

The Chronic Disease List (CDL) provides cover for the 26 listed chronic conditions for which medical schemes must cover the diagnosis, medical management and medicines as published by the Council for Medical Schemes. An additional 16 conditions are covered as Prescribed Minimum Benefits (PMB), where the medical management and medicines are also covered from Scheme benefits. Non-CDL chronic conditions are those additional conditions that Bestmed provides chronic medicine cover for. Authorisation for CDL, PMB and non-CDL chronic medicines is subject to clinical funding guidelines and protocols, formularies and Designated Service Providers (DSPs) where applicable. Approved CDL and PMB chronic medicines are covered without an annual financial limit while non-CDL chronic medicines are subject to an annual financial limit. Below is the list of CDL, PMB and non-CDL conditions that Bestmed covers on the various benefit options.

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	PULSE1
Reimbursement for CDL		100% of Scheme tariff								
Reimbursement for non-CDL		N/A	N/A	80% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	90% of Scheme tariff	100% of Scheme tariff	N/A
Non-formulary co-payment for CDL		30%	30%	30%	20%	25%	20%	15%	10%	30%
No. of non-CDL conditions		0	0	5	9	7	20	20	29	0
Non-formulary co-payment for non-CDL		N/A	N/A	30%	20%	25%	20%	15%	10%	N/A
<b>CDL</b>										
CDL 1	Addison's disease	√	√	√	√	√	√	√	√	√
CDL 2	Asthma	√	√	√	√	√	√	√	√	√
CDL 3	Bipolar mood disorder	√	√	√	√	√	√	√	√	√
CDL 4	Bronchiectasis	√	√	√	√	√	√	√	√	√
CDL 5	Cardiomyopathy	√	√	√	√	√	√	√	√	√
CDL 6	Chronic renal disease	√	√	√	√	√	√	√	√	√
CDL 7	Chronic obstructive pulmonary disease (COPD)	√	√	√	√	√	√	√	√	√
CDL 8	Cardiac failure	√	√	√	√	√	√	√	√	√
CDL 9	Coronary artery disease	√	√	√	√	√	√	√	√	√
CDL 10	Crohn's disease	√	√	√	√	√	√	√	√	√
CDL 11	Diabetes insipidus	√	√	√	√	√	√	√	√	√
CDL 12	Diabetes mellitus type 1	√	√	√	√	√	√	√	√	√
CDL 13	Diabetes mellitus type 2	√	√	√	√	√	√	√	√	√
CDL 14	Dysrhythmias	√	√	√	√	√	√	√	√	√
CDL 15	Epilepsy	√	√	√	√	√	√	√	√	√
CDL 16	Glaucoma	√	√	√	√	√	√	√	√	√
CDL 17	Haemophilia	√	√	√	√	√	√	√	√	√
CDL 18	Hyperlipidaemia	√	√	√	√	√	√	√	√	√
CDL 19	Hypertension	√	√	√	√	√	√	√	√	√
CDL 20	Hypothyroidism	√	√	√	√	√	√	√	√	√
CDL 21	Multiple sclerosis	√	√	√	√	√	√	√	√	√
CDL 22	Parkinson's disease	√	√	√	√	√	√	√	√	√
CDL 23	Rheumatoid arthritis	√	√	√	√	√	√	√	√	√

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	PULSE1
CDL 24	Schizophrenia	√	√	√	√	√	√	√	√	√
CDL 25	Systemic lupus erythematosus (SLE)	√	√	√	√	√	√	√	√	√
CDL 26	Ulcerative colitis	√	√	√	√	√	√	√	√	√
<b>NON-CDL</b>										
non-CDL 1	Acne - severe			√	√	√	√	√	√	
non-CDL 2	Attention deficit disorder/ Attention deficit hyperactivity disorder (ADD/ADHD)			√	√	√	√	√	√	
non-CDL 3	Allergic rhinitis			√	√	√	√	√	√	
non-CDL 4	Autism						√	√	√	
non-CDL 5	Eczema			√	√	√	√	√	√	
non-CDL 6	Migraine prophylaxis			√	√	√	√	√	√	
non-CDL 7	Gout prophylaxis				√	√	√	√	√	
non-CDL 8	Major depression *				√	√	√	√	√	
non-CDL 9	Obsessive compulsive disorder				√		√	√	√	
non-CDL 10	Osteoporosis						√	√	√	
non-CDL 11	Psoriasis						√	√	√	
non-CDL 12	Urinary incontinence						√	√	√	
non-CDL 13	Paget's disease						√	√	√	
non-CDL 14	Gastro-oesophageal reflux disease (GORD)				√		√	√	√	
non-CDL 15	Ankylosing spondylitis						√	√	√	
non-CDL 16	Hypopituitarism									√
non-CDL 17	Osteoarthritis						√	√	√	
non-CDL 18	Alzheimer's disease						√	√	√	
non-CDL 19	Collagen diseases						√	√	√	
non-CDL 20	Dermatomyositis						√	√	√	
non-CDL 21	Motor neuron disease									√
non-CDL 22	Neuropathy						√	√	√	
non-CDL 23	Polyarteritis nodosa									√
non-CDL 24	Scleroderma									√
non-CDL 25	Sjogren's disease									√
non-CDL 26	Trigeminal neuralgia									√
non-CDL 27	Psoriatic arthritis									√
non-CDL 28	Blepharospasm									√
non-CDL 29	Dystonia									√

\* Approved medicine claims will continue to be paid from Scheme risk once the non-CDL limit is depleted.

		BEAT1	BEAT2	BEAT3	BEAT4	PACE1	PACE2	PACE3	PACE4	PULSE1
<b>PMB</b>										
PMB 1	Aplastic anaemia	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 2	Chronic anaemia	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 3	Benign prostatic hypertrophy	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 4	Cushing's disease	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 5	Cystic fibrosis	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 6	Endometriosis	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 7	Female menopause	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 8	Fibrosing alveolitis	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 9	Graves' disease	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 10	Hyperthyroidism	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 11	Hypophyseal adenoma	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 12	Idiopathic thrombocytopenic purpura	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 13	Paraplegia/Quadriplegia	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 14	Polycystic ovarian syndrome	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 15	Pulmonary embolism	✓	✓	✓	✓	✓	✓	✓	✓	✓
PMB 16	Stroke	✓	✓	✓	✓	✓	✓	✓	✓	✓

### CLIENT SERVICES

Tel: +27 (0)86 000 2378  
E-mail: [service@bestmed.co.za](mailto:service@bestmed.co.za)  
Fax: +27 (0)12 472 6500

### ESCALATIONS

Tel: +27 (0)86 000 2378  
Email: [escalations@bestmed.co.za](mailto:escalations@bestmed.co.za)

### HIV/AIDS CARE PROGRAMME

Tel: +27 (0)12 472 6235/6249  
E-mail: [mhc@bestmed.co.za](mailto:mhc@bestmed.co.za)  
Fax: +27 (0)12 472 6780

### BESTMED HIV/AIDS MANAGED CARE ORGANISATION

#### LIFESENSE

Tel: +27 (0)86 050 6080  
E-mail: [enquiry@lifesense.co.za](mailto:enquiry@lifesense.co.za)  
Fax: +27 (0)86 080 4960

### BESTMED DSP PHARMACIES

Please refer to the Bestmed website, [www.bestmed.co.za](http://www.bestmed.co.za), for network pharmacies in your area.

### ONCOLOGY CARE PROGRAMME

Tel: +27 (0)12 472 6254/6234/6353  
E-mail: [oncology@bestmed.co.za](mailto:oncology@bestmed.co.za)  
Fax: +27 (0)12 472 6770

### COMPLAINTS

Tel: +27 (0)86 000 2378  
E-mail: [escalations@bestmed.co.za](mailto:escalations@bestmed.co.za) or [Elmarie.Jooste@bestmed.co.za](mailto:Elmarie.Jooste@bestmed.co.za)  
(Subject box: Manager, escalated query)  
Postal address: PO Box 2297, Pretoria, Gauteng, 0001