



**Medicine  
formulary for  
maternity  
supplements  
2022/2023**


**bestMed**  
personally yours

## BESTMED MATERNITY SUPPLEMENTS FORMULARY


- Benefits are subject to the Mediscor Reference Price (MRP):  
MRP is a reference pricing model applicable to all medicines with generic equivalents or biosimilars. MRP sets a maximum reimbursable price for a list of generically similar or biosimilar products with a cost lower than that of the original medicine. If a beneficiary opts to use a medicine that is more expensive than the MRP, the beneficiary will have to pay the difference between the price of the chosen medicine and that of MRP.
- This formulary is effective from 1 January 2023.
- This formulary is applicable to Beat3, Beat4, Pace1, Pace2, Pace3, Pace4 and Rhythm2.
- This is limited to a maximum of R127 per claim, per month for a maximum of 9 months (2022 limit is R120 per month).
- Registration on the Bestmed Maternity Care programme is required to gain access to this benefit.
- This formulary is subject to change without notice.

| NAME                                | NAPPI      |
|-------------------------------------|------------|
| 9 MONTHS + CALCIUM & OMEGA 30       | 723620001  |
| 9 MONTHS + TABS                     | 723505001  |
| BAO FILIVIT CAPSULES                | 713206001  |
| BUMP 2 BABY PRENATAL SUPPLEMENT     | 3004348001 |
| CALCIPREG TABS                      | 704600001  |
| CENTRUM MATERNA DHA                 | 714193001  |
| CHELAPLUS IRON PREGNANCY FORM       | 716246001  |
| CHELA-PREG TABS                     | 891794005  |
| CHELA-PREG TRIMES 1 COMBO PACK      | 723117001  |
| CHELA-PREG TRIMES 2 COMBO PACK      | 723119001  |
| CHELA-PREG TRIMES 3 COMBO PACK      | 723120001  |
| CLICKS PAY LESS PRENATAL SUPPLEMENT | 721203001  |
| CLICKS PREGNANCY SUPPLEMENT CAPS    | 711165001  |
| FEFOL MULTI-PREG CAPS               | 716988001  |
| FILIBON CAPS                        | 726257001  |
| FS PREGNANCY FORM                   | 704200001  |
| HOLISTIX PLATINUMNPREG PACK         | 717236001  |
| HOLISTIX TOTAL SUPPLY PREGGIE       | 716965002  |
| MEDIRITE PREGNANCY SUPPLEMENT       | 3005411001 |
| MI-VITAMIN PREGNANCY CAPS           | 3002813001 |
| MOM2B CAPS                          | 710664001  |
| MOM2B COMBO KIT                     | 3000639001 |
| MOM2B OMEGA CAPSULES                | 715445001  |
| NIKIBON CAPS                        | 894052004  |
| NORDIC PRENATAL DHA SOFTGELS        | 719743001  |
| NUTRISSENTIALS EXPECTANT MUM        | 711815001  |
| OMIAGE (30 CAPS + 30 TABS)          | 716302001  |
| PREG O MUM COMPLETE KIT             | 723579001  |
| PREG VIT CAPS                       | 723675001  |
| PREGGY-MAMA TABS                    | 722210001  |
| PREGI FORTE CAPS                    | 715465001  |
| PREGNACARE PLUS                     | 714323001  |
| PREGNACARE TABS                     | 711697001  |
| PREGNAPIL PLUS CAPS                 | 3000364001 |
| PREG-NATAL CAPS                     | 701693001  |

| NAME                             | NAPPI      |
|----------------------------------|------------|
| PREGNAVIT M CAPS                 | 834890003  |
| PREGNAVIT M FIZZY EFF TABS       | 724001001  |
| PREGOMEGA DAY PACK               | 710721001  |
| PREGOMEGA PLUS DAY PACK          | 713755001  |
| PREG-O-PIN KIT 30TABS&30CAPS     | 720621001  |
| PREG-O-PIN PLUS 30TABS&30CAPS    | 721186001  |
| PREGS VITAMIN & MINERAL SUP CAPS | 704602001  |
| PREGVIT MR TABS                  | 893038005  |
| PREG-WELL CAPS                   | 707327001  |
| PREGWISE TABS                    | 716965002  |
| PRE-NATAL VITAMIN CAPS           | 3002857001 |
| PRONATAL TABS                    | 3003685001 |
| PURITANS PRENATAL COMPLEX CAPS   | 707051001  |
| PURITANS PRENATAL VITAMIN TABS   | 707079001  |
| RDA-PREG TABS                    | 710638001  |
| SCRIPTSAVERS EXPECTA CAPS        | 715130001  |
| SPORTRON PRENATAL PACK OMEGA     | 713626001  |
| STELLAR-MAMA 30 DAY PACK         | 722209001  |
| SUPRAVIT ACTIVE PREG CAPS        | 721111001  |
| SUPREME PREGNANCY BOOSTER        | 704433001  |
| SV PRENATAL NUTRIENTS TABS       | 700494001  |
| TRIOPLEX EXPECTAVIT CAPS         | 776270001  |
| VIRIDIAN PREGNANCY COMPLEX       | 712900001  |
| VITAL PREGNANT WOMEN PLUSS       | 872970020  |
| VITATECH PRENATAL PACK KIT       | 3003101001 |
| WELLNESS ESSENTIALS FOR PREG     | 713052001  |

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#### CLAIMS

Tel: 086 000 2378

Email: [service@bestmed.co.za](mailto:service@bestmed.co.za) (queries)  
[claims@bestmed.co.za](mailto:claims@bestmed.co.za) (claim submissions)

#### ER24 (EMERGENCY EVACUATION)

Tel: 084 124

#### INTERNATIONAL TRAVEL COVER (EUROP ASSISTANCE)

Tel: 0861 838 333

Claims and emergencies: [assist@europassistance.co.za](mailto:assist@europassistance.co.za)

Travel registrations: [bestmed-assist@linkham.com](mailto:bestmed-assist@linkham.com)

#### MATERNITY CARE

Tel: 012 472 6797

Email: [maternity@bestmed.co.za](mailto:maternity@bestmed.co.za)

#### WALK-IN FACILITY

Block A, Glenfield Office Park,  
361 Oberon Avenue,  
Faerie Glen, Pretoria, 0081, South Africa

#### POSTAL ADDRESS

P. O. Box 2297, Arcadia,  
Pretoria, 0001, South Africa

#### HOSPITAL AUTHORISATION

Tel: 080 022 0106

Email: [authorisations@bestmed.co.za](mailto:authorisations@bestmed.co.za)

#### CHRONIC MEDICINE

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#### BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

**Hotline:** 080 111 0210 toll-free from Telkom lines

**Hotfax:** 080 020 0796

**Hotmail:** [fraud@kpmg.co.za](mailto:fraud@kpmg.co.za)

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