

Preventative Care Benefits 2022



Benefit	Quantity and frequency	Benefit criteria	Beat	Pace	Pulse
Flu vaccines	1 per beneficiary per year	Applicable to all active members and beneficiaries including children over 6 months	✓	✓	✓
Pneumonia vaccines	Children: As per schedule of Department of Health Adults: Twice in a lifetime with booster above 65 years of age	The Scheme will identify high-risk individuals for immunisation	✓	✓	✓
Travel vaccines	Quantity and frequency depending on product up to the maximum allowed amount	Mandatory travel vaccines for typhoid, yellow fever, tetanus, meningitis, hepatitis and cholera from Scheme risk benefits	*Available on Beat2, Beat3 and Beat4	✓	✓
Paediatric Immunisation	According to the Bestmed vaccine schedule		*Available on Beat2, Beat3 and Beat4	✓	✓
Baby growth and development assessments	3 assessments per year for beneficiaries 0 - 2 years	Assessments are done at a Bestmed Tempo partner pharmacy clinic	✓	✓	✓
Female contraceptives	Quantity and frequency dependent on product and subject to maximum amount. Mirena - 1 device every 60 months	Limited to R2 412 per female beneficiary per year	✓	✓	✓
Back and neck preventative programme	Subject to pre-authorisation. Use of this programme is in lieu of surgery	Preferred providers (DBC/Workability clinics)	✓	✓	✓
Mammogram	Females 40 years and older. Once every 24 months	Scheme tariff applies	✓	✓	*Tariff code (34100)
HPV vaccinations	3 vaccinations per beneficiary. Females 9 - 26 years	Vaccinations funded at MRP	✓	✓	✓
PSA Screening	Males 50 years and older. Once every 24 months	Can be done at a urologist, FP or network pharmacy clinic. Consultation paid from the available savings/consultation benefit	*Available on Beat2, 3 and 4	✓	✓
Bone densitometry	Beneficiaries 45 years and older. Once every 24 months		X	*Available on Pace2, 3 and 4	X
Pap smear	18 years and older. Once every 24 months	At any gynaecologist, FP or network pharmacy clinic. Consultation is paid from available savings or consultation benefit	✓	✓	✓
Preventative Dentistry	Dependent on the type of procedure required	Subject to pre-authorisation, clinical protocols and funding guidelines	*Available on Beat2, Beat3 and Beat4	✓	X

Note:

The Pulse range offers preventative services under the **basic and specialised dentistry** benefit. Benefits mentioned above may be subject to pre-authorisation, clinical protocols, formularies, funding guidelines and the Mediscor Reference Price (MRP).

Preventative Dentistry Benefits 2022



Description of service	Age	Frequency	Beat	Pace	Pulse
General full-mouth examination by a general dentist (incl. gloves and use of sterile equipment for the visit)	12 years and above	Once a year	√	√	X
	Under 12 years	Twice a year	*Available on Beat2, Beat3 and Beat4	√	X
Full-mouth intra-oral radiographs	All ages	Once every 36 months	√	√	X
Intra-oral radiographs	All ages	2 photos per year	√	√	X
Scaling and/or polishing	All ages	Twice a year	√	√	X
Fluoride treatment	All ages	Twice a year	√	√	X
Fissure sealing	Up to and including 21 years	In accordance with accepted protocols	√	√	X
Space maintainers	During primary and mixed denture stage	Once per space	√	√	X

**Subject to pre-authorization, clinical protocols and funding guidelines*

Note: The Pulse range offers preventative services under the **basic and specialised dentistry** benefit