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SUNSCREENS AND VITAMINS (OTC)

bestMed
personally yours

Sunscreens and Vitamins OTC

- This formulary is applicable to:
 - Beat4, Pace1, Pace2, Pace 3, Rhythm1 and Rhythm2, and is limited to the annual OTC limit per family.
 - Beat2, Beat3, Beat3 Plus and Pace 4 are subject to available savings.
 - No benefit on Beat1.
- The MediKredit Reference Price (MMAP) is a reference pricing model applicable to all medicines with generic equivalents or biosimilars. MMAP sets the maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original medicine. This means that if you opt to use a medicine that is more expensive than the MMAP, you will have to pay the difference between the price of the chosen medicine and that of MMAP.
- This list is subject to change without notice.

Vitamin B

NAME	NAPPI CODE
ABSOLUTE B CAPS	722758
B-COMPLEX	702431
GULF VITAMIN B CO SYRUP	704402
NEUROBION TABS	746916
REVITE SUPER B PLUS TABS	884925
VF NUTRI-B BPR	833215
VITAL VIT B CO HP	813451
VITAMIN B CO BROWN TABS	723558
VITAMIN B CO SYRUP	799203
VITAMIN B CO TABS	799165
VITAMIN B COMPLEX TABLETS	715461
VITAMIN BCO TABS	721772
VITAMIN B-COMPLEX	896892

Vitamin B12

NAME	NAPPI CODE
A-LENNON VIT B12 1000MCG 1ML	776548

Vitamin B & C

NAME	NAPPI CODE
BEROCCA BOOST EFF	714383
BEROCCA EFF TABS	892573
BEROCCA TROPICAL EFF	704604

Vitamin C

NAME	NAPPI CODE
ASCORBIC ACID 250MG TABS	877522
BE-TABS ASCORBIC ACID 500MG TABS	798487
BETTAWAY MEGA C 1000MG	818038
BETTAWAY MEGA C1000 FIZZI TABS	722747
CAL-C-VITA EFF TABS	711551
CAL-C-VITA IMMUNE PROTECT	705373

NAME	NAPPI CODE
FIZZ-C 1000MG	707911
VITA C SELECT BUFFERED C TABS	712765
VITAL MAXI-VITAMIN C TABS	714606
VITAL VIT C CHEW ORANGE	828386
XTREME C 500MG TABS	723007

Iron supplements

NAME	NAPPI CODE
ASTYFER CAPS	715834
AUTRIN CAPS	705853
EEZY-FER CAPS	711561
FEROFOL CAPS	710642
FERROUS FORTE CHEL IRON	893031
FERROUS SULPHATE 100MG TABS	723814
IRON-AID COMPLETE	702453

Magnesium

NAME	NAPPI CODE
REVITE MAGNESIUM SR TABS	840521
SLOW-MAG 450MG CAPS	700472
SLOW-MAG 535MG CAPS	764418

Magnesium and Zinc

NAME	NAPPI CODE
ULTIMAG TABS	773468

Multivitamins

NAME	NAPPI CODE
ACTIVOVITE PRO4 CAPS	716625
ACTIVOVITE TABS	714374
ACTORVIT KIDDY SYRUP	717225
ALL YOU NEED MEN 20-50 CAPS	716706
ALL YOU NEED MEN AGES 50+ CAPS	716703
ALL YOU NEED WOMEN AGES 20-50	716705
ALL YOU NEED WOMEN AGES 50+	716700
ALLVIT + M CAPS	838195
BESTUM MULTINUTRIENT TABS	704088
BETAVIT AFR CAPS	789895
BIOBALANCE ALL IN ONE VITAMIN	719157
BIO-T PROBIOTIC + MULTI-VITAMIN	717325

NAME	NAPPI CODE
BRAIN CHILD MULTIVITAMIN TABS	712803
CENTRUM KIDS CHEW	716223
CHOCATON SYRUP	714259
CIPLATON CAPS	865214
CIPLATON MAXI BOOST EFF TABS	709921
CIPLATON SYRUP	710779
CLICKS EYE HEALTH TABS	720021
GULF MULTIVITAMIN SYRUP	704403
GUMMY VITES MULTIVIT CHEWS	701791
IMMUNOVANCE CAPS	708209
MAXIVIT 25 CAPS	707956
MINAMINO CAPS	861251
MULTIVITAMIN RED	721660
MULTIVITAMIN SYRUP	799181
MULTIVITAMIN TABS	799173
OCUVITE COMPLETE CAPS	717424
OCUVITE LUTEIN CAPS	870218
PHARMATON PROACTIVE TABS	708609
PIKOVIT SYRUP	717737
PLUSSSZ MULTIVITAMIN + VITAMIN C	716365
STAMINOGRO TABS	702867
TURBOVITE CAPS	873411
VASCAMEN TABS	700911
VIDAYLIN PLUS IRON DROPS	854581
VIDAYLIN DROPS	835196
VIDAYLIN SYRUP	776181
VIRALMED VITA-G EFF TABS	3000742
VITAFORCE JUNGLEVITE TABS	787604
VITAL DOLOMITE TABS	821403
VITAL KIDZ A-Z MULTI CHEW	701390
VITAL MULTITIME FOR HAIR AND SKIN	895641
VITAL MULTIVITAMIN CAPS	720954
VITAMINO SYRUP	718729
ZINPLEX FORTE TABS	705118
ZINPLEX JUNIOR CREAM SODA WITH XYLITOL SYRUP	705119
ZINPLEX JUNIOR WITH SUGAR 10MG SYRUP	711076
ZINPLEX JUNIOR WITH SUGAR 5MG SYRUP	711075
ZINPLEX TABS	857947

Omega

NAME	NAPPI CODE
VITAL OMEGA 3	703115
VITAL OMEGA 3 & 6 & 9 CAPS	3000035
VITAL OMEGA 3 & 6 CAPS	703116

Sunscreen

NAME	NAPPI CODE
DERMOPAL SPF30	873659
DERMOPAL MOISTURISING SUNSCREEN SPF 50+	3008823
EVERYSUN AQUA SPF50	828807
EVERYSUN SUNBLOCK SPF30+	861774
EVERYSUN UV BLOCK WATER RESISTANT SPF30	839671
EVERYSUN UV BLOCK OIL FREE WATER RESISTANT SPF30	839698
EVERYSUN UV BLOCK WATER RESISTANT SPF16	828866
PHOTODERM MAX SPF 50+ CREAM	718569
SEBAMED BABY MULTI PROTECT 50+	3000419
SOLACE SUN SPORT ON THE GO SPF	713262
SOLACE SUN SPORT SPF 30 SPRAY	713261
SOLACE SUNSCREEN PREMIUM KIDS	723750
SOLACE SUNSCREEN SPF 40 SPRAY	713258
TROPITONE BABIES SPF30	859206
TROPITONE DAY TO DAY SPF25	859338
TROPITONE KIDS BUBBLEGUM SPF30	873470
TROPITONE KIDS TUTTI FRUITTI SPF30	873462
TROPITONE SPLASH SPF8	859249
TROPITONE SPORT GEL SPF40	859311
TROPITONE SPRAY SPF15	859230
TROPITONE SPRAY SPF30	859346
TROPITONE BABIES SPF30	859206
XERODERM BABY & KIDS SUNSCREEN SPF40	3002355
XERODERM SPF30 CRM	722097
XERODERM SPF40 CRM	722098

Zinc

NAME	NAPPI CODE
VITAL ZINC TABS	799386



HOSPITAL AUTHORISATION

Tel: 080 022 0106

Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

Email: medicine@bestmed.co.za

CLAIMS

Tel: 086 000 2378

Email: service@bestmed.co.za (queries)

claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797

Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

NETCARE 911

Tel: 082 911

Email: customer.service@netcare.co.za (queries)

PMB

Tel: 086 000 2378

Email: pmb@bestmed.co.za

INTERNATIONAL MEDICAL TRAVEL INSURANCE

AZOZA

Tel: 0861 838 333

Claims and emergencies: assist@azoza.co.za

Travel registrations: bestmed-assist@linkham.com

COMPLAINTS

Tel: +27 (0)86 000 2378

Email: escalations@bestmed.co.za or

(Subject box: Manager, escalated query)

Postal address:

PO Box 2297,

Pretoria, Gauteng, 0001

CMS ESCALATIONS

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: complaints@medicalschemes.co.za

Postal Address:

Private Bag X34, Hatfield, 0028

Physical Address:

Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue,
Eco Park, Centurion, 0157

BESTMED ETHICS AND FRAUD HOTLINE, OPERATED BY ADVANCE CALL

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to Advance Call.

Hotline: 0800 111 627

WhatsApp: 0860 004 004

SMS: 48691

Hotmail: bestmed@behonest.co.za

Free post: BNT165, Brooklyn Square, 0075

Website & chat: www.behonest.co.za



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Bestmed Medical Scheme



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