

## **ANNEXURE B.1 – BENEFIT OPTIONS**

### **2023 BEAT RANGE**

#### **1.1 GENERAL CONDITIONS OF THE BENEFIT OPTIONS**

- 1.1.1** Members are entitled to the benefits indicated in this Annexure B of the registered Rules during a financial year, which shall run from 1 January to 31 December, and such benefits extend through the Member to his Dependant(s). A Member shall no later than 31 December prior to the year upon which it is intended that the change take place, elect in writing to participate in any one of the available options.
- 1.1.2** The Scheme's benefits on accounts properly lodged in terms of Rule 15 of the registered Rules shall be granted as shown in each paragraph and/or benefit options hereunder and the Member shall be liable for the difference between the Scheme's benefits and the full amount of the account.
- 1.1.3** No benefits shall be granted on accounts reaching the Scheme after the last day of the 4<sup>th</sup> (fourth) month following the date on which the service was rendered.
- 1.1.4** Granting of benefits shall be subject to, but not limited to, treatment protocols, funding guidelines, preferred providers, designated service providers (DSP), network option services, the Mediscor Reference Price (MRP) on all medicine where applicable and medicine formularies accepted by the Scheme. Benefits shall be subject to the exclusions referred to in Annexure C of the registered Rules.

- 1.1.5** Where a maximum amount of benefits has been imposed per financial year, the benefits shall be calculated at the maximum for the financial year in which the service was rendered. The maximum benefits for which a Member and/or his Dependant(s) qualify shall be determined in accordance with the actual membership status at the date on which the service is rendered.
- 1.1.6** A Member and/or his Dependant(s) shall be entitled to pro-rata benefits calculated from the date of enrolment up to the end of the financial year in which they join the Scheme, and shall include a benefit cycle, shown on the applicable benefit, which is effective from the date of service.
- 1.1.7** Where an account has been paid by the Member, such specified account plus proof of payment must be submitted to the Scheme before the last day of the 4<sup>th</sup> (fourth) month following the date on which the service was rendered. The Scheme will then refund the Member the applicable benefit amount.
- 1.1.8** Payment of accounts is restricted to the maximum amount of the benefit entitlement in terms of the applicable benefit and option elected. Benefits shall be paid as follows (whichever is applicable):
- 1.1.8.1** At 100% of Scheme tariff, which refers to the tariff approved annually by the Board of Trustees or the negotiated rate for hospitals and designated or preferred service providers.
- 1.1.8.2** Notwithstanding any provisions to the contrary in this Annexure, accounts in respect of the diagnosis, treatment and care of Prescribed Minimum Benefits (PMBs), as per the standard of care in the State sector, shall be payable at cost, without deductibles or the use of co-payments, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules, as per PMB regulations: Provided that:
- 1.1.8.2.1** Payments shall first be from the specified limit(s) on the applicable benefit before continued funding in respect of PMB may be accessed; and
- 1.1.8.2.2** The funds in a Member's Medical Savings Account (i.e. PMSA and Vested Medical Savings Account) shall not be used to pay for the costs of a PMB.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p><b>1.2 HOSPITAL, HOSPITAL-RELATED BENEFITS AND OTHER MAJOR MEDICAL EXPENSES</b></p> <ul style="list-style-type: none"> <li>- All hospital and hospital-related benefits shall be subject to Pre-authorisation, major medical expenses which require Pre-authorisation shall be indicated.</li> <li>- Comprehensive benefits are offered for all pre-authorized services and authorised emergency services rendered during hospitalisation, i.e. from the day of admission up to and including the day of discharge.</li> <li>- No benefits in a private hospital or day clinic shall be granted by the Scheme or its proxy if Pre-authorisation and an authorisation number have not been obtained: <ul style="list-style-type: none"> <li>▪ In the event of planned major operations and dental procedures, Members are advised to obtain Pre-authorisation at least 2 (two) weeks in advance to ensure that the Member is aware of applicable benefits, limits, network restrictions, etc., before the event.</li> <li>▪ In an emergency, on the 1<sup>st</sup> (first) working day after admission to a hospital, or at the first reasonable opportunity as may be determined by the Scheme.</li> </ul> </li> <li>- Late authorisations will be subject to, but not limited to, clinical review, application of rules, benefits, protocols, funding guidelines, as well as the PMB status of the services rendered.</li> <li>- If Pre-authorisation and an authorisation number have been obtained for treatment in a private hospital or day clinic but the treatment cost exceeds the authorised benefits, only the benefits of the authorised treatment cost shall be granted and the Member shall be liable for payment of the excess to the service provider, unless if the excess costs were as a direct result of treatment received and necessary for the beneficiary and authorisation could not be obtained in time.</li> <li>- No benefits in respect of MRI scans and computer tomographic studies shall be granted if an authorisation number has not been obtained in advance or, in an emergency, on the 1<sup>st</sup> (first) working day after admission to a hospital, by the Scheme or its proxy.</li> <li>- Full cross subsidisation between Members shall apply without an annual limit.</li> </ul>				

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<ul style="list-style-type: none"> <li>- The Scheme's list of Hospital Network DSP (contracted private hospitals and contracted State facilities) and designated and preferred service providers, available on the Scheme's website or via the Contact Centre, shall be applicable to benefits.</li> <li>- Co-payments: <ul style="list-style-type: none"> <li>▪ A co-payment of R13 078 shall apply on the Beat Network benefit options for the voluntary use of a non-designated Hospital Network, i.e. where a Member or his Dependant(s) voluntarily choose not to make use of a hospital forming part of the Hospital Network.</li> </ul> </li> </ul>				
<p><b>1.2.1 Hospitalisation:</b> Pre-authorisation must be obtained for accommodation (hospital stay) in a general ward, intensive-care and high-care unit, theatre and material.</p>	Benefits shall be at 100% of Scheme tariff/cost*. DSP Network applies.			
<p><b>1.2.2 Take-home medicine:</b> Medicine supplied by the hospital when a patient is discharged.</p>	Medicine prescribed by the treating provider for a patient discharged from hospital, relating to the admission, to take home will be paid at 100% of Scheme tariff/cost* for a maximum supply of 7 (seven) days.			
<p><b>1.2.3 Biological medicine during hospitalisation</b> Biological medicine is a substance that is made from a living organism or its products and is used in the prevention, diagnosis, or treatment of acute and chronic diseases.</p>	Benefits shall be at 100% of Scheme tariff/cost*, subject to pre-approval and limited to R10 570 per family per financial year.	Benefits shall be at 100% of Scheme tariff/cost*, subject to pre-approval and limited to R15 855 per family per financial year.	Benefits shall be at 100% of Scheme tariff/cost*, subject to pre-approval and limited to R21 140 per family per financial year.	Benefits shall be at 100% of Scheme tariff/cost*, subject to pre-approval and limited to R26 425 per family per financial year.

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<b>1.2.4 Treatment in mental health clinics</b>	Benefits shall be at 100% of Scheme tariff/cost*, subject to the length of stay limited to 21 (twenty-one) days per beneficiary per financial year and Pre-authorisation.			
<b>1.2.5 Treatment of chemical and substance abuse</b>	Benefits shall be at 100% of Scheme tariff/cost*, subject to the following: <ul style="list-style-type: none"> <li>- Pre-authorisation;</li> <li>- DSP Network;</li> <li>- The length of stay shall be limited to 21 (twenty-one) days for in-hospital or limited to R35 573 per beneficiary per financial year, whichever comes first.</li> </ul> OR <ul style="list-style-type: none"> <li>- 15 (fifteen) contact sessions for out-patient psychotherapy per condition, per beneficiary per financial year.</li> </ul>			
<b>1.2.6 Consultations and procedures:</b> Consultations, visits, operations, surgical procedures and anaesthetics during hospitalisation and/or admission to day clinics.	Claims submitted by General Practitioners (GPs) and specialists for treatment during hospitalisation shall be at 100% of Scheme tariff/cost*. DSP Network applies for the Beat Network benefit options.			
<b>1.2.7 Organ transplants (in and/or out of hospital):</b> Pre-authorisation must be obtained.	Benefits shall be limited to the treatment of certain PMB conditions as per the standard of care in the State sector, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules, and shall be paid at cost as per PMB regulations.			
<b>1.2.8 Blood transfusion</b>	Blood, operators' fees, transport charges and apparatus payable at 100% Scheme tariff/cost*.			
<b>1.2.9 Dental / Oral / Jaw surgery</b>	- Pre-authorisation must be obtained for any surgical procedure that needs to be performed in a theatre and shall be payable at 100% Scheme tariff.			

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	- The treatment of certain PMB conditions, as per the standard of care in the State sector shall be paid at cost, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules as per PMB regulations.			
<p><b>1.2.9.1 Dental and oral surgery (in and/or out of hospital)</b></p>	<p>No benefits, except for the treatment of certain PMB conditions the standard of care in the State sector which shall be paid at cost at DSP day hospitals.</p>	<p>Qualifying PMB procedures only at DSP day hospitals. PULP procedures, extractions and restorations in DSP day hospital, only for beneficiaries of ages 0 (zero) until 7 (seven) years and disabled beneficiaries, shall be limited to R5 782 per family.</p> <p>Dental surgical procedures for beneficiaries over 7 (seven) years shall be paid from the PMSA at 100% Scheme tariff for the following procedures performed in the doctor's rooms only:</p>	<p>100% at Scheme tariff limited to R8 893 per family per financial year for the following procedures performed either in or out of hospital:</p> <ul style="list-style-type: none"> <li>- Surgical extractions of teeth / roots / impactions / failed implants;</li> <li>- Surgical drainage of dental abscess;</li> <li>- Alveolectomy / alveolotomy (preparatory surgery for dental prosthesis);</li> <li>- Root canal related surgery.</li> </ul>	<p>100% at Scheme tariff limited to R11 117 per family per financial year for the following procedures performed either in or out of hospital:</p> <ul style="list-style-type: none"> <li>- Surgical extractions of teeth / roots / impactions / failed implants;</li> <li>- Surgical drainage of dental abscess;</li> <li>- Alveolectomy / alveolotomy (preparatory surgery for dental prosthesis);</li> <li>- Root canal related surgery;</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
		<ul style="list-style-type: none"> <li>- Surgical extractions of teeth / roots / impactions / failed implants;</li> <li>- Surgical drainage of dental abscess;</li> <li>- Alveolectomy / alveolotomy (preparatory surgery for dental prosthesis);</li> <li>- Root canal related surgery.</li> </ul>		<ul style="list-style-type: none"> <li>- Dental implant related surgery;</li> <li>- Pre-prosthetic (preparatory to dental prosthetics) surgery;</li> <li>- Orthodontic related / orthognathic surgery.</li> </ul>
<p><b>1.2.9.2 Major medical maxilla-facial surgery</b></p>	<p>No benefits, except for the treatment of PMB conditions as per standard of care in the State sector which shall be paid at cost at DSP day hospitals.</p>	<p>100% of Scheme tariff limited to R14 256 per family per financial year, strictly for the following conditions:</p> <ul style="list-style-type: none"> <li>- Severe trauma (soft tissue injuries, fractures of jaws and facial bones);</li> <li>- Cleft lip and palate;</li> <li>- Crouson's disease;</li> </ul>	<p>100% of Scheme tariff limited to R14 518 per family per financial year, strictly for the following conditions:</p> <ul style="list-style-type: none"> <li>- Severe trauma (soft tissue injuries, fractures of jaws and facial bones);</li> <li>- Cleft lip and palate;</li> <li>- Crouson's disease;</li> </ul>	

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
			<ul style="list-style-type: none"> <li>- Malunited craniomaxillary disjunction;</li> <li>- Post-traumatic defects (root residues in sinus, secondary oro-nasal fistula, faciostenosis);</li> <li>- Internal TM joint surgery (condylectomy, arthrocentesis, arthroplasty, total joint reconstruction);</li> <li>- Salivary gland surgery (removal of gland or salivary stone);</li> <li>- Life threatening sepsis (Ludwig's angina); and</li> <li>- Confirmed oral cancer.</li> </ul>	<ul style="list-style-type: none"> <li>- Malunited craniomaxillary disjunction;</li> <li>- Post-traumatic defects (root residues in sinus, secondary oro-nasal fistula, faciostenosis);</li> <li>- Internal TM joint surgery (condylectomy, arthrocentesis, arthroplasty, total joint reconstruction);</li> <li>- Salivary gland surgery (removal of gland or salivary stone);</li> <li>- Life threatening sepsis (Ludwig's angina); and</li> <li>- Confirmed oral cancer.</li> </ul>
<p><b>1.2.10 Prosthesis benefits</b></p>	<p>Benefits shall subject to the following:</p> <ul style="list-style-type: none"> <li>- Pre-authorisation;</li> <li>- Preferred providers or DSPs;</li> </ul>			



HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	<ul style="list-style-type: none"> <li>- The treatment of certain PMB conditions, as per the standard of care in the State sector shall be paid at cost, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules as per PMB regulations; and</li> <li>- Services for non-PMB conditions shall be based on Scheme tariff or contracted fee and shall be subject to exclusions for joint replacement surgery.</li> </ul>			
<p><b>1.2.10.1 Prosthesis – Internal</b> Prosthesis surgically implanted during operations for the replacement of parts of the human body for functional medical reasons, including delivery systems and related items.</p>	<p>Benefits shall not be pro-rated and shall be paid at 100% of Scheme tariff/cost* limited to the over-all limit of R86 841 per family per financial year.</p> <p>Sub-limits per beneficiary per financial year:</p> <ul style="list-style-type: none"> <li>- Vascular R50 000</li> <li>- Pacemaker dual chamber R47 344</li> <li>- Endovascular and catheter base procedures- no benefit</li> <li>- Spinal including artificial disk (single level based) R34 661</li> <li>- Drug-eluting stents - no benefits apart from PMB conditions and DSP products only</li> <li>- Mesh R12 164</li> <li>- Gynaecology / Urology R9 940</li> <li>- Lens implants R7 585 a lens per eye</li> </ul>	<p>Benefits shall not be pro-rated and shall be paid at 100% of Scheme tariff/cost* limited to the over-all limit of R87 757 per family per financial year.</p> <p>Sub-limits per beneficiary per financial year:</p> <ul style="list-style-type: none"> <li>- Vascular R60 000</li> <li>- Pacemaker dual chamber R47 344</li> <li>- Endovascular and catheter base procedures - no benefit</li> <li>- Spinal including artificial</li> </ul>	<p>Benefits shall not be pro-rated and shall be paid at 100% of Scheme tariff/cost* limited to the over-all limit of R107 122 per family per financial year.</p> <p>Sub-limits per beneficiary per financial year:</p> <ul style="list-style-type: none"> <li>- Vascular R65 000</li> <li>- Pacemaker dual chamber R61 992</li> <li>- Endovascular and catheter base procedures - no benefit</li> <li>- Spinal including artificial</li> </ul>	

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	<ul style="list-style-type: none"> <li>- Functional (items utilised towards treating or supporting a bodily function) R31 000</li> </ul>		<ul style="list-style-type: none"> <li>disk (single level based) R34 789</li> <li>- Drug-eluting stents - no benefits apart from PMB conditions and DSP products only</li> <li>- Mesh R12 227</li> <li>- Gynaecology / Urology R10 098</li> <li>- Lens implants R7 585 a lens per eye</li> <li>- Functional (items utilised towards treating or supporting a bodily function) R32 000</li> </ul>	<ul style="list-style-type: none"> <li>disk (single level based) R37 013</li> <li>- Drug-eluting stents R20 795</li> <li>- Mesh R13 733</li> <li>- Gynaecology / Urology R10 071</li> <li>- Lens implants R7 847 a lens per eye</li> <li>- Functional (items utilised towards treating or supporting a bodily function) R34 000</li> </ul>
<p><b>1.2.10.2 Prosthesis – External:</b> Prosthesis used after operations for the replacement of parts of the human body for functional medical reasons, including delivery systems and related</p>	<p>No benefit, except in respect of PMB conditions.</p>			<p>Limited to R25 765 per family per financial year:</p> <ul style="list-style-type: none"> <li>- 2 (two) quotations may be required;</li> <li>- Preferred providers or DSPs; and</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p>items. A list of prosthesis covered can be requested from the Scheme.</p>				<ul style="list-style-type: none"> <li>- Artificial limbs are limited to 1 (one) limb every 60 (sixty) months, except for PMBs where requirements in terms of the amputated limbs will be assessed by the Scheme in line with what is considered predominant in the public hospital practice.</li> <li>- Repair work to artificial limbs will be funded from the Medical aids, apparatus and appliances benefit indicated in Rule 1.6.4.</li> </ul>
<p><b>1.2.10.3 Exclusions on joint replacement surgery for non-PMB conditions</b></p>	<p>No benefit for joint replacement surgery, except for PMBs, subject to the following prosthesis limits, which form part of the Prosthesis – Internal over-all limit, at 100% contracted fees:</p>	<p>No benefit for joint replacement surgery, except for PMBs, subject to the following prosthesis limits,</p>	<p>No benefit for joint replacement surgery, except for PMBs, subject to the following prosthesis limits,</p>	

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	<ul style="list-style-type: none"> <li>- Hip replacement and other major joints R36 489</li> <li>- Knee replacement R44 990</li> <li>- Other minor joints R13 995</li> </ul>		<p>that form part of the Prosthesis – Internal over-all limit, at 100% contracted fees:</p> <ul style="list-style-type: none"> <li>- Hip replacement and other major joints R36 751</li> <li>- Knee replacement R45 474</li> <li>- Other minor joints R13 995</li> </ul>	<p>that form part of the Prosthesis – Internal over-all limit, at 100% contracted fees:</p> <ul style="list-style-type: none"> <li>- Hip replacement and other major joints R38 059</li> <li>- Knee replacement R50 562</li> <li>- Other minor joints R15 536</li> </ul>
<b>1.2.11 Mammary surgery</b> For breast cancer	Treatment of the unaffected (non-cancerous) breast shall be limited to PMB provisions and is subject to Pre-authorisation and funding guidelines.			
<b>1.2.12 Orthopaedic and medical appliances during hospitalisation</b>	Benefits shall be at 100% of Scheme tariff/cost* for back, leg, arm and neck support, crutches, surgical footwear and elastic stockings provided before discharge from hospital.			
<b>1.2.13 Pathology during hospitalisation</b>	Benefits shall be at 100% of Scheme tariff/cost*.			
<b>1.2.14 Basic radiology during hospitalisation</b>	Benefits shall be at 100% of Scheme tariff/cost*.			
<b>1.2.15 Specialised diagnostic imaging during hospitalisation</b>	Benefits shall be at 100% of Scheme tariff/cost* for MRI scans, CT scans and isotope studies, subject to Pre-authorisation.			

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<b>1.2.16 Oncology benefits (in or out of hospital)</b>	Oncology programme benefits at 100% of Scheme tariff/cost*, subject to Pre-authorisation and designated or preferred service providers.			
<b>1.2.17 Peritoneal dialysis and haemodialysis (in or out of hospital)</b>	Benefits shall be at 100% of Scheme tariff/cost*, subject to Pre-authorisation and designated or preferred service providers.			
<b>1.2.18 HIV/AIDS benefits (in or out of hospital)</b>	Benefits shall be at 100% of Scheme tariff/cost*, subject to Pre-authorisation and designated or preferred service providers.			
<b>1.2.19 Confinements</b>	<p>Benefits shall be at 100% of Scheme tariff/cost*, even if the baby dies before registration, for the following:</p> <ul style="list-style-type: none"> <li>- Medical practitioners;</li> <li>- Nursing home and hospital fees in accordance with the provisions of the “Hospitalisation” benefit;</li> <li>- Midwife assisted births in an Active Hospital Birth Unit or home confinement by a midwife. Transport fees, hospital facility fees, renting of a birth pool, medical disposables or medication, antenatal consultations, doulas and breastfeeding support shall be excluded from benefits if these are not PMB level of care; and</li> <li>- Midwife assisted births at a private midwife birth house. Transport fees, renting of a birth pool, antenatal consultations, doulas and breastfeeding supports shall be excluded from benefits if these are not PMB level of care.</li> </ul>			
<b>1.2.20 Refractive surgery and all types of procedures to improve or stabilise vision, except for cataracts</b>	No benefit, except in respect of PMB conditions.		Benefits shall be at 100% of Scheme tariff limited to R9 155 per eye, subject to Pre-authorisation and protocols.	Benefits shall be at 100% of Scheme tariff limited to R10 333 per eye, subject to Pre-authorisation and protocols.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<b>1.2.21 Supplementary services during hospitalisation</b>	Benefits shall be at 100% of Scheme tariff/cost*, provided that the claim is related to the hospital admission of the patient and is in line with the Scheme funding guidelines and protocols, for supplementary services which include services rendered by physiotherapists, masseurs, chiropractors, osteopaths, orthoptists, audiologists/hearing aid acousticians, occupational therapists, podiatrists/chiropract, dieticians, speech therapists, biokinetics, stoma therapist and social workers.			
<b>1.2.22 Alternatives to hospitalisation</b>	Benefits shall be at 100% of Scheme tariff subject to: <ul style="list-style-type: none"> <li>- Pre-authorisation;</li> <li>- Step-down facilities approved by the Scheme; and</li> <li>- Services must be rendered by registered private nurses and hospices.</li> </ul>			
<b>1.2.23 Palliative care and home-based care in lieu of hospitalisation</b>	Benefits shall be at 100% of Scheme tariff/cost* limited to R63 420 per beneficiary per financial year, subject to Pre-authorisation.			Benefits shall be at 100% of Scheme tariff/cost* limited to R95 130 per beneficiary per financial year, subject to Pre-authorisation.
<b>1.2.24 Ambulance and emergency evacuation services</b>	Benefits shall be subject to: <ul style="list-style-type: none"> <li>- Provisions of benefits by ER24, as the Scheme's capitated preferred provider for ambulance services.</li> <li>- Benefits shall only be payable if the evacuation service was involuntarily requested and delivered by a service provider other than the preferred provider: Provided that services in respect of PMB conditions shall be payable at cost, without deductibles or the use of co-payments, subject to the provisions of Rule 15.10 of the main rules read in conjunction with Annexure D.1 of these Rules, as shall be evaluated by the Scheme.</li> </ul>			

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<b>1.2.25 International emergency medical cover</b>	<p>In addition to the provisions for foreign claims referred to in Rule 16.12 of the registered Bestmed Rules, the Member and his Dependant(s) qualify for additional benefits which shall be at 100% contracted tariff subject to the following:</p> <ul style="list-style-type: none"> <li>- Provision of benefits by Europ Assistance SA, as the Scheme's preferred provider for international travel insurance.</li> <li>- Cover for leisure and business travel for emergency medical and related expenses: <ul style="list-style-type: none"> <li>▪ Leisure travel is limited to 45 (forty-five) days and R500 000 cover for travelling to the United States of America (USA) for a family i.e. Member and Dependant(s). All other countries are covered up to 90 (ninety) days for R3 million for a family i.e. Member and Dependant(s).</li> <li>▪ Business travel is limited to 45 (forty-five) days and R500 000 cover for travelling to the USA for a family i.e. Member and Dependant(s). All other countries are covered up to 45 (forty-five) days for R3 million for a family i.e. Member and Dependant(s).</li> </ul> </li> <li>- A Member must give at least 48 (forty-eight) hours advance notice when he and/or his Dependant(s) are traveling overseas. Failure to do so will result in claims being rejected.</li> <li>- General exclusions to services apply. Elective planned procedures undergone outside of South Africa are not covered.</li> </ul>			
<b>1.2.26 Day procedures at a day hospital facility</b>	<p>Day procedures at a day hospital facility shall be funded at 100% of Scheme tariff/cost*, subject to:</p> <ul style="list-style-type: none"> <li>- Pre-authorisation;</li> <li>- Protocols and funding guidelines; and</li> </ul>			

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	<ul style="list-style-type: none"> <li>- DSPs for PMBs</li> </ul> Where procedures are done in a private hospital, a co-payment of R2 500 per event shall apply for the voluntary use of a private hospital.			
<b>1.2.27 Co-payments</b>	A co-payment of R13 078 shall apply on the Beat1 Network, Beat2 Network and Beat3 Network benefit options for the voluntary use of a non-designated Hospital Network, i.e. where a Member or his Dependant(s) voluntarily choose not to make use of a hospital forming part of the Hospital Network.			Not Applicable
<p><b>1.3 MEDICINE BENEFITS</b></p> <p>Benefits for chronic, high-cost medicine, acute and over-the-counter (OTC) medicine shall be subject to:</p> <ul style="list-style-type: none"> <li>- Prior application and approval by the Scheme where indicated.</li> <li>- The Scheme treatment protocols and clinical funding guidelines. Motivations and reports by appropriate medical practitioners may be requested by the Scheme.</li> <li>- The Scheme's formulary (medicine list), where applicable.</li> <li>- Where medicines have generic alternatives registered with the South African Health Products Regulatory Authority (SAHPRA), the Scheme will reimburse those medicines up to the MRP for that active ingredient.</li> <li>- Benefit amount for medicine will be calculated at Single Exit Price (SEP), plus the dispensing fee as negotiated by the Scheme, plus VAT.</li> <li>- DSPs may apply.</li> <li>- Each prescription or repeat prescription shall be limited to one month's supply per beneficiary. The Scheme may, at its sole discretion and according to the relevant protocols, grant an advance supply of medicine upon receipt of the relevant application.</li> </ul>				



HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<ul style="list-style-type: none"> <li>- Non-CDL medicine benefits shall apply for the conditions indicated with double asterisks (**) where provision is not made in the Diagnosis and Treatment Pairs constituting the PMB package as listed in the Medical Schemes Act.</li> <li>- Approved PMB, CDL and non-CDL chronic medicine costs shall be paid from the non-CDL limit first. Thereafter, only approved PMB and CDL chronic medicine costs shall be paid by the Scheme. Approved treatment for organ transplant, chronic renal failure, multiple sclerosis and haemophilia will be paid directly from Scheme risk and not non-CDL limit.</li> <li>- Over-the-counter (OTC) medicine benefits are not applicable to the Beat1 and Beat1 Network benefit options.</li> </ul>				
<p><b>1.3.1 Chronic medicine not listed on the chronic disease list (“non-CDL medicine”)</b></p>	<p>No benefit</p>	<p>Medicine on the formulary shall be covered at 80% of Scheme tariff with a 20% co-payment and non-formulary medicine shall be covered at 70% of Scheme tariff with a 30% co-payment.</p> <p>Payment shall be at Scheme tariff limited to  M = R3 793 and  M1+ = R7 716  per financial year, for the following 5 (five) non-CDL conditions:</p>	<p>Medicine on the formulary shall be covered at 90% of Scheme tariff with a 10% co-payment and non-formulary medicine shall be covered at 80% of Scheme tariff with a 20% co-payment.</p> <p>Payment shall be limited to  M = R8 331 and  M1+ = R16 663  per financial year, for the following 9 (nine) non-CDL conditions:</p> <ul style="list-style-type: none"> <li>- Acne</li> </ul>	

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
			<ul style="list-style-type: none"> <li>- Acne</li> <li>- Allergic rhinitis</li> <li>- Attention Deficit Disorder (ADD)/Attention Deficit Hyperactive Disorder (ADHD)</li> <li>- Eczema</li> <li>- Migraine Prophylaxis</li> </ul> <p>Subject to: Prior application and approval by the Scheme and benefits shall be from the date on which the application was received by the Scheme or its proxy.</p>	<ul style="list-style-type: none"> <li>- Allergic rhinitis</li> <li>- Attention Deficit Disorder (ADD)/Attention Deficit Hyperactive Disorder (ADHD)</li> <li>- Eczema</li> <li>- Gastro Oesophageal Reflux Disease (GORD)**</li> <li>- Gout Prophylaxis**</li> <li>- Major Depression** shall be covered as a life-sustaining condition once the non-CDL benefit limit has been depleted</li> <li>- Migraine prophylaxis</li> <li>- Obsessive Compulsive Disorder</li> </ul> <p>Subject to:</p> <ul style="list-style-type: none"> <li>- Prior application and approval by the Scheme</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				and benefits shall be from the date on which the application was received by the Scheme or its proxy.
<b>1.3.2 Medicine for PMB conditions including the conditions listed on the chronic disease list (CDL)</b>	Benefits shall be at 100% of Scheme tariff/cost*, subject to: <ul style="list-style-type: none"> <li>- Prior application and approval by the Scheme.</li> <li>- A co-payment of 30% shall apply for the voluntary use of non-formulary medicine.</li> </ul>			Benefits shall be at 100% of Scheme tariff/cost*, subject to: <ul style="list-style-type: none"> <li>- Prior application and approval by the Scheme.</li> <li>- A co-payment of 20% shall apply for the voluntary use of non-formulary medicine.</li> </ul>
<b>1.3.3 Biological medicine out of hospital:</b> Biological medicine is a substance that is made from a living organism or its products and is used in the prevention, diagnosis, or treatment of acute and chronic diseases.	Scheme pre-approval is required and out of hospital benefits are limited to the treatment of certain PMB conditions, as per the standard of care in the State sector, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules as per PMB regulations, shall be paid at cost.			

\* As per the provisions of Rule 1.1.8.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<b>1.3.4 Other high-cost medicine out of hospital:</b>	Scheme pre-approval is required and out of hospital benefits are limited to the treatment of certain PMB conditions, as per the standard of care in the State sector, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules as per PMB regulations, shall be paid at cost.			
<b>1.3.5 Acute medicine</b>	No benefit	Benefits shall be at 100% of Scheme tariff from the PMSA for: <ul style="list-style-type: none"> <li>- Medicine, excluding medicine referred to in Annexure C2 of the registered Rules, prescribed out of a hospital by a medical practitioner, a contracted Pharmacist Primary Care Drug Therapy (PCDT) pharmacist, or dentist or a person authorised thereto by law.</li> <li>- Registered homeopathic remedies, injections and herbal remedies.</li> </ul>		Benefits shall be at 100% of Scheme tariff from the PMSA. Once the funds in the PMSA have been depleted, benefits shall subject to the overall day-to-day limit and the following maxima per financial year:  M = R3 178 and M1+ = R6 421  Benefits shall be for: <ul style="list-style-type: none"> <li>- Medicine, excluding medicine referred to in Annexure C2 of the registered Rules, prescribed out of a</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>hospital by a medical practitioner, a contracted Pharmacist Primary Care Drug Therapy (PCDT) pharmacist, dentist or a person authorised thereto by law.</p> <ul style="list-style-type: none"> <li>- Registered homeopathic remedies with nappi code(s).</li> <li>- Benefits for homeopathic remedies, injections and herbal remedies without nappi code(s) shall be paid from the Vested Medical Savings Account.</li> </ul>
<p><b>1.3.6 Over-the-counter (OTC) medicine</b></p> <p>The member may choose how to access OTC medicine benefits:</p>	<p>No benefit</p>	<p>Shall be paid at 100% at Scheme tariff from the PMSA. Benefit includes, but not limited to, purchases of sunscreen, vitamins and minerals with nappi codes on the Scheme's formulary.</p>		<p>1. The OTC medicine benefit up to the limit of R1 057 per family per financial year, paid at 100% of Scheme tariff from the</p>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p>1. The OTC medicine benefit with a set limit on the PMSA.</p> <p>OR</p> <p>2. The OTC medicine benefit without a set limit on the PMSA to accumulate a self-payment gap.</p>				<p>PMSA. Benefit includes, but not limited to, purchases of sunscreen, vitamins and minerals with nappi codes on the Scheme's formulary.</p> <p>1.1 Once the set limit has been reached, the member may access further OTC medicine benefits through the Vested Medical Savings Account where purchases shall be paid at 100% Scheme tariff.</p> <p>OR</p> <p>2. OTC medicine benefit without a limit on the</p>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>PMSA to accumulate a self-payment gap once the limit of R1 057. has been reached.</p> <p>2.1 The threshold will be determined by the amount allocated to the annual PMSA at the beginning of the year, or pro-rated if the Member joins after January, from which OTC medicine purchases, in excess of the aforementioned set limit, will accumulate to a self-payment gap.</p> <p>2.2 Once a self-payment gap has accumulated, the day-to-day health</p>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>care services, as indicated in Rule 1.6 of this Annexure, will contribute towards the payment of the self-payment gap, thus reducing and ultimately closing the self-payment gap. The Member will only be able to access the Scheme's day-to-day benefits after contributing to the full amount of the self-payment gap.</p> <p>2.3 The cost or Scheme tariff for services, whichever is lower, shall be used in the calculation of the</p>



HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>contribution towards the self-payment gap: Non-contributing services or items shall not be taken into account in this calculation.</p> <p>2.4 Where the annual PMSA is depleted, the Member will be liable for day-to-day claims (i.e. pay out of his own pocket) until he fully contributes to the self-payment gap amount.</p> <p>2.5 The Member must continue to submit claims to the Scheme, even when the Member is in the self-payment</p>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>gap, as this will inform the Scheme when the Member has fully contributed to the self-payment gap and consequently qualifies for the Scheme's day-to-day benefits. The claims must be submitted to the Scheme not later than the last day of the 4<sup>th</sup> (fourth) month following the month in which the relevant health service was rendered.</p>
<b>1.4 PREVENTATIVE CARE AND WELLNESS BENEFITS</b>	Benefits shall be at 100% of Scheme tariff.			
<b>1.4.1 Influenza vaccine</b>	1 (one) vaccine per beneficiary per financial year.			
<b>1.4.2 Pneumonia programme</b>	Children under 2 (two) years of age: - As per the schedule of the Department of Health.			

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	Adult group: <ul style="list-style-type: none"> <li>- Twice in a lifetime, with a booster if beneficiary is above 65 (sixty-five) years of age.</li> <li>- The Scheme in accordance with its protocol, will identify certain high-risk individuals who will be advised to be immunised.</li> </ul>			
<b>1.4.3 Travel vaccinations</b>	No benefit	Bestmed provides cover for certain mandatory travel vaccines for typhoid, yellow fever, tetanus, meningitis, hepatitis and cholera from Scheme risk benefits.		
<b>1.4.4 Baby growth and development assessments</b>	Children from 0 (zero) up to 2 (two) years of age: <ul style="list-style-type: none"> <li>- 3 (three) assessments per year.</li> <li>- Assessments must be conducted at a Tempo partner pharmacy clinic.</li> </ul>			
<b>1.4.5 Paediatric immunisations</b>	No benefit	Paediatric vaccines according to the State recommended programme for babies and children.		
<b>1.4.6 Female contraceptives</b>	Applicable to all females of childbearing age: <ul style="list-style-type: none"> <li>- Quantity and frequency depending on product up to the maximum of R2 550 per beneficiary per financial year, which includes all items classified in category of female contraceptives.</li> <li>- Intrauterine device (IUD) once every 5 (five) years.</li> </ul>			Applicable to all females of childbearing age: <ul style="list-style-type: none"> <li>- Quantity and frequency depending on product up to the maximum of R2 550 per beneficiary per financial year, which includes all items classified in category of female contraceptives.</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<ul style="list-style-type: none"> <li>- Intrauterine device (IUD) – insertion (consultation and procedure) of the device if done by a gynaecologist or GP once every 5 (five) years.</li> </ul>
<p><b>1.4.7 Back and neck preventative programme</b></p>	<p>Applicable to all ages – subject to Pre-authorisation:</p> <ul style="list-style-type: none"> <li>- Preferred providers, i.e. DBC or Workability clinics.</li> <li>- Applicable to beneficiaries with serious spinal and/or back problems that may require surgery and use of this programme is in lieu of surgery.</li> <li>- The Scheme may identify appropriate participants for evaluation at a DBC or Workability clinic.</li> <li>- Based on the first assessment, a rehabilitation treatment plan is drawn up and initiated over an uninterrupted period that will be specified by the provider.</li> </ul>			
<p><b>1.4.8 Preventative dentistry</b></p>	<p>No benefit</p>	<p>Benefits are applicable per beneficiary:</p> <ol style="list-style-type: none"> <li>1. <b>General full mouth examination by a general dentist (incl. gloves and use of sterile equipment for this visit):</b> <ul style="list-style-type: none"> <li>- For beneficiaries under 12 (twelve) years - twice per financial year.</li> <li>- For beneficiaries 12 (twelve) years and older- once per financial year.</li> </ul> </li> <li>2. <b>Full mouth intra-oral radiographs:</b> All ages, once every 36 (thirty-six) months.</li> <li>3. <b>Intra-oral radiograph:</b></li> </ol>		

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
		<p>All ages, 2 (two) x photos per financial year.</p> <p>4. <b>Scaling and/or polishing:</b> All ages, twice per financial year.</p> <p>5. <b>Fluoride treatment:</b> All ages, twice per financial year.</p> <p>6. <b>Fissure sealing:</b> Beneficiaries up to and including 21 (twenty-one) years, the frequency will be in accordance with accepted protocol.</p> <p>7. <b>Space maintainers:</b> During primary and mixed denture stage, once per space.</p>		
<b>1.4.9 Mammogram</b>	Females 40 (forty) years and older - once every 24 (twenty-four) months.			
<b>1.4.10 Human Papilloma Virus (HPV) vaccinations</b>	<p>Females 9 (nine) – 26 (twenty-six) years of age:</p> <ul style="list-style-type: none"> <li>- 3 (three) vaccinations per beneficiary.</li> <li>- Cervarix/Gardasil shall be funded at Mediscor Reference Price (MRP).</li> </ul>			
<p><b>1.4.11 Prostate Specific Antigen (PSA) test:</b></p> <p>Tariff codes claimed by pathologists or nappi codes claimed by pharmacies in respect of this benefit are included.</p>	No benefit	<p>Males 50 (fifty) years and older:</p> <ul style="list-style-type: none"> <li>- Once every 24 (twenty-four) months per beneficiary.</li> <li>- To be done at urologist or GP. Urologist or GP consultation paid from the available consultation benefit.</li> </ul>		
<b>1.4.12 PAP smear:</b>	<p>Preventative benefit is subject to:</p> <ul style="list-style-type: none"> <li>- Females 18 (eighteen) years and older.</li> </ul>			

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p>Tariff codes claimed by pathologists or nappi codes claimed by pharmacies in respect of this benefit are included.</p>	<ul style="list-style-type: none"> <li>- Once every 24 (twenty-four) months per beneficiary.</li> <li>- To be done at a gynaecologist or GP.</li> <li>- Consultation fee paid from the consultation benefit, subject to PMBs.</li> </ul> <p>Benefits in respect of PMBs for shall be paid from the applicable Scheme benefits.</p>			
<p><b>1.4.13 Tempo programme:</b> Benefits on the Tempo programme can only be accessed when a beneficiary undergoes a health risk assessment.</p>	<p><b>1. Health risk assessments</b> Beneficiaries 16 (sixteen) years and older</p> <ul style="list-style-type: none"> <li>- 1 (one) per beneficiary per financial year for beneficiaries 16 (sixteen) years and older.</li> <li>- Biometric screening and lifestyle questionnaire must be completed at Wellness Network pharmacies, onsite at selected Employer Groups or at a Tempo biokineticist or DSP GPs. Only certain selected Employer Groups and primary nursing staff will be allowed to conduct the assessment.</li> <li>- Beneficiaries must complete a health risk assessment in order to unlock the rest of the Tempo programme benefits.</li> </ul> <p><b>2. Fitness and nutritional interventions available to beneficiaries 16 (sixteen) years and older</b></p> <p><b>Fitness</b></p> <ul style="list-style-type: none"> <li>- 1 (one) fitness test at a Tempo biokineticist conducted in person; and</li> <li>- 1 (one) follow-up in person or virtual consultation at a Tempo biokineticist to obtain a personalised fitness/exercise plan.</li> </ul> <p><b>Nutrition</b></p> <ul style="list-style-type: none"> <li>- 1 (one) nutritional assessment at a Tempo dietician; and</li> <li>- 1 (one) follow-up in person or virtual consultation at a Tempo dietician to obtain a personalised diet plan.</li> </ul>			

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
	<p><b>3. Emotional wellbeing journey</b></p> <ul style="list-style-type: none"> <li>- 2 (two) questionnaires to be completed to assess whether the participant experiences symptoms of depression and/or anxiety, may only be accessed by the Member, adult dependant (i.e., spouse or partner), and other beneficiaries 21 (twenty-one) years and older.</li> <li>- Educational information, challenges, recordings, videos and support group details, may be accessed by all beneficiaries 16 (sixteen) years and older.</li> </ul>			
<p><b>1.4.14 Maternity benefits</b></p>	<p>Benefits shall be at 100% of Scheme tariff per beneficiary per financial year, subject to the following:</p> <p>Consultations:</p> <ul style="list-style-type: none"> <li>- 6 (six) antenatal consultations at either a GP/gynaecologist/midwife.</li> </ul> <p>Ultrasounds:</p> <ul style="list-style-type: none"> <li>- 1 (one) 2D ultrasound scan at 1<sup>st</sup> (first) trimester (between 10 (ten) to 12 (twelve) weeks) at a gynaecologist/GP/radiologist.</li> <li>- 1 (one) 2D ultrasound scan at 2<sup>nd</sup> (second) trimester (between 20 (twenty) to 24 (twenty-four) weeks) at a gynaecologist/GP/radiologist.</li> </ul>	<p>Benefits shall be at 100% of Scheme tariff per beneficiary per financial year, subject to the following:</p> <p>Consultations:</p> <ul style="list-style-type: none"> <li>- 9 (nine) antenatal consultations at either a GP/gynaecologist/midwife.</li> <li>- 1 (one) post-natal consultation at either a GP/gynaecologist/midwife.</li> </ul> <p>Ultrasounds:</p> <ul style="list-style-type: none"> <li>- 1 (one) 2D ultrasound scan at 1<sup>st</sup> (first) trimester (between 10 (ten) to 12 (twelve) weeks) at a gynaecologist/GP/radiologist.</li> </ul>		

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
			<p>- 1 (one) 2D ultrasound scan at 2<sup>nd</sup> (second) trimester (between 20 (twenty) to 24 (twenty-four) weeks) at a gynaecologist/GP/radiologist.</p> <p>Any item categorised as a maternity supplement can be claimed up to a maximum of R127 per claim, once a month, for a maximum of 9 (nine) months.</p>	
1.5 OPTOMETRY BENEFITS	No benefit	Benefits shall be paid from the PMSA.		<p>Optometry benefits are available per beneficiary every 24 (twenty-four) months from the date of service.</p> <p>Services rendered by Preferred Provider Negotiators (PPN) network optometrists shall be payable at 100% of contracted fee. Services rendered by a non-network provider shall be subject to</p>



HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>the maxima indicated. The maximum amount indicated for contact lenses shall be applicable, irrespective if the beneficiary obtained services from a PPN network optometrist or a non-network provider.</p> <p>Benefits from a PPN network optometrist shall be as follows:</p> <ul style="list-style-type: none"> <li>- Consultations: 1 (one) per beneficiary at 100% of cost.</li> <li>- Spectacle frames limited to R1 000 (Member frame refund value after network discount R750) - no lens enhancements</li> </ul> <p>AND</p>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<ul style="list-style-type: none"> <li>- Lenses: standard lenses (i.e. single vision or bifocal or multifocal lenses) at 100% of cost OR</li> <li>- Contact lenses limited to R1 840</li> </ul> <p>Benefits from a non-network provider shall be as follows:</p> <ul style="list-style-type: none"> <li>- Consultations: 1 (one) per beneficiary limited to R365</li> <li>- Spectacle frames or lens enhancements limited to R750 AND</li> <li>- Lenses: Single-vision lenses limited to R215 OR</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				Bifocal lenses limited to R460 OR Multifocal lenses limited to R982.50 - In lieu of glasses Members can opt for contact lenses, limited to R1 840
<b>1.6 OUT-OF-HOSPITAL BENEFITS</b>	No Personal Medical Savings Account (PMSA).  Full cross subsidisation between Members shall apply without an annual limit.	Refer to Annexure B.4 for the conditions of payment from the Personal Medical Savings Account (PMSA) and the Vested Medical Savings Account.  Full cross subsidisation between Members shall apply without an annual limit, except in relation to the PMSA.		- Refer to Annexure B.4 for the conditions of payment from the Personal Medical Savings Account (PMSA) and the Vested Medical Savings Account. - Full cross subsidisation between Members shall apply without an annual limit, except in relation to the PMSA.

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<ul style="list-style-type: none"> <li>- Day-to-day benefits may be subject to payment from the PMSA first and shall be indicated as such.</li> <li>- Benefits may be subject to the annual maxima for the Member with his Dependant(s) and/or as provided for on the benefit.</li> <li>- The following combined overall limit for day-to-day benefits shall apply per financial year:  M = R14 125 and M1+= R28 249</li> </ul>
<p><b>1.6.1 GP, nurse and specialist consultations</b> Consultations, visits, diagnostic examinations, injections and</p>	Not applicable	Benefits shall be at 100% of Scheme tariff from the PMSA.		Benefits shall be at 100% of Scheme tariff from the PMSA. Once the funds in the PMSA have been depleted,

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p>emergency unit visits (where a procedure room was used) with General Practitioners (GPs), contracted Nursing Clinical Services, contracted Pharmacist Primary Care Drug Therapy (PCDT) pharmacists, Specialists, Homeopaths and Herbalists.</p>				<p>benefits shall be subject to the overall day-to-day limit and the following maxima per financial year:</p> <p>M = R3 597 and M1+ = R6 408</p>
<p><b>1.6.2 Diabetes primary care consultation</b></p>				<p>Benefits shall be at 100% of Scheme tariff subject to:</p> <ul style="list-style-type: none"> <li>- Registration with HaloCare in order to access 2 (two) primary care consultations at Dis-Chem Pharmacies per financial year.</li> <li>- The consultation shall be paid first from the “GP, nurse and specialist consultations” day-to-day benefit maxima and thereafter Scheme risk.</li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p><b>1.6.3 Basic and specialised dentistry</b> Includes basic and specialised dentistry not defined under Preventative dentistry benefits or Dental / Oral / Jaw surgical benefits.</p>	<p>Not applicable</p>	<p>Benefits shall be at 100% of Scheme tariff from the PMSA, subject to the following:</p> <ul style="list-style-type: none"> <li>- Basic dentistry shall be paid from the Preventative dentistry benefit or the PMSA.</li> <li>- Specialised dentistry which includes the following shall be paid from the PMSA: <ul style="list-style-type: none"> <li>- Prosthodontics services (crowns, bridges, inlays, veneers and dentures);</li> <li>- Periodontics services (gum diseases);</li> <li>- Orthodontic services (correction of irregular teeth by means of braces, retainers or similar) are subject to Pre-authorisation; and</li> <li>- Dental implants, implant costs and all laboratory costs related to the aforementioned services.</li> </ul> </li> </ul>		<p>Benefits shall be at 100% of Scheme tariff from the PMSA, subject to the following:</p> <ul style="list-style-type: none"> <li>- Basic dentistry shall be paid from the Preventative dentistry or PMSA.</li> <li>- Specialised dentistry benefits which include: <ul style="list-style-type: none"> <li>- Prosthodontics services (crowns, bridges, inlays, veneers and dentures);</li> <li>- Periodontics services (gum diseases);</li> <li>- Orthodontic services (correction of irregular teeth by means of braces, retainers or similar) are subject to Pre-authorisation; and</li> </ul> </li> </ul>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				<p>- Dental implants, implant costs and all laboratory costs related to the aforementioned services.</p> <p>Once the funds in the PMSA have been depleted, benefits shall be subject to the overall day-to-day limit and the following maxima per financial year:</p> <p>M = R6 223 and M1+ = R12 499</p>
<p><b>1.6.4 Medical aids, apparatus and appliances including wheelchairs and hearing aids.</b></p> <p>Pre-authorisation must be obtained for all hearing aid devices fitted and the following documentation is required:</p>	<p>Not applicable</p>	<p>Benefits shall be at 100% of Scheme tariff from the PMSA, for the following:</p> <ul style="list-style-type: none"> <li>- Hearing aid - Pre-authorisation is required together with the documentation indicated on the Healthcare Services on this Rule 1.6.4;</li> <li>- Back, leg, arm and neck support;</li> </ul>		<p>Benefits shall be at 100% of Scheme tariff from the PMSA. Once the funds in the PMSA have been depleted, benefits shall be subject to the overall day-to-day limit and R12 687 per family per</p>

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<ul style="list-style-type: none"> <li>- A fully detailed audiogram;</li> <li>- A comprehensive quotation, which includes, <i>inter alia</i>, the product name, clinical details (i.e. behind the ear, in the ear, custom) and the number of devices to be fitted;</li> <li>- NAPPI code(s);</li> <li>- Motivation for obtaining a hearing aid device; and</li> <li>- In the case of providers who are not contracted with the Scheme, the product serial number(s) of the hearing aid device(s).</li> </ul>		<ul style="list-style-type: none"> <li>- Wheelchairs;</li> <li>- Surgical footwear;</li> <li>- Crutches;</li> <li>- Elastic stockings;</li> <li>- Repair work on hearing aids, artificial limbs, wheelchairs, etc.; and</li> <li>- Stoma products, Oxygen and Diabetic supplies for non-PMB conditions.</li> </ul>		<p>financial year for appliances that shall include any of the items listed below:</p> <ul style="list-style-type: none"> <li>- Back, leg, arm and neck support;</li> <li>- Wheelchairs;</li> <li>- Surgical footwear;</li> <li>- Crutches;</li> <li>- Elastic stockings;</li> <li>- Repair work on artificial limbs, wheelchairs, etc.; and</li> <li>- Stoma products, Oxygen and Diabetic supplies for non-PMB conditions.</li> </ul> <p>Hearing aids and/or repair at 100% of Scheme tariff limited to R11 627 per family every 24 (twenty-four) months.</p>



HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
				Pre-authorisation is required together with the documentation indicated on the Healthcare Services on this Rule 1.6.4.
<p><b>1.6.5 Supplementary services</b> Benefits includes services rendered by physiotherapists, masseurs, chiropractors, osteopaths, orthoptists, audiologists/hearing aid acousticians, occupational therapists, podiatrists/chiropracist, dieticians, speech therapists, biokinetics, private nursing (stoma therapy nursing, obtaining of specimen, observations and administration of medication, immunisations and IV's), psychiatric treatment, psychologists and social workers.</p>	No benefit	Benefits shall be at 100% of Scheme tariff from the PMSA.		<p>Benefits shall be at 100% of Scheme tariff from the PMSA. Once the funds in the PMSA have been depleted, benefits shall be at 100% of Scheme tariff subject to the overall day-to-day limit and the following maxima per financial year:</p> <p>M = R5 493 and M1+ = R11 156</p>
<p><b>1.6.6 Wound care benefit</b></p>	Benefits shall be at 100% of Scheme tariff and be limited to R3 885 per family per financial year.			Benefits shall be at 100% of Scheme tariff from the

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
Includes dressings and negative pressure wound therapy (NPWT) treatment and nursing services out of hospital.				PMSA. Once the funds in the PMSA have been depleted, benefits shall be at 100% of Scheme tariff subject to the overall day-to-day limit and R5 493 per family per financial year.
<b>1.6.7 Basic radiology and pathology</b>	No benefit	Benefits shall be at 100% of Scheme tariff from the PMSA.		Benefits shall be at 100% of Scheme tariff from the PMSA. Once the funds in the PMSA have been depleted, benefits shall be at 100% of Scheme tariff subject to the overall day-to-day limit and the following maxima per financial year:  M = R3 596 and M1+ = R7 324

HEALTHCARE SERVICES	BEAT1 AND BEAT1 NETWORK	BEAT2 AND BEAT2 NETWORK	BEAT3 AND BEAT3 NETWORK	BEAT4
<p><b>1.6.8 Specialised diagnostic imaging</b> MRI scans, CT scans, PET scans and isotope studies</p>	<p>Benefits shall be at 100% of Scheme tariff limited to R5 885 per family per financial year. PET scans are excluded.</p>		<p>Benefits shall be at 100% of Scheme tariff limited to R12 361 per family per financial year. PET scans are excluded.</p>	<p>Benefits shall be at 100% of Scheme tariff limited to R18 703 per family per financial year.</p>
<p><b>1.6.9 Rehabilitation after trauma</b> Benefits for rehabilitation shall be aimed at the recovery of impeded vital functions immediately after trauma such as a stroke or heart attack.</p>	<p>Benefits shall subject to the following:</p> <ul style="list-style-type: none"> <li>- Pre-authorisation;</li> <li>- Preferred providers or DSPs;</li> <li>- The treatment of certain PMB conditions, as per the standard of care in the State sector shall be paid at cost, subject to the provisions of Rule 15.10 of the main rules read with Annexure D.1 of these Rules as per PMB regulations.</li> </ul>			<p>Benefits shall be at 100% of Scheme tariff.</p>