BESTMED MEDICINE FORMULARY FOR CDL-CHRONIC (CHRONIC DISEASE LIST) CONDITIONS

bestMed
personally yours

- Benefits are subject to the following:
  - ✓ Pre-authorisation
  - ✓ Bestmed guidelines
  - ✓ Bestmed protocols
    - ➢ Below medicines are first line treatment. Second line medicines not listed, would be considered if clinical funding criteria is met as per protocol – without penalties.
  - ✓ MediKredit Reference Price (MMAP)
    This is a reference pricing model applicable to all medicines with generic equivalents or biosimilars. MMAP sets the maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original medicine. This means that if you opt to use a medicine that is more expensive than the MMAP, you will have to pay the difference between the price of the chosen medicine and that of MMAP.
- This formulary is effective from 1 January 2027.
- This formulary is subject to change without notice.

YES = formulary **NO** = non-formulary with co-payment (CO-PAY) **NO BENEFIT** = excluded*

*Possible funding without penalty, if first and second line treatment failed.

Glenfield Office Park, 361 Oberon Avenue, Faerie Glen, Pretoria, Gauteng, 0081 | PO Box 2297, Arcadia, Pretoria, Gauteng, 0001
Client service 086 000 2378 | Fax +27 (0)12 472 6500 | E-mail service@bestmed.co.za | www.bestmed.co.za

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

DIABETES MELLITUS TYPE 2

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
A										
AMITRIPTYLINE 10MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
AMITRIPTYLINE 25MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
ASPIRIN 80MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
ASPIRIN 81MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
ASPIRIN 100MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
ASPIRIN 300MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
C										
CARBAMAZEPINE 200MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
CARBAMAZEPINE 200MG CR	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
CHLORPROPAMIDE 250MG	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
D										
DULOXETINE 30MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
DULOEXTINE 60MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
G										
GLIBENCLAMIDE 5MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
GLICLAZIDE 40MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE 80MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE MR 30MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZIDE MR 60MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLICLAZINE MR 90MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLIMEPIRIDE 1MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLIMEPIRIDE 2MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLIMEPIRIDE 4MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
I										
INSULIN – BIPHASIC: 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE **CARTRIDGE**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 25% INSULIN LISPRO/ 75% INSULIN LISPRO PROTAMINE **KWIKPEN 3ML**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE **10ML VIAL**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE **CARTRIDGE**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULIN – BIPHASIC: 30% SOLUBLE/ 70% ISOPHANE **KWIKPEN**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – BIPHASIC: 30% SOLUBLE INSULIN ASPART/ 70% PROTAMINE CRYSTAL INSULIN ASPART **FLEXPEN**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 50% INSULIN LISPRO/ 50% INSULIN LISPRO PROTAMINE **KWIKPEN**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 50% INSULIN LISPRO/ 50% INSULIN LISPRO PROTAMINE **CARTRIDGE**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 30% INSULIN ASPART/ 70% INSULIN DEGLUDEC **FLEXTOUCH**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – BIPHASIC: 30% INSULIN ASPART/ 70% INSULIN DEGLUDEC **PENFILL**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DEGLUDEC **FLEXTOUCH**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DEGLUDEC **PENFILL**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DETERMIR **FLEXPEN**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN DETERMIR **PREFILLED**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE **10ML VIAL**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE **CARTRIDGE**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE **PRE-FILL**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: INSULIN GLARGINE **SOLOSTAR**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN **10ML VIAL**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN **CARTRIDGE**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN **KWIKPEN**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – INTERMEDIATE TO LONG ACTING: ISOPHANE INSULIN	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – RAPID ACTING: INSULIN ASPART **10ML VIAL**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – RAPID ACTING: INSULIN ASPART **FLEXPEN/ FLEXTOUCH**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – RAPID ACTING: INSULIN ASPART **PENFILL**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – RAPID ACTING: INSULIN GLULISINE **CARTRIDGE**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
INSULIN – RAPID ACTING: INSULIN GLULISINE **SOLOSTAR**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
INSULINE – RAPID ACTING: INSULINE LISPRO **10ML VIAL**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULINE – RAPID ACTING: INSULINE LISPRO **CARTRIDGE**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULINE – RAPID ACTING: INSULINE LISPRO **KWIKPEN**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – SHORT ACTING: BIOSYNTHETIC HUMAN INSULIN **10ML VIAL**	NO 30% CO-PAY	NO 30% CO-PAY	YES	YES	YES	YES	YES	YES	NO 30% CO-PAY	YES
INSULIN – SHORT ACTING: BIOSYNTHETIC HUMAN INSULIN **CARTRIDGE**	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
M										
METFORMIN 500MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
METFORMIN 850MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
METFORMIN 1000MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
P										
PHENYTOIN SODIUM 100MG	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).

ACTIVE INGREDIENT	BEAT1/BEAT1 Network	BEAT2/BEAT2 Network	BEAT3/BEAT3 Network/BEAT3 Plus	BEAT4	PACE1	PACE2	PACE3	PACE4	RHYTHM1	RHYTHM2
GLUCOSE METER STRIPS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER NEEDLES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
GLUCOSE METER LANCETS	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

© Bestmed Medical Scheme
Bestmed is a registered medical scheme (Reg. no. 1252) and an Authorised Financial Services Provider (FSP no. 44058).