:</b> 30% SOLUBLE/ 70% ISOPHANE FLEXPEN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – BIPHASIC:</b> 30% SOLUBLE/ 70% ISOPHANE KWIKPEN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
<b>INSULIN – BIPHASIC:</b> 30% SOLUBLE INSULIN ASPART/ 70% PROTAMINE CRYSTAL INSULIN ASPART <b>FLEXPEN</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 30% SOLUBLE INSULIN ASPART/ 70% PROTAMINE CRYSTAL INSULIN ASPART <b>PENFIL</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 50% INSULIN LISPRO/ 50% INSULIN LISPRO PROTAMINE <b>KWIKPEN</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 50% INSULIN LISPRO/ 50% INSULIN LISPRO PROTAMINE <b>CARTRIDGE</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 70% INSULIN DEGLUDEC/ 30% INSULIN ASPART <b>FLEXTOUCH</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – BIPHASIC:</b> 70% INSULIN DEGLUDEC/ 30% INSULIN ASPART <b>PENFILL</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING:</b> INSULIN DEGLUDEC <b>FLEXTOUCH</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
<b>INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DEGLUDEC PENFILL</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DETERMIR FLEXPEN</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DETERMIR PREFILLED</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE 10ML</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE CARTRIDGE</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE PRE-FILL</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN 10ML</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN CARTRIDGE</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
<b>INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN KWIKPEN</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – RAPID ACTING: INSULIN ASPART 10ML</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – RAPID ACTING: INSULIN ASPART FLEXPEN</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – RAPID ACTING: INSULIN ASPART PENFILL</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>INSULIN – RAPID ACTING: INSULIN GLULISINE CARTRIDGE</b>	YES	YES	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – RAPID ACTING: INSULIN GLULISINE SOLOSTAR</b>	YES	YES	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULINE – RAPID ACTING: INSULINE LISPRO 10ML</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULINE – RAPID ACTING: INSULINE LISPRO CARTRIDGE</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULINE – RAPID ACTING: INSULINE LISPRO KWIKPEN</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
<b>INSULIN – SHORT ACTING:</b> BIOSYNTHETIC HUMAN INSULIN <b>10ML</b>	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
<b>INSULIN – SHORT ACTING:</b> BIOSYNTHETIC HUMAN INSULIN <b>CARTRIDGE</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b><u>M</u></b>										
METFORMIN 500MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
METFORMIN 850MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
METFORMIN 1000MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER STRIPS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER NEEDLES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER LANCETS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES