

## Chronic Disease List

The Chronic Disease List (CDL) provides cover for the 27 listed chronic conditions for which medical schemes must cover the diagnosis, medical management and medicines as published by the Council for Medical Schemes. An additional 18 conditions are covered as Prescribed Minimum Benefits (PMB), where the medical management and medicines are also covered from Scheme benefits. Non-CDL chronic conditions are those additional conditions that Bestmed provides chronic medicine cover for. Authorisation for CDL, PMB and non-CDL chronic medicines is subject to clinical funding guidelines and protocols, formularies and Designated Service Providers (DSPs) where applicable. Approved CDL and PMB chronic medicines are covered without an annual financial limit while non-CDL chronic medicines are subject to an annual financial limit. Below is the list of CDL, PMB and non-CDL conditions that Bestmed covers on the various benefit options.

|  | BEAT1                 | BEAT2 | BEAT3 | BEAT4 | PACE1 | PACE2 | PACE3 | PACE4 | RHYTHM1 & 2 |
|--|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------------|
| <b>Number of non-CDL conditions</b>                        | 0                     | 0     | 5     | 9     | 7     | 20    | 20    | 29    | 0           |
| <b>Reimbursement for CDL &amp; PMB</b>                     | 100% of Scheme tariff |       |       |       |       |       |       |       |             |
| <b>Reimbursement for non-CDL</b>                           | N/A                   | N/A   | 80%   | 90%   | 90%   | 90%   | 90%   | 100%  | N/A         |
| <b>Non-formulary co-payment for CDL and PMB conditions</b> | 30%                   | 30%   | 30%   | 20%   | 25%   | 20%   | 15%   | 10%   | 30%         |
| <b>Formulary co-payment for non-CDL conditions</b>         | N/A                   | N/A   | 20%   | 10%   | 10%   | 10%   | 10%   | 0%    | N/A         |
| <b>Non-formulary co-payment for non-CDL conditions</b>     | N/A                   | N/A   | 30%   | 20%   | 25%   | 20%   | 15%   | 10%   | N/A         |

| CDL    |  |   |   |   |   |   |   |   |   |
|--------|--|---|---|---|---|---|---|---|---|
| CDL 1  | Addison's disease                            | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 2  | Asthma                                       | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 3  | Bipolar mood disorder                        | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 4  | Bronchiectasis                               | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 5  | Cardiac failure                              | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 6  | Cardiomyopathy                               | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 7  | Chronic obstructive pulmonary disease (COPD) | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 8  | Chronic renal disease                        | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 9  | Coronary artery disease                      | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 10 | Crohn's disease                              | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 11 | Diabetes insipidus                           | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 12 | Diabetes mellitus type 1                     | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 13 | Diabetes mellitus type 2                     | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 14 | Dysrhythmias                                 | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 15 | Epilepsy                                     | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 16 | Glaucoma                                     | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 17 | Haemophilia                                  | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 18 | HIV/AIDS                                     | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 19 | Hyperlipidaemia                              | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 20 | Hypertension                                 | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 21 | Hypothyroidism                               | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 22 | Multiple sclerosis                           | √ | √ | √ | √ | √ | √ | √ | √ |
| CDL 23 | Parkinson's disease                          | √ | √ | √ | √ | √ | √ | √ | √ |

|        |                                    | BEAT1 | BEAT2 | BEAT3 | BEAT4 | PACE1 | PACE2 | PACE3 | PACE4 | RHYTHM1 & 2 |
|--------|------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------------|
| CDL 24 | Rheumatoid arthritis               | √     | √     | √     | √     | √     | √     | √     | √     | √           |
| CDL 25 | Schizophrenia                      | √     | √     | √     | √     | √     | √     | √     | √     | √           |
| CDL 26 | Systemic lupus erythematosus (SLE) | √     | √     | √     | √     | √     | √     | √     | √     | √           |
| CDL 27 | Ulcerative colitis                 | √     | √     | √     | √     | √     | √     | √     | √     | √           |

| NON-CDL    |   |  |  |   |   |   |   |   |   |   |
|------------|---|--|--|---|---|---|---|---|---|---|
| non-CDL 1  | Acne - severe   |  |  | √ | √ | √ | √ | √ | √ |   |
| non-CDL 2  | Allergic rhinitis   |  |  | √ | √ | √ | √ | √ | √ |   |
| non-CDL 3  | Alzheimer's disease   |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 4  | Ankylosing spondylitis  |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 5  | Attention deficit disorder/ Attention deficit hyperactivity disorder (ADD/ADHD) |  |  | √ | √ | √ | √ | √ | √ |   |
| non-CDL 6  | Autism  |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 7  | Blepharospasm   |  |  |   |   |   |   |   |   | √ |
| non-CDL 8  | Collagen diseases   |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 9  | Dermatomyositis   |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 10 | Dystonia  |  |  |   |   |   |   |   |   | √ |
| non-CDL 11 | Eczema  |  |  | √ | √ | √ | √ | √ | √ |   |
| non-CDL 12 | Gastro-oesophageal reflux disease (GORD)  |  |  |   | √ |   | √ | √ | √ |   |
| non-CDL 13 | Gout prophylaxis  |  |  |   | √ | √ | √ | √ | √ |   |
| non-CDL 14 | Hypopituitarism   |  |  |   |   |   |   |   |   | √ |
| non-CDL 15 | Major depression*   |  |  |   | √ | √ | √ | √ | √ |   |
| non-CDL 16 | Migraine prophylaxis  |  |  | √ | √ | √ | √ | √ | √ |   |
| non-CDL 17 | Motor neuron disease  |  |  |   |   |   |   |   |   | √ |
| non-CDL 18 | Neuropathy  |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 19 | Obsessive compulsive disorder   |  |  |   | √ |   | √ | √ | √ |   |
| non-CDL 20 | Osteoarthritis  |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 21 | Osteoporosis  |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 22 | Paget's disease   |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 23 | Polyarteritis nodosa  |  |  |   |   |   |   |   |   | √ |
| non-CDL 24 | Psoriatic arthritis   |  |  |   |   |   |   |   |   | √ |
| non-CDL 25 | Psoriasis   |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 26 | Urinary incontinence  |  |  |   |   |   | √ | √ | √ |   |
| non-CDL 27 | Scleroderma   |  |  |   |   |   |   |   |   | √ |
| non-CDL 28 | Sjogren's disease   |  |  |   |   |   |   |   |   | √ |
| non-CDL 29 | Trigeminal neuralgia  |  |  |   |   |   |   |   |   | √ |

\* Approved medicine claims will continue to be paid from Scheme risk once the non-CDL limit is depleted.

|               |                                     | BEAT1 | BEAT2 | BEAT3 | BEAT4 | PACE1 | PACE2 | PACE3 | PACE4 | RHYTHM1 & 2 |
|---------------|-------------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------------|
| <b>PMB</b>    |                                     |       |       |       |       |       |       |       |       |             |
| <b>PMB 1</b>  | Aplastic anaemia                    | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 2</b>  | Benign prostatic hypertrophy        | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 3</b>  | Cerebral palsy                      | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 4</b>  | Chronic anaemia                     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 5</b>  | COVID-19                            | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 6</b>  | Cushing's disease                   | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 7</b>  | Cystic fibrosis                     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 8</b>  | Endometriosis                       | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 9</b>  | Female menopause                    | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 10</b> | Fibrosing alveolitis                | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 11</b> | Graves' disease                     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 12</b> | Hyperthyroidism                     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 13</b> | Hypophyseal adenoma                 | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 14</b> | Idiopathic thrombocytopenic purpura | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 15</b> | Paraplegia/Quadriplegia             | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 16</b> | Polycystic ovarian syndrome         | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 17</b> | Pulmonary embolism                  | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |
| <b>PMB 18</b> | Stroke                              | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓     | ✓           |

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Please refer to the Bestmed website, [www.bestmed.co.za](http://www.bestmed.co.za), for network pharmacies in your area.

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