



Formulary
for Pathology
Tests
2022

Personally yours, because people are different.



PULSE1

Pathology tests

Please note: Make use of Ampath, Pathcare, Lancet or Vermaak & Partners laboratories for pathology services.

Please use the selected pathologist referral form with the indicated pathology tests as outlined herein. Pathologists need to submit claims directly to Bestmed via EDI.

- Pathology benefits are limited to the tests indicated.
- Any tests not indicated on the benefit schedule will become the member's liability.

HAEMATOLOGY

3762	Haemoglobin Estimation (Hb)
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3783	Leucocytes: Differential Count
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3785	Leucocytes: Total Count
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3739	Erythrocyte Count
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3791	Packed Cell Volume
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3755	Full Blood Count
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3797	Platelet Count
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3743	Erythrocyte Sedimentation Rate (ESR)
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4528	Ferritin
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COAGULATION

3805	International Normalised Ratio (INR)
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3806	INR dosage information
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PREGNANCY

4450	Beta HCG Qualitative
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Additional pregnancy pathology tests require registration on the Maternity Care Programme. For information about this benefit please call the Bestmed Contact Centre on 086 000 2378.

GLUCOSE METABOLISM

4057	Glucose - random/fasting
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4064	HbA1c
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4049	Glucose Tolerance Test
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LIPID METABOLISM

4027	Cholesterol Total (Fasting)
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4028	HDL Cholesterol
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4147	Triglycerides
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4026	LDL Cholesterol
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4025	Full Lipogram - fasting (For Chronic Registration only; preceded by 4027; Pre-auth required based on result of 4027)
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LIVER, PANCREAS, GIT

4006	Amylase
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4001	Alkaline Phosphatase
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4009	Bilirubin: Total
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4010	Bilirubin: Conjugated
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4130	AST (SGOT)
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4131	ALT (SGPT)
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4133	Lactate Dehydrogenase (LD)
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4134	Gamma GT
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MALARIA BLOOD SMEAR

3792	Malaria: Antigen
3865	Parasites in blood smear
3883	Concentration technique for parasites

GENERAL ENDOCRINE

4507	Thyrotropin (TSH)
4482	Free Thyroxin (FT4) - Pre-auth
4484	TSH + FT4
4519	Prostate-specific Antigen (PSA) - Please refer to preventative care benefits

LUNG, KIDNEY, SKELETON

3999	Albumin
4133	Potassium
4114	Sodium
4117	Total Protein
4032	Creatinine
4113/4114/ 4023/4032	Potassium/Sodium/Chloride/Creatinine
4151	Urea
4171	Urea and Electrolytes
4155	Uric acid

HIV TEST

3932	HIV: ELISA
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IMMUNOLOGY

4531	Hepatitis: A IGM antibody
4531	Hepatitis: B surface antigen
3947	C-reactive protein

MICROBIOLOGY

4188	Urine dipstick (per stick)
3867	Microscopy (including Gram Stain)
3881	ZN Stain (mycobacterium) TB
4352	Occult blood
3883	Urine parasites
3885	Cytochemical Stain TB
3980	Bilharzia Ag Serum/Urine
3928	Antimicrobial Substances
3923	Biochemical Identification of Bacterium: Abridged
3887	Antibiotic Susceptibility Test: per Organism
3893	Bacteriological Culture: Miscellaneous

GYNAECOLOGY

4566	Pap smear - Please refer to preventative care benefits
4559	Liquid Pap smear - Please refer to preventative care benefits

📞 086 000 2378

✉️ service@bestmed.co.za

☎️ 012 472 6500

🌐 www.bestmed.co.za

🐦 @BestmedScheme

📘 @BestmedMedicalScheme



HOSPITAL AUTHORISATION

Tel: 080 022 0106

Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

Email: medicine@bestmed.co.za

Fax: 012 472 6760

CLAIMS

Tel: 086 000 2378

Email: service@bestmed.co.za (queries)

claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797

Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

ER24

Tel: 084 124

INTERNATIONAL TRAVEL INSURANCE (EUROP ASSISTANCE)

Tel: 0861 838 333

Claims and emergencies:

assist@europassistance.co.za

Travel registrations: bestmed-assist@linkham.com

PMB

Tel: 086 000 2378

Email: pmb@bestmed.co.za

BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

Hotline: 080 111 0210 toll-free from any Telkom line

Hotfax: 080 020 0796

Hotmail: fraud@kpmg.co.za

Postal: KPMG Hotpost, at BNT 371,
PO Box 14671, Sinoville,
0129, South Africa

For a more detailed overview of your benefit option and to receive a membership guide please contact service@bestmed.co.za.

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