

## **BESTMED SUMMARY OF RULE CHANGES FOR 2023**

The changes for 2023 on the Substantive Rules and Annexures, approved and registered by the Registrar of the Council for Medical Schemes (CMS) with effect from 1 March 2023, are summarised below.

### **1. CHANGES TO THE SUBSTANTIVE RULES FROM 1 MARCH 2023**

- 1.1 Arrangement of the definitions in alphabetical order and the subsequent changes of the rule numbers.
- 1.2 Addition of grandchildren as part of the relatives a member may register as dependants on the Scheme if the member is liable for their family care and support.
- 1.3 The addition of a provision that Prescribed Minimum Benefits (PMBs) may be excluded during a waiting period as part of the underwriting provisions on rule 8.4.1.
- 1.4 Adjustment of the heading of the rule relating to the prohibition on the transfer of claims and rights.
- 1.5 Cosmetic / editorial changes to the rule numbers and to ensure consistency of text in the rules.

### **2. CHANGES TO THE BENEFIT OPTIONS FROM 1 MARCH 2023**

#### **BENEFIT OPTIONS – ANNEXURE B.1 – B.3**

The changes in the Beat range [Annexure B.1], the Pace range [Annexure B.2] and the Rhythm range [Annexure B.3] are as follows:

- 2.1 Cosmetic and changes to the rule numbers across all options due to the addition of new benefit rules.
- 2.2 **Mammary surgery - Rules 1.2.11 on the Beat range, 2.2.17 on the Pace range and 3.2.11 on the Rhythm range**  
Addition of mammary surgery benefit for the breast not affected by cancer to be covered as PMB as per CMS requirements, across all benefit options, and thereby removed the limit of R40 476 that applied to the Pace2, Pace3 and Pace4 benefit options.
- 2.3 **Day procedures at a day hospital facility – Rule 3.2.26 on the Rhythm range**  
Adjustment of the non-PMB conditions covered under the day procedure at a day hospital facility on the Rhythm1 benefit option, removing the conditions that are covered as PMB.
- 2.4 **Preventative care and wellness benefits - Rules 1.4 of the Beat range, 2.4 of the Pace range and 3.4 of the Rhythm range**

**2.4.1 Mammogram benefit - Rule 3.4.7 on the Rhythm range**

Addition of the particular tariff code applicable to mammogram benefit under the preventative care benefit on the Rhythm2 benefit option.

**2.4.2 Wellness benefits - Rules 1.4.13 on the Beat range, 2.4.14 on the Pace range and 3.4.12 on the Rhythm range**

Addition of emotional well-being journey to the Tempo Programme on all benefit options.

**2.5 Optometry benefits - Rules 1.5 of the Beat range, 2.5 of the Pace range and 3.5 of the Rhythm range**

Adjustments of optometry benefits to align with the contract with PPN on all benefit options that offer such benefits.

**2.6 Out-of-hospital benefits - Rules 1.6 of the Beat range, 2.6 of the Pace range and 3.6 of the Rhythm range**

**2.6.1 Out-of-network or casualty visits - Rule 3.6.4 on the Rhythm2 benefit option.**

Addition of provision for medicine costs to be included in the benefit limit for out-of-network or casualty visits on the Rhythm2 benefit option.

**NOTE:** This summary of the rule changes is given for information purposes only. Should there be any errors or omissions contained herein, the registered Rules of Bestmed, as approved by the Registrar of Medical Schemes, shall prevail. All information regarding the 2023 benefit options and accompanying services, including information in respect of the terms and conditions, or any other matters, is subject to prior approval of the Council for Medical Schemes (CMS) and may change without notice, having due regard to the CMS' further advice.

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