

2026

Formulary for pathology tests



bestMed

personally yours

Pathology tests

Please note: Make use of Ampath, Pathcare, Lancet or Pathcare Vermaak laboratories for pathology services.

Please use the selected pathologist referral form with the indicated pathology tests as outlined herein.

- This formulary is applicable to Rhythm1 and Rhythm2 options.
- Basic pathology tests as requested by a Rhythm Network GP or Rhythm Specialist DSP and limited to the tariff codes indicated herein.
- **Any tests not indicated on this benefit schedule will become the member's liability.**

HAEMATOLOGY

3762	Haemoglobin Estimation (Hb)
3783	Leucocytes: Differential Count
3785	Leucocytes: Total Count
3739	Erythrocyte Count
3791	Packed Cell Volume
3755	Full Blood Count
3797	Platelet Count
3743	Erythrocyte Sedimentation Rate (ESR)
4528	Ferritin

COAGULATION

3805	International Normalised Ratio (INR)
3806	INR dosage information

PREGNANCY

4450	Beta HCG Qualitative
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Additional pregnancy pathology tests require registration on the Maternity Care Programme. For information about this benefit please call Bestmed Maternity Care on 012 472 6797.

GLUCOSE METABOLISM

4057	Glucose - random / fasting
4064	HbA1c
4049	Glucose Tolerance Test

LIPID METABOLISM

4027	Cholesterol Total (Fasting)
4028	HDL Cholesterol
4147	Triglycerides
4026	LDL Cholesterol
4025	Full Lipogram - fasting (For Chronic Registration only: preceded by 4027; Pre-auth required based on result of 4027)

LIVER, PANCREAS, GIT

4006	Amylase
4001	Alkaline Phosphatase
4009	Bilirubin: Total
4010	Bilirubin: Conjugated
4130	AST (SGOT)
4131	ALT (SGPT)

4133	Lactate Dehydrogenase (LD)
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4134	Gamma GT
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MALARIA BLOOD SMEAR

3792	Malaria: Antigen
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3865	Parasites in blood smear
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3883	Concentration technique for parasites
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GENERAL ENDOCRINE

4507	Thyrotropin (TSH)
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4482	Free Thyroxin (FT4) - Pre-auth
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4484	TSH + FT4
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4519	Prostate-specific Antigen (PSA) - Please refer to preventative care benefits
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LUNG, KIDNEY, SKELETON

3999	Albumin
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4133	Potassium
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4114	Sodium
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4117	Total Protein
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4032	Creatinine
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4113 / 4114 / 4023 / 4032	Potassium / Sodium / Chloride / Creatinine
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4151	Urea
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4171	Urea and Electrolytes
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4155	Uric acid
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HIV TEST

3932	HIV: ELISA
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IMMUNOLOGY

4531	Hepatitis: A IGM antibody
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4531	Hepatitis: B surface antigen
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3947	C-reactive protein
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MICROBIOLOGY

4188	Urine dipstick (per stick)
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3867	Microscopy (including Gram Stain)
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3881	ZN Stain (mycobacterium) TB
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4352	Occult blood
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3883	Urine parasites
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3885	Cytochemical Stain TB
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3980	Bilharzia Ag Serum / Urine
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3928	Antimicrobial Substances
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3923	Biochemical Identification of Bacterium: Abridged
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3887	Antibiotic Susceptibility Test: per Organism
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3893	Bacteriological Culture: Miscellaneous
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GYNAECOLOGY

4566	Pap smear - Please refer to preventative care benefits
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4559	Liquid pap smear - Please refer to preventative care benefits
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EMAIL COMPLAINTS:

complaints@medicalschemes.co.za

POSTAL ADDRESS:

Private Bag X34, Hatfield, 0028

Physical Address:

Block A, Eco Glades 2 Office Park,
420 Witch-Hazel Avenue, Eco Park, Centurion,
0157

HOSPITAL AUTHORISATION

Tel: 080 022 0106

Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

Email: medicine@bestmed.co.za

CLAIMS

Tel: 086 000 2378

Email: service@bestmed.co.za (queries)

claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797

Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,

361 Oberon Avenue, Faerie Glen,

Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia, Pretoria, 0001, South Africa

NETCARE 911

Tel: 082 911

Email: customer.service@netcare.co.za (queries)

PMB

Tel: 086 000 2378

Email: pmb@bestmed.co.za

INTERNATIONAL MEDICAL TRAVEL INSURANCE

(AZOZA, PREVIOUSLY EUROP ASSISTANCE)

Tel: 0861 838 333

Claims and emergencies: assist@azoza.co.za

Travel registrations: bestmed-assist@linkham.com

COMPLAINTS

Tel: +27 (0)86 000 2378

Email: escalations@bestmed.co.za

(Subject box: Manager, escalated query)

Postal address: PO Box 2297, Pretoria, Gauteng, 0001

CMS ESCALATIONS

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: complaints@medicalschemes.co.za

Postal Address: Private Bag X34, Hatfield, 0028

Physical Address: Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

BESTMED ETHICS AND FRAUD HOTLINE, OPERATED BY ADVANCE CALL

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to Advance Call.

Hotline:

0800 111 627

WhatsApp:

0860 004 004

SMS:

48691

Hotmail:

bestmed@behonest.co.za

Free post:

BNT165, Brooklyn Square, 0075

Website & chat:

www.behonest.co.za



086 000 2378



www.bestmed.co.za



service@bestmed.co.za



Bestmed Medical Scheme



068 376 7212



Bestmed Medical Scheme

For a more detailed overview of your benefit option and to receive a membership guide please contact service@bestmed.co.za.

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