

## Preventative care benefits 2026

BENEFIT	QUANTITY AND FREQUENCY	BENEFIT CRITERIA	BEAT	PACE	RHYTHM
<b>Flu vaccines</b>	1 per beneficiary per year.	Applicable to all active members and beneficiaries.	✓	✓	✓
<b>Pneumonia vaccines</b>	Children: As per schedule of Department of Health. Adults: Twice in a lifetime with booster above 65 years of age.	The Scheme will identify high-risk individuals for immunisation.	✓	✓	✓
<b>Travel vaccines</b>	Quantity and frequency depending on product up to the maximum allowed amount.	Mandatory travel vaccines for typhoid, yellow fever, tetanus, meningitis, hepatitis and cholera from Scheme risk benefits.	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	✓
<b>Paediatric immunisation</b>	According to the Bestmed vaccine schedule.		*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	✓
<b>Baby growth and development assessments</b>	3 assessments per year for beneficiaries 0-2 years.	Assessments are done at a Bestmed partner pharmacy clinic.	✓	✓	✓
<b>Oral / injectable / implantable female contraceptives OR Intrauterine device (IUD)</b>	Female contraceptive quantity and frequency dependent on product and subject to maximum amount OR 1 IUD device every 5 years.	Limits per female beneficiary per year apply per benefit option for oral / injectable / implantable female contraceptives. IUD funding subject to applicable benefit limits per option.	✓	✓	✓
<b>Glaucoma screening</b>	Beneficiaries 50 years and older. Once every 12 months.	Subject to service being received from the contracted Optometrist Network only.	X	*Available on Pace2, Pace3 and Pace4	X
<b>Mammogram</b>	Females 40 years and older. Once every 24 months.	Scheme tariff applies.	✓	✓	✓
<b>HPV vaccinations</b>	3 vaccinations per beneficiary. Females 9 - 26 years.	Vaccinations funded at MRP.	✓	✓	*Available on Rhythm2
<b>PSA screening</b>	Males 45 years and older. Once every 24 months.	Can be done at a urologist or GP. Consultation paid from the available savings / consultation benefit.	✓	✓	✓
<b>Bone densitometry</b>	Beneficiaries 45 years and older. Once every 24 months.		X	*Available on Pace2, Pace3 and Pace4	X
<b>Pap smear</b>	18 years and older. Once every 24 months.	At any gynaecologist or GP. Consultation is paid at Scheme tariff from Scheme risk benefits.	✓ *Consultation cost available on Beat4	✓ *Consultation cost available	✓
<b>Preventative dentistry</b>	Refer to Comparative guide for a full breakdown of benefits per option.	Subject to pre-authorisation, clinical protocols and funding guidelines.	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	✓
<b>Colon cancer screening</b>	40 years and older. Once every 24 months.	Faecal Occult Blood Test (FOBT).	✓	✓	✓
<b>HIV rapid test</b>	Voluntary testing and counselling (VCT) subject to Scheme protocols and funding guidelines.		✓	✓	✓

Note: The Rhythm range offers preventative services under the basic dentistry benefit.

Benefits mentioned above may be subject to pre-authorisation, clinical protocols, formularies, funding guidelines and the Mediscor Reference Price (MRP).

# Preventative dentistry benefits 2026

DESCRIPTION OF SERVICE	AGE	FREQUENCY	BEAT	PACE	RHYTHM
General full-mouth examination by a general dentist (incl. gloves and use of sterile equipment for the visit)	12 years and above	Once a year	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	<b>Note:</b> <i>The Rhythm range offers preventative services under the basic dentistry benefit.</i>
	Under 12 years	Twice a year	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	
Full-mouth intra-oral radiographs	All ages	Once every 36 months	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	
Intra-oral radiographs	All ages	2 photos per year	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	
Scaling and/or polishing	All ages	Twice a year (i.e. every 6 months from the date of service)	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	
Fluoride treatment	All ages	Twice a year (i.e. every 6 months from the date of service)	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	
Fissure sealing	Up to and including 21 years	In accordance with accepted protocols	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	
Space maintainers	During primary and mixed denture stage	Once per space	*Available on Beat2, Beat3, Beat3 Plus and Beat4	✓	

\*Subject to pre-authorisation, clinical protocols and funding guidelines.

