



PULSE1

Formulary for
Pathology Tests
2021

Pathology tests

Please note: Make use of Ampath, Pathcare, Lancet or Vermaak & Partners laboratories for pathology services.

Please use the selected pathologist referral form with the indicated pathology tests as outlined herein. Pathologists need to submit claims directly to Bestmed via EDI.

- Pathology benefits are **limited** to the tests indicated.
- **Any tests not indicated on the benefit schedule will become the member's liability.**

HAEMATOLOGY

3762 Haemoglobin Estimation (Hb)

3783 Leucocytes: Differential Count

3785 Leucocytes: Total Count

3739 Erythrocyte Count

3791 Packed Cell Volume

3755 Full Blood Count

3797 Platelet Count

3743 Erythrocyte Sedimentation Rate (ESR)

4528 Ferritin

COAGULATION

3805 International Normalised Ratio (INR)

3806 INR dosage information

PREGNANCY

4450 Beta HCG Qualitative

Additional pregnancy pathology tests require registration on the Maternity Care Programme. For information about this benefit please call the Bestmed Contact Centre on 086 000 2378.

GLUCOSE METABOLISM

4057 Glucose - random/fasting

4064 HbA1c

4049 Glucose Tolerance Test

LIPID METABOLISM

4027 Cholesterol Total (Fasting)

4028 HDL Cholesterol

4147 Triglycerides

4026 LDL Cholesterol

4025 Full Lipogram - fasting (For Chronic Registration only: preceded by 4027; Pre-auth required based on result of 4027)

LIVER, PANCREAS, GIT

4006 Amylase

4001 Alkaline Phosphatase

4009 Bilirubin: Total

4010 Bilirubin: Conjugated

4130 AST (SGOT)

4131 ALT (SGPT)

4133 Lactate Dehydrogenase (LD)

4134 Gamma GT

MALARIA BLOOD SMEAR

3792 Malaria: Antigen

3865 Parasites in blood smear

3883 Concentration technique for parasites

GENERAL ENDOCRINE

4507 Thyrotropin (TSH)

4482 Free Thyroxin (FT4) - Pre-auth

4484 TSH + FT4

4519 Prostate-specific Antigen (PSA) - Pre-auth for members above 70 years

LUNG, KIDNEY, SKELETON

3999 Albumin

4133 Potassium

4114 Sodium

4117 Total Protein

4032 Creatinine

4113/4114/
4023/4032 Potassium/Sodium/Chloride/Creatinine

4151 Urea

4171 Urea and Electrolytes

4155 Uric acid

HIV TEST

3932 HIV: ELISA

IMMUNOLOGY

4531 Hepatitis: A IGM antibody

4531 Hepatitis: B surface antigen

3947 C-reactive protein

MICROBIOLOGY

4188 Urine dipstick (per stick)

3867 Microscopy (including Gram Stain)

3881 ZN Stain (mycobacterium) TB

4352 Occult blood

3883 Urine parasites

3885 Cytochemical Stain TB

3980 Bilharzia Ag Serum/Urine

3928 Antimicrobial Substances

3923 Biochemical Identification of Bacterium: Abridged

3887 Antibiotic Susceptibility Test: per Organism

3893 Bacteriological Culture: Miscellaneous

GYNAECOLOGY

4566 Pap smear

4559 Liquid pap smear



086 000 2378



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HOSPITAL AUTHORISATION

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E-mail: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378

E-mail: medicine@bestmed.co.za

Fax: 012 472 6760

CLAIMS

Tel: 086 000 2378

E-mail: service@bestmed.co.za (queries)

claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797

E-mail: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

ER24

Tel: 084 124

INTERNATIONAL TRAVEL INSURANCE (BRYTE INSURANCE)

Tel: 0860 329 329 (RSA only) during

office hours / 084 124 after hours

E-mail: er24@brytesa.com

Claims: travelclaims@brytesa.com

BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

Hotline: 080 111 0210 toll-free from any Telkom line

Hotfax: 080 020 0796

Hotmail: fraud@kpmg.co.za

Postal: KPMG Hotpost, at BNT 371,
PO Box 14671, Sinoville,
0129, South Africa

For a more detailed overview of your benefit option and to receive a membership guide please contact service@bestmed.co.za.

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