

2026

Formulary for
maternity supplements



bestMed
personally yours

Bestmed maternity supplement formulary

- Benefits are subject to the Mediscor Reference Price (MRP):
MRP is a reference pricing model applicable to all medicines with generic equivalents or biosimilars. MRP sets a maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original medicine. If a beneficiary opts to use a medicine that is more expensive than the MRP, the beneficiary will have to pay the difference between the price of the chosen medicine and that of MRP.
- This formulary is applicable to Beat3, Beat4, Pace1, Pace2, Pace3, Pace4 and Rhythm2.
- This is limited to a maximum of R145 per claim, per month for a maximum of 9 months.
- Registration on the Bestmed Maternity Care programme is required to gain access to this benefit.
- This formulary is subject to change without notice.

NAME	NAPPI CODE
Blueiron pregnancy syrup	3007176001
Bodivite Pregiforte caps	3009443001
Bump 2 Baby prenatal supplement	3004348001
Calcipreg tabs	704600001
Chelaplus iron pregnancy form	716246001
Chela-Preg tabs	891794005
Chela-Preg trimes 1 combo pack	723117001
Chela-Preg trimes 2 combo pack	723119001
Chela-Preg trimes 3 combo pack	723120001
Clicks pay less prenatal supplement	721203001
Clicks pregnancy supplement caps	711165001
Dis-Chem Gold pregnancy multivitamin	3008454001
Doppelherz aktiv Pregna caps	3007420001
FS Pregnancy form	704200001
Healthfirst pregnancy supplement	3005412001
Holistix Platinumpreg pack	717236001
Holistix Total Supply Preggie	716535001
Lifes Best Pregnancy Plus caps	3007569001
Lifes Best Pregnancy Support caps	3007484001
Lifestyle Health Pregnancy 30T	3008623001
Local Health Pregnancy Multivitamin	3009025001
MaxiPreg	3006251001
Medirite Pregnancy supplement	3005411001
Metagenics Plusone sachet	3007670001
Mi-Vitamin pregnancy caps	3002813001
MN Premium Pregnancy caps	3009104001
Nikibon caps	894052004
Nordic Prenatal DHA softgels	719743001
Nutrissentials Expectant Mum	711815001
Omiage	716302001
Portfolio Prenatal Multivitamins	3009327001
Preg O Mum complete kit	723579001
Preg Vit caps	723675001
Preggy-Mama tabs	722210001
Pregi Forte caps	715465001

NAME	NAPPI CODE
Pregnapil Plus caps	3000364001
Pregnatal caps	701693001
Pregnavit M caps	834890003
Pregomega 30 day pack	710721001
Pregomega Platinum	???
Pregs Vitamin & Mineral sup caps	704602001
Pregvit MR tabs	893038005
Preg-well caps	707327001
Pregwise tabs	716965002
Pre-natal vitamin caps	3002857001
Pronatal tabs	3003685001
Puritans Prenatal Complex caps	707051001
Puritans Prenatal vitamin tabs	707079001
SA Vitamins Pregnancy Plus Multivitamin	3007263001
Scriptsavers Expecta caps	715130001
Stellar Mama 30 day pack	722209001
Supravit Active preg caps	721111001
Supreme Pregnancy Booster	704433001
SV Prenatal Nutrients tabs	700494001
Velobiotics Pregbiotics Essentials	3009493001
Vital Multitime Pregnancy caps	3007003001
Viridian Pregnancy Complex	712900001
Vitatech Prenatal Pack kit	3003101001
Zinplex Pregnaplex tabs	3006166001



PMB

Tel: 086 000 2378

Email: pmb@bestmed.co.za

INTERNATIONAL MEDICAL TRAVEL INSURANCE

(EUROP ASSISTANCE)

Tel: 0861 838 333

Claims and emergencies: assist@europassistance.co.za

Travel registrations: bestmed-assist@linkham.com

COMPLAINTS

Tel: +27 (0)86 000 2378

Email: escalations@bestmed.co.za or

(Subject box: Manager, escalated query)

Postal address:

PO Box 2297,

Pretoria, Gauteng, 0001

CMS ESCALATIONS

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: complaints@medicalschemes.co.za

Postal Address:

Private Bag X34, Hatfield, 0028

Physical Address:

Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

BESTMED ETHICS AND FRAUD HOTLINE, OPERATED BY ADVANCE CALL

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to Advance Call.

Hotline: 0800 111 627

WhatsApp: 0860 004 004

SMS: 48691

Hotmail: bestmed@behonest.co.za

Free post: BNT165, Brooklyn Square, 0075

Website & chat: www.behonest.co.za

HOSPITAL AUTHORISATION

Tel: 080 022 0106

Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

Email: medicine@bestmed.co.za

CLAIMS

Tel: 086 000 2378

Email: service@bestmed.co.za (queries)

claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797

Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

NETCARE 911

Tel: 082 911

Email: customer.service@netcare.co.za (queries)



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Bestmed Medical Scheme



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